Office of Medicaid BOARD OF HEARINGS

Appellant Name and Address:



Appeal Decision: Denied Appeal Number: 2409705

Decision Date: 9/16/2024 **Hearing Date:** 07/31/2024

Hearing Officer: Emily Sabo

Appearance for Appellant:

Pro se

Appearance for MassHealth:

Dr. Harold Kaplan, DentaQuest



The Commonwealth of Massachusetts
Executive Office of Health and Human Services
Office of Medicaid
Board of Hearings
100 Hancock Street, Quincy, Massachusetts 02171

APPEAL DECISION

Appeal Decision: Denied Issue: Prior Authorization:

> Comprehensive Orthodontic

Treatment

Decision Date: 9/16/2024 **Hearing Date:** 07/31/2024

MassHealth's Rep.: Dr. Harold Kaplan Appellant's Rep.: Pro se

Hearing Location: Quincy Harbor South Aid Pending: No

(Virtual)

Authority

This hearing was conducted pursuant to Massachusetts General Laws Chapter 118E, Chapter 30A, and the rules and regulations promulgated thereunder.

Jurisdiction

Through a notice dated June 12, 2024, MassHealth denied the Appellant's request for prior authorization for comprehensive orthodontic treatment. 130 CMR 420.431 and Exhibit 1. The Appellant filed this appeal in a timely manner on June 21, 2024. 130 CMR 610.015(B) and Exhibit 2. Denial of assistance is valid grounds for appeal. 130 CMR 610.032.

Action Taken by MassHealth

MassHealth denied the Appellant's request for coverage of comprehensive orthodontic treatment.

Issue

The appeal issue is whether MassHealth was correct, pursuant to 130 CMR 420.431, in determining that the Appellant does not meet the MassHealth requirements for coverage of comprehensive orthodontic treatment.

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Summary of Evidence

The Appellant appeared at the hearing virtually and verified his identity. The Appellant is old.

On May 29, 2024, the Appellant's orthodontist, submitted a request for prior authorization for comprehensive orthodontic treatment on behalf of the Appellant. As part of this request, the Appellant's orthodontist completed an Orthodontics Prior Authorization form and a MassHealth Handicapping Labio-Lingual Deviations (HLD) form, and submitted these, along with photographs and x-rays of the Appellant's mouth. Exhibit 5. The Appellant's orthodontist indicated that she would not be submitting a medical necessity narrative. *Id.* at 9. The Appellant's orthodontist indicated that the Appellant had no auto qualifying conditions and calculated an HLD score of 15. *Id.* at 8.

At the hearing, MassHealth was represented by an orthodontist consultant with DentaQuest, the contracted agent of MassHealth that makes dental prior authorization determinations. The MassHealth representative testified that MassHealth denied the prior authorization request because the Appellant is over the age of 21. The Appellant agreed that he is older than 21 years old.

The Appellant testified that he is insecure about his teeth and that he is experiencing problems with cavities and crowding. The Appellant testified that he had braces before, in 2014, which MassHealth had paid for, but that the orthodontist he was seeing at the time stopped services after several moths due to a conflict between the orthodontist and the Appellant's mother. The appellant was not able to find another orthodontist to continue the treatment. The Appellant testified that he thought as an insurance company, MassHealth should have provided better treatment than what he received. He explained that he is insecure about his mouth and so he does not like to open his mouth to talk. The Appellant testified that this has adversely impacted his mental health and he does not like to smile.

The Appellant testified that he had to get his wisdom teeth removed and that his current provider, was very concerned about his overbite and put braces on his teeth that day. The Appellant testified that he was not charged for this by With his current braces, the Appellant testified that he is able to floss correctly and has better teeth hygiene.

Findings of Fact

Based on a preponderance of the evidence, I find the following:

1. The Appellant's orthodontic provider submitted a request for comprehensive orthodontic treatment on behalf of the Appellant (Testimony; Exhibit 5).

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- 2. The Appellant's orthodontic provider completed an Orthodontic Prior Authorization form and an HLD form and submitted these to DentaQuest, along with photographs and x-rays of the Appellant's mouth (Exhibit 5).
- The Appellant's orthodontic provider indicated that the Appellant had no auto qualifying conditions and an HLD score of 15 (Exhibit 5 at 8).
- 4. The Appellant is years old (Testimony; Exhibit 4).
- 5. DentaQuest and MassHealth denied the prior authorization request because the Appellant is over the age of 21 (Testimony).
- 6. On or about the time that the Appellant's orthodontic provider submitted the prior authorization form, she also put braces on the Appellant's teeth (Testimony).
- 7. The Appellant's orthodontic provider did not submit any documentation indicating that treatment is medically necessary (Exhibit 5 at 9).

Analysis and Conclusions of Law

As a rule, MassHealth and its dental program pays only for medically necessary services to eligible MassHealth members and may require that such medical necessity be established through a prior authorization process. *See* 130 CMR 420.410; 130 CMR 450.204. The MassHealth regulations at 130 CMR 420.410(A)(3) state:

The provider must not start a service that requires prior authorization until the provider has requested and received written prior authorization from the MassHealth agency. The MassHealth agency may grant prior authorization after a procedure has begun if, in the judgment of the MassHealth agency

- (a) the treatment was medically necessary;
- (b) the provider discovers the need for additional services while the member is in the office and undergoing a procedure; and
- (c) it would not be clinically appropriate to delay the provision of the service.

130 CMR 420.410(A)(3).

In addition to complying with the prior authorization requirements at 130 CMR 420.410 *et seq.*, covered services for certain dental treatments, including orthodontia, are subject to the relevant limitations of 130 CMR 420.421 through 130 CMR 420.456. The MassHealth regulations at 130

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CMR 420.431 provide service descriptions and limitations for orthodontic services. As relevant to comprehensive orthodontic requests, the regulation provides:

420.431: Service Descriptions and Limitations: Orthodontic Services

(A) General Conditions. The MassHealth agency pays for orthodontic treatment, subject to prior authorization, service descriptions and limitations as described in 130 CMR 420.431. The provider must seek prior authorization for orthodontic treatment and begin initial placement and insertion of orthodontic appliances and partial banding or full banding and brackets prior to the member's 21st birthday.

(B) Definitions.

- (1) Pre-orthodontic Treatment Examination. Includes the periodic observation of the member's dentition at intervals established by the orthodontist to determine when orthodontic treatment should begin.
- (2) Interceptive Orthodontic Treatment. Includes treatment of the primary and transitional dentition to prevent or minimize the development of a handicapping malocclusion and therefore, minimize or preclude the need for comprehensive orthodontic treatment.
- (3) Comprehensive Orthodontic Treatment. Includes a coordinated diagnosis and treatment leading to the improvement of a member's craniofacial dysfunction and/or dentofacial deformity which may include anatomical and/or functional relationship. Treatment may utilize fixed and/or removable orthodontic appliances and may also include functional and/or orthopedic appliances. Comprehensive orthodontics may incorporate treatment phases, including adjunctive procedures to facilitate care focusing on specific objectives at various stages of dentofacial development.
- (4) Orthodontic Treatment Visits. Periodic visits which may include, but are not limited to, updating wiring, tightening ligatures or otherwise evaluating and updating care while undergoing comprehensive orthodontic treatment.
- (C) Service Limitations and Requirements.

. .

(3) Comprehensive Orthodontics. The MassHealth agency pays for comprehensive orthodontic treatment, subject to prior authorization, once per member per lifetime for a member younger than 21 years old and only when the member has a handicapping malocclusion. The MassHealth agency determines whether a malocclusion is handicapping based on clinical standards for medical necessity as described in Appendix D of the Dental Manual. Upon the completion of orthodontic treatment, the provider must take post treatment photographic prints and maintain them in the member's dental record. The MassHealth agency pays for the office visit, radiographs and a record fee of the pre-orthodontic treatment examination (alternative billing to a contract fee) when the MassHealth agency

denies a request for prior authorization for comprehensive orthodontic treatment or when the member terminates the planned treatment. The payment for a preorthodontic treatment consultation as a separate procedure does not include models or photographic prints. The MassHealth agency may request additional consultation for any orthodontic procedure. Payment for comprehensive orthodontic treatment is inclusive of initial placement, and insertion of the orthodontic fixed and removable appliances (for example: rapid palatal expansion (RPE) or head gear), and records. Comprehensive orthodontic treatment may occur in phases, with the anticipation that full banding must occur during the treatment period. The payment for comprehensive orthodontic treatment covers a maximum period of three calendar years. The MassHealth agency pays for orthodontic treatment as long as the member remains eligible for MassHealth, if initial placement and insertion of fixed or removable orthodontic appliances begins before the member reaches 21 years of age. Comprehensive orthodontic care should commence when the first premolars and first permanent molars have erupted. It should only include the transitional dentition in cases with craniofacial anomalies such as cleft lip or cleft palate. Comprehensive treatment may commence with second deciduous molars present. Subject to prior authorization, the MassHealth agency will pay for more than one comprehensive orthodontic treatment for members with cleft lip, cleft palate, cleft lip and palate, and other craniofacial anomalies to the extent treatment cannot be completed within three vears.

130 CMR 420.431(A); (B); (C)(3) (emphasis added).

Appendix D of the Dental Manual contains the authorization form for comprehensive orthodontic treatment.¹ As indicated by the paper record, MassHealth testimony, and the relevant regulations, appendices and manuals (including the HLD Authorization form), MassHealth approves comprehensive orthodontic treatment only when the member meets one of the three following requirements:

- 1. the member has an auto qualifying condition as described by MassHealth in the HLD index;²
- 2. the member meets or exceeds the threshold score (currently 22 points) listed by MassHealth on the HLD index;³ or
- 3. comprehensive orthodontic treatment is medically necessary for the member, as demonstrated by a medical necessity narrative letter and supporting documentation

¹ Appendix D of the Dental Manual is available at https://www.mass.gov/doc/appendix-d-authorization-form-for-comprehensive-orthodontic-treatment-0/download.

² Found on page D-5 of Appendix D of the Dental Manual.

³ Found on page D-6 of Appendix D of the Dental Manual.

submitted by the requesting provider.⁴ Usually this involves a severe medical condition that can include atypical or underlying health concerns, which may be either dental or non-dental.

As discussed above, the Appellant is years old. The MassHealth regulations state that MassHealth will pay for approved comprehensive orthodontic treatment as long as the member remains eligible for MassHealth and the initial placement and insertion occurs before the member is 21. 130 CMR 420.431. Additionally, MassHealth's payment for comprehensive orthodontic treatment covers a maximum of three calendar years and requires authorization prior to treatment commencing. 130 CMR 420.410(A)(3); 130 CMR 420.431(C)(3). Accordingly, because there is no dispute that the Appellant is over the age of 21, MassHealth did not err in denying authorization, and the appeal is denied. 130 CMR 420.431(A); (C)(3).

I am sorry for the Appellant's negative experience with his teeth and his treatment experience in 2014. I do not have access to the records relating to his orthodontic authorization and treatment in 2014, and that issue is not before me. Furthermore, evidence was not provided to indicate that the Appellant has a handicapping malocclusion as the Appellant's orthodontist did not submit a medical necessity narrative letter, or find that the Appellant had an auto qualifying condition, or an HLD score of 22 points or more.

This appeal is denied.

Order for MassHealth

None.

Notification of Your Right to Appeal to Court

If you disagree with this decision, you have the right to appeal to Court in accordance with Chapter 30A of the Massachusetts General Laws. To appeal, you must file a complaint with the Superior Court for the county where you reside, or Suffolk County Superior Court, within 30 days of your receipt of this decision.

Emily Sabo Hearing Officer Board of Hearings

cc: MassHealth Representative: DentaQuest 1

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⁴ Found on page D-3 of Appendix D of the Dental Manual.