MASSACHUSETTS SEXUAL ASSAUALT NURSE EXAMINER PROGRAM

Has Patient Reached Menarche?

**ADOLESCENT SPECULUM EXAMINATION ALGORITHM**

MA SANE Program 2018

Consult ED Attending

NO



* Speculum Exam may be attempted with patient’s **consent**.
* If patient reports pain or request exam to be stopped, STOP exam.
* Continue by performing visual external genital exam using labial traction and Q-tip method to visualize entire hymenal rim.
* If tolerated, obtain vaginal swabs without the use of a speculum.

\*Please note that there may be circumstances in which a patient requests the use of a speculum. The SANE should discuss this with the patient and together make the decision how best to proceed.

Speculum Exam should **NOT** be done. \*

* Perform visual external genital exam using labial traction and Q-tip method to visualize entire hymenal rim.
* If tolerated, obtain vaginal swabs without the use of a speculum.
* Consider use of MA PEDI Kit for young adolescents (12 & 13 years.
* Speculum Exam should **NOT** be done.
* Perform visual external examination using labial separation and traction.
* Obtain only external genital swabs.
* Avoid touching sensitive unestrogenized hymenal tissue.

Yes

NO

NO

Has adolescent ever had a speculum exam?

Yes

Yes

Is there significant injury, bleeding, or foreign body?