

Most mental health services, including medication and therapy are provided through health insurance – MassHealth (Medicaid), the Massachusetts Health Connector (health insurance marketplace) or through private insurance (employer-based). The Department of Mental Health (DMH) has a specialized role in the healthcare delivery system. DMH provides supplemental services for people with the most serious needs. These services are beyond those supplied through health insurance and require approval by DMH.

## Do I Qualify for DMH Services?

DMH services are provided to adults with a serious mental illness and children and youth with serious emotional disturbance.

## How Do I Request DMH Service(s):

Complete the following forms and mail, fax or bring the forms to the DMH office near you. The Request for DMH Services application is available in various languages, and DMH can provide translators and other assistance. **Signatures and dates** must be included.

- Signed *Request for DMH Services* application.
- Signed *Authorization(s) for Release of Information*.

The forms can be found at:

- Adults: <https://www.mass.gov/how-to/apply-for-dmh-adult-services>
- Children and Youth: <https://www.mass.gov/how-to/how-to-apply-for-dmh-child-youth-and-family-services>

A list of the cities and towns for each DMH office are provided on the next page and can be found at:

<http://www.mass.gov/eohhs/provider/guidelines-resources/clinical-treatment/mental-health/dmh-offices/alphabetic-index.html>

Office	Mailing Address	Phone Number	Fax Number
Boston	85 East Newton Street, Boston, MA 02118	(617) 626-9200	(617) 626-9216
Brockton	165 Quincy Street, Brockton, MA 02302	(508) 897-2000	(508) 897-2047
Northampton	1 Prince Street, Northampton, MA 01060	(413) 587-6200	(413) 587-6240
Tewksbury	P.O. Box 387, Tewksbury, MA 01876-0387	(978) 863-5000	(978) 863-5091
Worcester	361 Plantation St. Worcester, MA 01605	(774) 420-3140	(774) 420-3165

## What Do I Need to Include in My Application?

DMH needs clinical information about your mental health condition in order to determine if you qualify. It is recommended that you submit clinical information with the forms. DMH can make a decision about your application sooner when all information is received. Clinical information includes outpatient and inpatient mental records, including testing, admission and discharge reports or summaries, assessments treatment plans, and Individualized Educational Plan (IEP) if one is in place. DMH may ask for additional information if needed.

## What Can I Expect After I Submit the Forms?

A DMH staff member will contact you (or your guardian) within seven (7) days receiving the forms. DMH may ask to meet with you or your guardian in person. If you qualify for services, DMH will determine what service you need and if it is available. DMH services are limited. DMH uses criteria to prioritize these services. <http://www.mass.gov/eohhs/docs/dmh/regs/reg-104cmr29.pdf>.

## Requesting Department of Mental Health (DMH) Services

City or Town	DMH Office	City or Town	DMH Office	City or Town	DMH Office	City or Town	DMH Office
Abington	Brockton	Boston - Hyde Park	Boston	Danvers	Tewksbury	Hadley	Northampton
Acton	Tewksbury	Boston-Jamaica Plain	Boston	Dartmouth	Brockton	Halifax	Brockton
Acushnet	Brockton	Boston - Mattapan	Boston	Dedham	Worcester	Hamilton	Tewksbury
Adams	Northampton	Boston - North End	Boston	Deerfield	Northampton	Hampden	Northampton
Agawam	Northampton	Boston - Revere	Boston	Dennis	Brockton	Hancock	Northampton
Alford	Northampton	Boston - Roslindale	Boston	Dennisport	Brockton	Hanover	Brockton
Allston	Boston	Boston - Roxbury	Boston	Dighton	Brockton	Hanson	Brockton
Amesbury	Tewksbury	Boston - Somerville	Boston	Dorchester	Boston	Hardwick	Worcester
Amherst	Northampton	Boston - South End	Boston	Douglas	Worcester	Harvard	Worcester
Andover	Tewksbury	Boston - Southie	Boston	Dover	Worcester	Harwich	Brockton
Aquinnah	Brockton	Boston - W. Roxbury	Boston	Dracut	Tewksbury	Harwichport	Brockton
Arlington	Tewksbury	Boston - Winthrop	Boston	Dudley	Worcester	Hatfield	Northampton
Ashburnham	Worcester	Bourne	Brockton	Dunstable	Tewksbury	Haverhill	Tewksbury
Ashby	Worcester	Boxborough	Tewksbury	Duxbury	Brockton	Hawley	Northampton
Ashfield	Northampton	Boxford	Tewksbury	East Boston	Boston	Heath	Northampton
Ashland	Worcester	Boylston	Worcester	E. Bridgewater	Brockton	Hingham	Brockton
Assonet	Brockton	Bradford	Tewksbury	East Brookfield	Worcester	Hinsdale	Northampton
Athol	Northampton	Braintree	Brockton	E. Longmeadow	Northampton	Holbrook	Brockton
Attleboro	Brockton	Brewster	Brockton	East Sandwich	Brockton	Holden	Worcester
Auburn	Worcester	Bridgewater	Brockton	Eastham	Brockton	Holland	Worcester
Avon	Brockton	Brighton	Boston	Easthampton	Northampton	Holliston	Worcester
Ayer	Worcester	Brimfield	Worcester	Easton	Brockton	Holyoke	Northampton
Back Bay	Boston	Brockton	Brockton	Edgartown	Brockton	Hopedale	Worcester
Baldwinville	Worcester	Brookfield	Worcester	Egremont	Northampton	Hopkinton	Worcester
Barnstable	Brockton	Brookline	Boston	Erving	Northampton	Hubbardston	Worcester
Barre	Worcester	Buckland	Northampton	Essex	Tewksbury	Hudson	Worcester
Beacon Hill	Boston	Burlington	Tewksbury	Everett	Tewksbury	Hull	Brockton
Becket	Northampton	Buzzards Bay	Brockton	Fairhaven	Brockton	Huntington	Northampton
Bedford	Tewksbury	Byfield	Tewksbury	Fall River	Brockton	Hyannis	Brockton
Belchertown	Northampton	Cambridge	Boston	Falmouth	Brockton	Hyde Park	Boston
Bellingham	Worcester	Canton	Worcester	Fenway	Boston	Ipswich	Tewksbury
Belmont	Tewksbury	Carlisle	Tewksbury	Fiskdale	Worcester	Jamaica Plain	Boston
Berkeley	Brockton	Carver	Brockton	Fitchburg	Worcester	Jefferson	Worcester
Berlin	Worcester	Charlemont	Northampton	Florida	Northampton	Kingston	Brockton
Bernardston	Northampton	Charlestown	Boston	Foxborough	Worcester	Lakeville	Brockton
Beverly	Tewksbury	Charlton	Worcester	Framingham	Worcester	Lancaster	Worcester
Billerica	Tewksbury	Chatham	Brockton	Franklin	Worcester	Lanesborough	Northampton
Blackstone	Worcester	Chelmsford	Tewksbury	Freetown	Brockton	Lawrence	Tewksbury
Blandford	Northampton	Chelsea	Boston	Gardner	Worcester	Lee	Northampton
Bolton	Worcester	Cherry Valley	Worcester	Gay Head	Brockton	Leicester	Worcester
Bondsville	Northampton	Cheshire	Northampton	Georgetown	Tewksbury	Lenox	Northampton
Boston - Allston	Boston	Chester	Northampton	Gilbertville	Worcester	Leominster	Worcester
Boston - Back Bay	Boston	Chesterfield	Northampton	Gill	Northampton	Leverett	Northampton
Boston - Beacon Hill	Boston	Chicopee	Northampton	Gloucester	Tewksbury	Lexington	Tewksbury
Boston - Brighton	Boston	Chilmark	Brockton	Goshen	Northampton	Leyden	Northampton
Boston - Brookline	Boston	Clarksburg	Northampton	Gosnold	Brockton	Lincoln	Tewksbury
Boston - Cambridge	Boston	Clinton	Worcester	Grafton	Worcester	Linwood	Worcester
Boston-Charlestown	Boston	Cohasset	Brockton	Granby	Northampton	Littleton	Tewksbury
Boston - Chelsea	Boston	Colrain	Northampton	Granville	Northampton	Longmeadow	Northampton
Boston - Chinatown	Boston	Concord	Tewksbury	Great Barrington	Northampton	Lowell	Tewksbury
Boston - Dorchester	Boston	Conway	Northampton	Green Harbor	Brockton	Ludlow	Northampton
Boston - Downtown	Boston	Cotuit	Brockton	Greenfield	Northampton	Lunenburg	Worcester
Boston - East	Boston	Cummington	Northampton	Groton	Worcester	Lynn	Tewksbury
Boston - Fenway	Boston	Dalton	Northampton	Groveland	Tewksbury	Lynnfield	Tewksbury

## Requesting Department of Mental Health (DMH) Services

City or Town	DMH Office	City or Town	DMH Office	City or Town	DMH Office	City or Town	DMH Office
Malden	Tewksbury	North Truro	Brockton	Sandisfield	Northampton	Wales	Worcester
Manchester	Tewksbury	Northampton	Northampton	Sandwich	Brockton	Walpole	Worcester
Manomet	Brockton	Northborough	Worcester	Saugus	Tewksbury	Waltham	Tewksbury
Mansfield	Brockton	Northbridge	Worcester	Savoy	Northampton	Ware	Northampton
Marblehead	Tewksbury	Northfield	Northampton	Scituate	Brockton	Wareham	Brockton
Marion	Brockton	Norton	Brockton	Seekonk	Brockton	Warren	Worcester
Marlborough	Worcester	Norwell	Brockton	Sharon	Worcester	Warwick	Northampton
Marshfield	Brockton	Norwood	Worcester	Sheffield	Northampton	Washington	Northampton
Marston Mills	Brockton	Oak Bluffs	Brockton	Shelburne	Northampton	Watertown	Tewksbury
Martha's Vineyard	Brockton	Oakham	Worcester	Sherborn	Worcester	Wayland	Worcester
Mashpee	Brockton	Onset	Brockton	Shirley	Worcester	Webster	Worcester
Mattapan	Boston	Orange	Northampton	Shrewsbury	Worcester	Wellesley	Worcester
Mattapoissett	Brockton	Orleans	Brockton	Shutesbury	Northampton	Wellfleet	Brockton
Maynard	Tewksbury	Osterville	Brockton	Somerset	Brockton	Wendell	Northampton
Medfield	Worcester	Otis	Northampton	Somerville	Boston	Wenham	Tewksbury
Medford	Tewksbury	Oxford	Worcester	South Boston	Boston	West Barnstable	Brockton
Medway	Worcester	Palmer	Northampton	South Hadley	Northampton	West Boylston	Worcester
Melrose	Tewksbury	Paxton	Worcester	South Wellfleet	Brockton	West Bridgewater	Brockton
Mendon	Worcester	Peabody	Tewksbury	South Yarmouth	Brockton	West Brookfield	Worcester
Merrimac	Tewksbury	Pelham	Northampton	Southampton	Northampton	West Newbury	Tewksbury
Methuen	Tewksbury	Pembroke	Brockton	Southborough	Worcester	West Roxbury	Boston
Middleborough	Brockton	Pepperell	Worcester	Southbridge	Worcester	West Springfield	Northampton
Middlefield	Northampton	Peru	Northampton	Southwick	Northampton	West Stockbridge	Northampton
Middleton	Tewksbury	Petersham	Northampton	Spencer	Worcester	West Tisbury	Brockton
Milford	Worcester	Phillipston	Northampton	Springfield	Northampton	West Yarmouth	Brockton
Millbury	Worcester	Pittsfield	Northampton	Sterling	Worcester	Westborough	Worcester
Millers Falls	Northampton	Plainfield	Northampton	Stockbridge	Northampton	Westfield	Northampton
Millis	Worcester	Plainville	Worcester	Stoneham	Tewksbury	Westford	Tewksbury
Millville	Worcester	Plymouth	Brockton	Stoughton	Brockton	Westhampton	Northampton
Milton	Brockton	Plympton	Brockton	Stow	Tewksbury	Westminster	Worcester
Monroe	Northampton	Pocasset	Brockton	Sturbridge	Worcester	Weston	Worcester
Monson	Northampton	Princeton	Worcester	Sudbury	Worcester	Westport	Brockton
Montague	Northampton	Provincetown	Brockton	Sunderland	Northampton	Westwood	Worcester
Monterey	Northampton	Quincy	Brockton	Sutton	Worcester	Weymouth	Brockton
Montgomery	Northampton	Randolph	Brockton	Swampscott	Tewksbury	Whately	Northampton
Mt Washington	Northampton	Raynham	Brockton	Swansea	Brockton	White Horse Bch	Brockton
Nahant	Tewksbury	Reading	Tewksbury	Taunton	Brockton	Whitinsville	Worcester
Nantucket	Brockton	Rehoboth	Brockton	Teaticket	Brockton	Whitman	Brockton
Natick	Worcester	Revere	Boston	Templeton	Worcester	Wilbraham	Northampton
Needham	Worcester	Richmond	Northampton	Tewksbury	Tewksbury	Williamsburg	Northampton
New Ashford	Northampton	Rochdale	Worcester	Thorndike	Northampton	Williamstown	Northampton
New Bedford	Brockton	Rochester	Brockton	Three Rivers	Northampton	Wilmington	Tewksbury
New Braintree	Worcester	Rockland	Brockton	Tisbury	Brockton	Winchendon	Worcester
New Marlborough	Northampton	Rockport	Tewksbury	Tolland	Northampton	Winchester	Tewksbury
New Salem	Northampton	Rosindale	Boston	Topsfield	Tewksbury	Windsor	Northampton
Newbury	Tewksbury	Rowe	Northampton	Townsend	Worcester	Winthrop	Boston
Newburyport	Tewksbury	Rowley	Tewksbury	Truro	Brockton	Woburn	Tewksbury
Newton	Worcester	Roxbury	Boston	Turners Falls	Northampton	Wollaston	Brockton
Norfolk	Worcester	Royalston	Northampton	Tyngsborough	Tewksbury	Woods Hole	Brockton
North Adams	Northampton	Russell	Northampton	Tyringham	Northampton	Worcester	Worcester
North Andover	Tewksbury	Rutland	Worcester	Upton	Worcester	Worthington	Northampton
North Attleboro	Brockton	Sagamore	Brockton	Uxbridge	Worcester	Wrentham	Worcester
North Brookfield	Worcester	Salem	Tewksbury	Vineyard Haven	Brockton	Yarmouth	Brockton
North Reading	Tewksbury	Salisbury	Tewksbury	Wakefield	Tewksbury	Yarmouthport	Brockton