



A REPORT ON OLDER CAREGIVERS IN MASSACHUSETTS

Let's start with the facts...



71%

of adults with intellectual and /or developmental disabilities (I/DD) in the United States live with their families



24%

live with caregivers aged 60 or older

What about Massachusetts?



70%

of adults with I/DD live with their families



25%

live with caregivers aged 60 and over

SOURCE: Braddock, D., et al., State of the States in Developmental Disabilities, 2015, based on Fujiura (2012)

Given this data is from 2015, we can safely assume that the number of caregivers over the age of 60 continues to rise. In 2018-2019 we organized five older caregiver forums across the state. These forums were co-sponsored by 38 senior services organizations, family support centers, affiliates, and Department of Developmental Services.

195
CAREGIVERS
AND
PROFESSIONALS
ATTENDED.

5 FORUMS

38 COSPONSORS

195 PARTICIPANTS

Regions

Southeast (50)
Western MA (38)
Metro Boston (36)
North Shore (30)
Merrimack Valley (41)

What is going well?



Top four gaps



LACK OF TRAINED
DIRECT SERVICE
PROVIDERS
LACK OF RESPITE CARE
TRANSPORTATION
HOUSING ALTERNATIVES

Take Action!

- 1 Improve the workforce – availability, salary increase, training
- 2 Provide assistance in future planning with trained professionals
- 3 Create more housing options
- 4 Offer more respite support
- 5 Assist caregivers with managing supports and services

