

THE MASSACHUSETTS ADOLESCENT SEXUALITY EDUCATION PROGRAM

Office of Sexual Health & Youth Development
Massachusetts Department of Public Health



PROGRAM GOALS

- Decrease the teen birth rate in high teen birth rate communities through increased access to evidence-based education
- Increase educational attainment through positive youth development and preventing unintended pregnancy
- Decrease sexually transmitted infection (STI) incidence through increased access to medically-accurate, age-appropriate programming



ABOUT THE ADOLESCENT SEXUALITY EDUCATION (ASE) PROGRAM

The Massachusetts Adolescent Sexuality Education Program aims to increase life opportunities and decrease health inequities for youth by providing comprehensive sexuality education and positive youth development programming. Community-based agencies in high teen birth rate communities offer evidence-based curricula in schools and community settings. Many programs also include peer leadership and other youth leadership activities.

PROGRAM IMPACT ¹



Evidence-based Education: 95% reported learning about STIs and pregnancy prevention



Healthy Relationships: 90% reported learning how to talk to partners about contraception



Building Trust: 5% increase in the percentage of youth reporting they had an adult to talk to about a problem ²

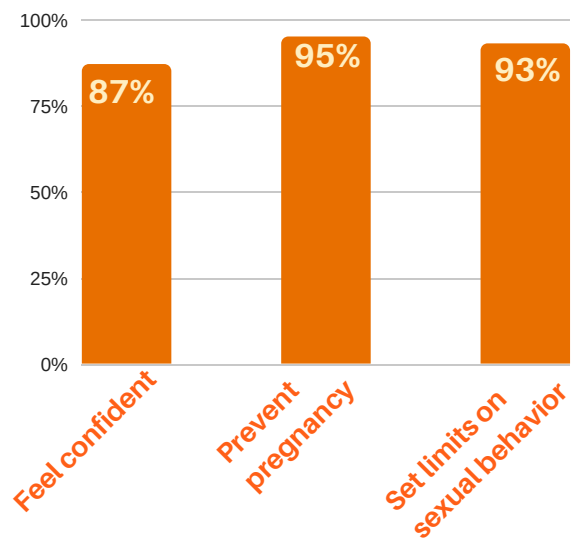


Resource Knowledge: 82% learned where to go for sexual & reproductive health services



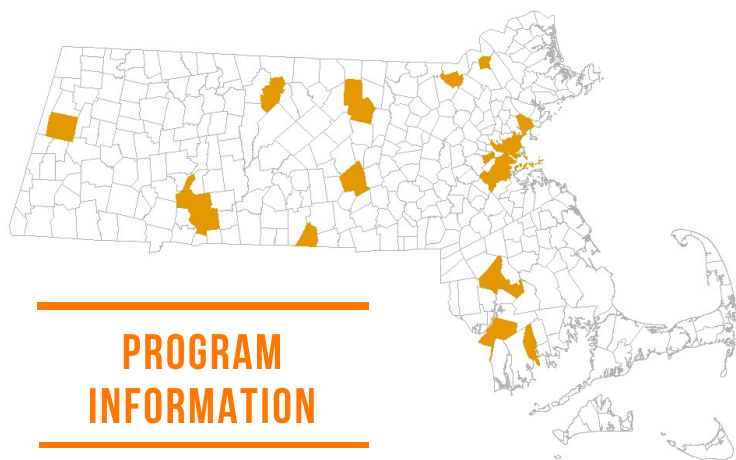
Increased Screening: 18% increase in STI testing ³

Percentage of Youth Participants Reporting
"this program helped me learn to..."
(n=7,820)



EDUCATION | MOBILIZATION | YOUTH-DRIVEN LEADERSHIP

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PROGRAM INFORMATION

- Action for Boston Community Development
- Cambridge Health Alliance
- Care Center
- Citizens for Citizens
- Family Services of Merrimack Valley
- Girls Inc. of Holyoke
- Girls Inc. of Lynn
- Gladys Allen Brigham Community Center Inc.
- Lowell Community Health Center
- Montachusett Opportunity Council
- Planned Parenthood League of Massachusetts
- Responsible Attitudes Preventing Pregnancy and Parenting
- Rivalley
- Roca Inc. Chelsea
- Sociedad Latina
- You Inc.
- Worcester Youth Center

Spotlight YOUTH INTERNSHIP & LEADERSHIP ACTIVITIES

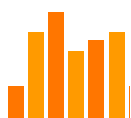
The youth internship program offers young people the opportunity to build their skills and resume while supporting public health and community enrichment at local organizations.



"This internship will hand you essential tools and resources that contribute to your professional and day to day life. Make sure to learn where they are and how to use them."

-ASE Intern

OFFICE OF SEXUAL HEALTH & YOUTH DEVELOPMENT VALUES



DATA
DRIVEN



POSITIVE YOUTH
DEVELOPMENT



RACIAL
JUSTICE



TRAUMA INFORMED
CARE



HEALTH
EQUITY



REPRODUCTIVE
JUSTICE



SUSTAINABILITY

HOW CAN YOU LEARN MORE?

FOR MORE INFORMATION ABOUT ASE AND CONNECTIONS TO PROGRAMS LISTED ABOVE, VISIT OUR WEBSITE AT:
[HTTPS://WWW.MASS.GOV/ADOLESCENT-SEXUALITY-EDUCATION-PROGRAM-ASE](https://www.mass.gov/adolescent-sexuality-education-program-ase)

ADOLESCENT SEXUALITY
EDUCATION PROGRAM



References:

1. Data on program impact is from program data collected during 2014-2016. Data is collected via anonymous youth surveys and analyzed in SAS.
2. McNemar's test, $p < 0.0001$
3. McNemar's test, $p < 0.0001$

Updated 8/20/2019