



BANANA SPLIT WITH A TWIST

Serves 4

INGREDIENTS

- 1 cup miniature marshmallows
- 1 8-oz can crushed pineapple, drained
- 1 6-oz container low-fat vanilla Greek yogurt
- ½ cup light whipped topping
- 2 bananas
- Chocolate syrup
- 4 maraschino cherries

PREPARATION

In a medium bowl, combine the marshmallows, pineapple, yogurt and whipped topping.

Cut the bananas into quarters.

Place 2 banana quarters onto each plate.

Place two scoops of the marshmallow mixture between the bananas.

Drizzle with chocolate syrup and top with a cherry. Serve immediately.

Nutritional Information: Per serving: 223 calories; 2g total fat; 1g saturated fat; 42g carbohydrate; 2g fiber; 5g protein; 1% Vitamin A; 19% Vitamin C; 2% Calcium; 2% Iron.



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