**PRE-POST EVALUATION**

**Motivational Interviewing**

Multiple choice questions that assess knowledge pre-post.

1. Motivational interviewing is a communication style for exploring:

a. Different counseling techniques

b. Identifying areas where people are willing to be engaged

c. A person’s thoughts, feelings, goals, and solutions around changing behaviors

d. A client's symptoms and to determine how to manage them.

2.  In which areas can motivational interviewing be applied?

a. Substance use/misuse

b. Risk reduction

c. Employment and education

d. Housing

e. All the above

3. Which of the following would be considered the four core motivational interviewing skills (OARS)?

a. Organizing, Asking, Replying, and Suggestions

b. Open-ended Questions, Affirming, Reflecting, and Summarizing

c. Open-ended Questions, Affirmation, Responses, Suggestions

d. Organizing, Airing Grievances, Recording, and Simplifying

4. Which of the following is the number one predictor of behavior change that a treatment team member can do for a person served?

a. Listen

b. Provide a good explanation as to why the person should change

c. Empathy

d. Convincing

e. All of the above

5. Which of the following is an example of a summative statement?

a. Tell me about what smoking does for you

b. I assume you are aware that smoking is not good for you

c. What I hear you saying is you want to quit smoking but you are finding it very hard

d. I give you a lot of credit for looking into nicotine replacement treatments