### TARGETED COST CHALLENGE INVESTMENT

# Berkshire Medical Center

#### BEHAVIORAL HEALTH INTEGRATION



### **CARE MODEL**

In order to improve access to behavioral health care in Berkshire County, Berkshire Medical Center formed a telemedicine-based care coordination program. The initiative supports primary care providers in managing high-risk patients with diagnoses including mental illness, substance use disorder, or a co-occurring disorder by

providing access to behavioral health providers through telemedicine. The program also employs care coordinators based at the Medical Center to support the integration of primary and behavioral health care and ensure timely, effective care is provided locally.

## **IMPACT**

**\$741.9K**HPC AWARD

\$822K TOTAL PROJECT COST

TARGET POPULATION
Primary Care Patients with
Unmet Behavioral Health
Care Needs

PRIMARY AND SECONDARY AIMS:



ED visits

**↓25**%

detox or residential treatment admissions

**140**%

improvement in health outcomes

**1**50%

better pain self advocacy









### **PARTNERS**

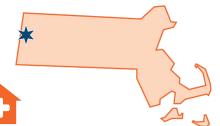
- · Hillcrest Family Health Center
- · Community Health Programs
- Suburban Internal Medicine
- Eastern Mountain Medical Associates











### **HCII PATHWAY SUMMARY & HPC BACKGROUND**

In 2016, the Massachusetts Health Policy Commission (HPC) launched its \$6.6 million Targeted Cost Challenge Investment (TCCI) pathway of the Health Care Innovation Investment (HCII) Program. The TCCI pathway aims to foster innovation in health care payment and service delivery by supporting promising innovations that address the Commonwealth's most complex health care cost challenges. The ten TCCI initiatives are partnering with more than 60 community organizations to demonstrate rapid cost savings within 18 months by addressing one of the following challenge areas: social determinants of health, behavioral health

integration, post-acute care, serious advancing illness and care at the end of life, and site and scope of care.

The Massachusetts Health Policy Commission (HPC), established in 2012, is an independent state agency charged with monitoring health care spending growth in Massachusetts and providing data-driven policy recommendations regarding health care delivery and payment system reform. The HPC's mission is to advance a more transparent, accountable, and innovative health care system through independent policy leadership and investment programs. Visit us at Mass.gov/HPC. Tweet us @Mass\_HPC.