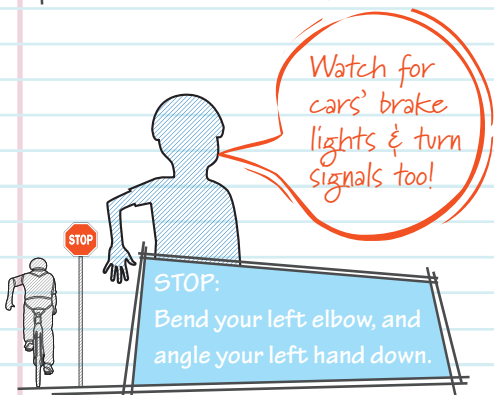
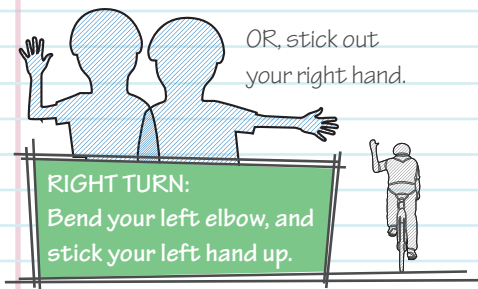
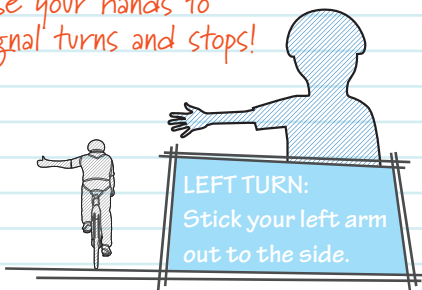


HAND SIGNALS FOR BIKING

Use your hands to signal turns and stops!



SO YOU WANT TO BIKE TO SCHOOL?

1 Plan your route

- Find streets with sidewalks, bike lanes, paths, and crosswalks.



- Steer clear of busy streets and large intersections.

2 Test it out

- Review your route with your family and give it a test run.
- Time how long it takes to make the trip.

3 Make it fun

- See if any friends who live along your route can join you.
- Track your progress! How many days per month do you walk/bike to school?