

Exploring the Blackstone River Valley

Recreational Hike Series

All programs are free and open to the public. Registration is not required. Appropriate for ages 12 and up. All children must be accompanied by an adult. Wear sturdy footwear. Dress for the weather. Bringing water, bug spray, and sunscreen is encouraged. Bathrooms are available unless stated otherwise. Programming is subject to change. For the most up to date information, call (508) 278-7604 or visit [bit.ly/blstupdates](https://bit.ly/blstupdates).



ADA/Reasonable Accommodations  
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Date	Hike
Sunday, September 7	<b>Plummer's Landing Hike, 2—4 p.m.</b> <b>Blackstone River and Canal Heritage State Park</b> Meet at the Plummer's Corner parking area ( <a href="https://bit.ly/plummerslanding">bit.ly/plummerslanding</a> ). ~3.5 miles over rugged forest and loose gravel surfaces with steep inclines. Bathrooms are not available at this site.
Sunday, September 14	<b>Sparrow and Grouse Loop, 2—4 p.m.</b> <b>Upton State Forest</b> Meet at the CCC Camp parking area (205 Westboro Road, Upton). ~3 miles over a rugged forest surface with steep inclines.
Sunday, September 21	<b>Ridge Trail Loop, 2—4 p.m.</b> <b>Douglas State Forest</b> Meet at the Ridge Trail parking area ( <a href="https://bit.ly/dougridge">bit.ly/dougridge</a> ). ~2.5 miles over a loose gravel surface with steep inclines. Bathrooms are not available at this site.
Sunday, September 28	<b>Long Trail Loop, 2—4 p.m.</b> <b>Hopkinton State Park</b> Meet at the Hopkinton State Park upper beach lot parking area ( <a href="https://bit.ly/hopkbeach">bit.ly/hopkbeach</a> ). ~3.5 miles over rugged forest and loose gravel surfaces with moderate inclines.
Sunday, October 5	<b>Franklin &amp; Bellingham SNETT Hike, 2—4 p.m.</b> <b>Franklin State Forest</b> Meet at the Center Street Crossing parking area ( <a href="https://bit.ly/fbsnett">bit.ly/fbsnett</a> ). ~4 miles over a compacted gravel surface with no inclines. Bathrooms are not available at this site.
Sunday, October 12	<b>Mammoth Rock Loop, 2—4 p.m.</b> <b>Upton State Forest</b> Meet at the CCC Camp parking area (205 Westboro Road, Upton). ~2.5 miles over a rugged forest surface with steep inclines.
Sunday, October 19	<b>Eagle Bridge Loop, 2—4 p.m.</b> <b>Douglas State Forest</b> Meet at the Route 16 parking area ( <a href="https://bit.ly/dougroute16">bit.ly/dougroute16</a> ). ~3 miles over a rugged forest surface with mild inclines. Bathrooms are not available at this site.
Sunday, October 26	<b>Blackstone River Greenway Hike, 2—4 p.m.</b> <b>Blackstone River Valley Heritage Center at Worcester</b> Meet at the Millbury Street parking area ( <a href="https://bit.ly/millburygw">bit.ly/millburygw</a> ). ~3 miles over a paved surface with no inclines. Bathrooms are not available at this site.

coming events