



Blue Hills Reservation

Department of Conservation and Recreation

AUGUST 2025 PROGRAMS

All programs are free and open to the public. An adult must accompany children. Reasonable accommodations available upon request. Programs meet at the Houghton's Pond Visitor Center (840 Hillside St, Milton, MA) unless otherwise noted. Inclement weather may cancel programs. To confirm or for more information call (857) 208-8498.



ADA/Reasonable Accommodation 617-645-0358 | Moneesha.dasgupta2@mass.gov

Tuesday August 5,12 & 19

Nature's Classroom, 10:30 am-11:30 am

On Tuesday mornings learn all about nature in the Blue Hills Reservation. For families and curious adults.

August 5 & 19 — Talking Trees

The trees are talking! Trees are living beings and have strange and fascinating ways to cooperate and communicate with one another. Learn what these silent giants can tell us.

August 12 — Fox Talks

The clever red and gray foxes of the Blue Hills adapt to the changing seasons and make their home here in unexpected ways. Learn their behavior and the signs of their silent comings and goings. All ages 1.1-mile, gentle walk.

Tuesday August 5,12 & 19

Exploring the Blue Hills, 2:30 pm—4:00 pm

On Tuesday afternoons, explore the lesser seen parts of Blue Hills Reservation. For families and curious adults.

August 15 & 19 — Houghton Pond and Beyond Hike Join us for a restful and rejuvenating, 1.5-mile hike around Houghton's Pond and along Old 128.

August 12 — Burnt Hill Path Hike

Explore the hidden trails behind Houghton's Pond. A bit of elevation along a 2.5 mile hike on dirt paths.

Wednesday August 6, 13 & 20

Wellness in the Wilderness, 2:00 pm—3:00 pm

Join us for a quiet and contemplative forest bathing program in the beautiful and peaceful Blue Hills. De-stress and reconnect with nature on this slow and gentle 1.1 mile forest meditation walk. Adults and children 10 and up.

Thursday August 7, 14, 21 & 28

History in the Hills, 9:30 am—11:00 am

On Thursday mornings, learn about the history of the Blue Hills Reservation. Accessible lectures for adults and children over 12.

August 7 & 21— The Tree Army

During the Great Depression, President Franklin Roosevelt sent millions of young men out to improve and expand the parks of America. Come learn their incredible story in the Blue Hills.

August 14 & 28 — Charles Eliot's Dream

Charles Eliot dreamed what public parks could be. He created the Emerald Necklace and the Metropolitan Parks Commission (now the DCR) and the Blue Hills Reservation! We explore his remarkable and tragic life and lasting legacy as one of the founding fathers of American conservation.

PROGRAMS CONTINUE ON NEXT PAGE





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PROGRAMS CONTINUED

Thursday

Summer Strolls, 2:00 pm—3:00 pm

August 7, 14, Come experience the beauty of high summer in the Blue Hills!

21 & 28

August 7 & 21— Bird Song for Beginners

Who's making all that beautiful music in the woods? Find out who these mini-maestros are and how to tell them apart when you hear their symphony. All ages 1.1-mile, gentle walk.

August 14 & 28 — Marsh Madness

The lovely Marigold Marsh is a vital habitat and home to many species of plants, insects, birds, reptiles and amphibians. Learn how they interact in this amazing ecosystem! All ages 1.1-mile, gentle walk.

Kidleidoscope, 10:00 am—11:00 am

Friday August 8,15, 22 & 28

Join us for a nature story, a nature craft, and a nature walk. Each week we will feature a different theme, story, and craft on that theme. Suitable for ages 2-5 with an adult.

Saturday August 9, 16 23 & 30

Family Nature Exploration, 9:30 am—10:30 am On Saturday mornings, explore what nature has to offer in the Blue Hills Reservation. For families and curious adults.

August 9 & 23 — Animal Detectives

Animal tracks tell the story of wildlife in the forest—where they go, what they eat, and who's trying to eat them. Learn how to tell what these animals are up to when no one is around. All ages 1.1-mile, gentle walk.

August 16 & 30 — I Spy Fungi

Discover the mysterious and hidden world of fungi. Ancient in the extreme, fungi are crucial to nearly all life on earth. Fungi are much more than just beautiful and sometimes deadly mushrooms, the are the foundations of life and even human civilization! All ages 1.1-mile, gentle walk.

Saturday August 9, 23 & 30

Nice and Easy Hiking Series, 1:00 pm—2:30 pm Looking to get outdoors and take a gentle, guided hike in the beautiful Blue Hills? Join us for our weekly series of leisurely paced nature hikes (1.5-3 miles long). Learn about nature at your own pace and make some friends along the way.

SPECIAL HIKES

Saturday August 16 Southeastern MA Adult Walking Club: Wolcot Path Hike, 1:00 pm −3:00 pm

A moderate 2.7-mile hike over beautiful rolling terrain along the Wolcot Green Dot Path with a stop at the Eliot Tower to see the City of Boston. *Meets at the north parking lot of the* Trailside Museum at 1904 Canton Ave. Milton MA.



Blue Hills Reservation 840 Hillside Street, Milton, MA 02186 (857) 208-8498

