

### Blue Hills Reservation

Department of Conservation and Recreation





Programs are free and open to the public. Children must be accompanied by an adult. Reasonable accommodation is available upon request. Programs meet at the Houghton's Pond Visitor Center, 840 Hillside St, Milton, unless otherwise noted. Inclement weather may cancel programs. (857) 208-8498.



ADA/Reasonable Accommodation 617-645-0358 | Moneesha.dasgupta2@mass.gov

# **Tuesdays** 10:30-11:30am

Dec. 2, 9, 16, 23 & 30

### Nature's Classroom

On Tuesday mornings learn all about nature on a gentle, one mile walk. For families and curious adults.

### December 2, 16, 30 — Raccoon Ramble

Raccoons are more than dumpster divers: they are survivors. They have long lived alongside humans. Because of some remarkable adaptations, they now thrive in the modern world.

### December 9, 23 — Fox Walk

The clever red and gray foxes of the Blue Hills adapt to the changing seasons and make their home here in unexpected ways. Learn about their behavior and signs of their activity.

# **Tuesdays** 2:30-4:00pm

Dec. 2, 9, 16, 23 & 30

# **Exploring the Blue Hills**

Explore lesser seen parts of the Blue Hills. For families and curious adults. Bring water; dress for the weather.

# December 2, 16, 30 — Houghton Pond Walk

Join us for a restful and rejuvenating heart healthy, 1.5-mile hike around Houghton's Pond and Old 128.

#### December 9, 23 — Burnt Hill Path Hike

Explore the hidden trails behind Houghton's Pond. About a 2.5-mile easy to moderate hike.

# Wednesdays 2:00-3:00pm

Dec. 3 & 17

### Wellness in the Woods

Join us for quiet and contemplative forest bathing program in the beautiful and peaceful Blue Hills. De-stress and reconnect with nature on this slow and gentle 1.1-mile forest meditation walk. Adults and children 10 and up.

## **Thursdays** 9:30-11:00am Dec. 4

#### **History in the Hills**

Learn about the history of the Blue Hills Reservation. Accessible lectures for adults and children over 12.

### December 4 — The Tree Army

During the Great Depression, President Franklin Roosevelt sent millions of young men to improve and expand the parks of America. Come learn their incredible story here in the Blue Hills.



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# **DECEMBER 2025 PROGRAMS**



# **Thursdays** 2:00-3:00 pm

Dec. 4 & 18

#### **Winter Wonders Adventure**

Come experience winter's brilliance in the Blue Hills on a family-friendly, one-mile level walk. For all ages.

### December 4 — Hibernation Holiday

Ever wonder where snakes, turtles, and other cold-blooded animals go when the temperature and the snow falls? Come find out on this fun and informative program.

#### **December 18 — Winter Wonders**

The plants of Massachusetts have adapted to hard New England winters, and some even thrive, like the evergreen plants and trees of the Blue Hills we will discover.

# **Fridays** 10:00-11:00 am Dec. 5, 12 & 19

### Kidleidoscope

Join us for a nature craft and nature facts! Each week we will feature a different nature theme, story, and craft on that theme. Suitable for ages 2-5 with an adult.

# **Saturdays** 9:00-10:00 am Dec. 6, 13, 20

### **Family Nature Exploration**

On Saturday mornings, explore what nature has to offer in the Blue Hills. For families and curious adults.

#### December 6 & 20 — Fire in the Hills

Forest fires have shaped these hills for as long as humans have lived here. Discover the history of fires in the Blue Hills, what's been done to fight them, and what climate change means for the future. Gentle, all-ages 2-mile walk.

### **December 13 — Talking Trees**

Trees are living beings communicate with one another in fascinating ways. Learn what these silent giants can tell us if we know how to listen on our gentle one-mile walk.

# **Saturdays** 1:00-2:30 pm December 6, 13, 20

# Nice and Easy Hiking Series

Get outdoors and take a gentle, guided hike in the beautiful Blue Hills. Join our weekly series of leisurely paced nature hikes (1.5-3 miles). Learn about nature and make friends.

#### **SPECIAL EVENT**

# Thursday 11:00am-3:00 pm Jan. 1

# First Day Hike and Celebration.

Celebrate New Years at the Blue Hills! Join us at 11:00 am for a fire, and live animal show before joining a guided hike or self-guided walk at noon.

Parking is limited. Arrive early. Follow directions from staff. Improperly parked vehicles may be ticketed or towed.

Location: 840 Hillside Street, Milton. (857) 208-8498.