



JANUARY 2026 PROGRAMS

All programs are free and open to the public. Children must be accompanied by an adult. Reasonable accommodation is available upon request. Programs meet at the Houghton’s Pond Visitor Center, 840 Hillside St, Milton, MA, unless otherwise noted. Inclement weather may cancel programs. To confirm or for more information call (857) 208-8498.

 ADA/Reasonable Accommodation
617-645-0358 | Moneesha.dasgupta2@mass.gov

Tuesdays

10:30–11:30am

January 6, 13,
20, 27

Nature’s Classroom

On Tuesday mornings learn all about nature on a gentle, one-mile walks in the Blue Hills Reservation. For families and curious adults. A gentle, all-ages 1 mile walk.

January 6 & 20 — Animal Detectives

Animal tracks tell the story of wildlife in the forest: where they go, what they eat, and who’s trying to eat them. Learn how to tell what these animals do when no one is around.

January 13 & 27 — Talking Trees

The trees are talking! No kidding! Trees are living beings and have strange and fascinating ways to cooperate and communicate with one another. Learn what these silent giants can tell us if we learn how to listen.

Tuesdays

2:30–4:00pm

January 6, 13,
19, 27

Exploring the Blue Hills

Explore the lesser seen parts of the Blue Hills Reservation. For families and curious adults.

January 6 & 20 — Houghton Pond Walk

Join us for a restful and rejuvenating heart healthy, 1.5-mile hike around Houghton’s Pond and Old 128.

January 13 & 27 — Burnt Hill Path Hike

Explore the hidden trails behind Houghton’s Pond. About a 2.5-mile easy to moderate hike. Bring water and dress for the weather.

Wednesdays

2:00–3:00pm

January 7, 14,
21 & 28

Wellness in the Woods

Join us for quiet and contemplative forest bathing program in the beautiful and peaceful Blue Hills. De-stress and reconnect with nature on this slow and gentle 1.1-mile forest meditation walk. Adults and children 10 and up.

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Coming events



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Coming events

Thursdays

9:30–11:00am

January 8, 15, 22
& 29

History in the Hills

Learn about the history of the Blue Hills Reservation.
Accessible lectures for adults and children 12 and up.

January 8 & 22 — First People of the Hills

How did First Peoples live here? We respectfully explore the lives, culture, and practices of the Massachusetts People, before and after European contact, as well as discuss the vital role they still play in our society today.

January 15 & 29 — Colonial Farmers

Farming in these rocky hills has never been easy. Learn how colonial farmers dealt with challenges and changed the landscape in their quest to make a new home.

Thursdays

2:00–3:00 pm

January 8, 15, 22
& 29

Winter Wonders Adventure

Experience winter on a gentle 1 mile walk. For all ages.

January 8 & 22 — Hibernation Holiday

Ever wonder where snakes, turtles, and other cold-blooded animals go when the temperature and the snow falls? Come find out on this fun and informative program.

January 15 & 29 — Winter Wonders

The plants of Massachusetts are adapted to hard winters, like the evergreen plants we'll discover on this walk.

Fridays

10:00–11:00 am

January 9, 16, 23
& 30

Kidleidoscope

Join us for a nature craft and nature facts! Each week we will feature a different nature theme, story, and craft on that theme. Suitable for ages 2-5 with an adult.

Saturdays

9:00–10:00 am

January 3, 10, 17,
24 & 31

Family Nature Exploration

For families and curious adults.

January 3, 17 & 31 — Raccoon Ramble

Raccoons are more than dumpster divers: they are survivors. Because of some remarkable adaptations, they now thrive in the modern world.

January 10 & 24 — Fox Walk

The clever red and gray foxes of the Blue Hills adapt to the seasons and make their home here in unexpected ways. Learn the signs of their coming and going.

Saturdays

1:00–2:30 pm

January 3, 10, 17,
24 & 31

Nice and Easy Hiking Series

Looking to get outdoors and take a gentle, guided hike? Join our series of leisurely paced hikes (1.5-3 miles). Enjoy nature at your own pace and make some new friends!



Blue Hills Reservation
Department of Conservation and Recreation

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Coming events