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**Board of Allied Mental Health and Human Services Professions**  
**Public Meeting Minutes**  
September 19, 2025

**Board Members Present:**

Kathleen Tucker, Public Member  
Kathryn Stevens, Member (left the meeting at 11:23 a.m., returned to the meeting at 11:33 a.m.)  
Cynthia Belhumeur, Public Member (left the meeting at 12:00 p.m.)  
Frank Gomez, Member  
Ashley Williams, Member (left the meeting at 12:00 p.m.)  
Alayna McGarty, Member  
Josephine Kim, Member  
Susan Egan, Member  
Kristen Woodbury, Member

**Staff Members Present:**

Brian Bialas, Executive Director  
Tracy Ottina, Board Counsel  
Lauren McShane, Investigative Supervisor  
Doris Lugo, Investigator

All board members and staff appeared by telephone.

**Public Hearing on Proposed Changes to Regulations**

**Call to Order:** The public hearing was called to order at 10:00 a.m.

**Proposed Changes**

- **262 CMR 2.00, 262 CMR 3.00, 262 CMR 8.00, and 801 CMR 4.00:** Board members attended the public hearing on the proposed changes to the regulations. Jami Osborne, Joe Weeks on behalf of the Massachusetts Mental Health Counselors Association, Rachel Cantone on behalf of the New England Association for Family and Systemic Therapy, Martha Baez, and Matt Oliver offered comments and suggestions regarding the Board's proposed changes to the regulations.

## **Public Meeting**

**Call to Order:** The meeting was called to order at 10:53 a.m.

## **Roll Call for Attendance**

Mr. Bialas called the roll of board members. Kathleen Tucker, Kathryn Stevens, Cynthia Belhumeur, Frank Gomez, Ashley Williams, Alayna McGarty, Josephine Kim, Susan Egan, and Kristen Woodbury all present by videoconference.

## **Board Business**

- **Public Meeting Minutes of August 15, 2025:** After a brief discussion, a motion was made by Dr. Egan, seconded by Mr. Gomez, to approve the Public Meeting Minutes of August 15, 2025 as drafted. The motion passed unanimously by a roll call vote.
- **Executive Session Minutes of August 15, 2025:** After a brief discussion, a motion was made by Ms. Belhumeur, seconded by Ms. Tucker, to approve the Executive Session Minutes of August 15, 2025 as drafted. The motion passed unanimously by a roll call vote.
- **Meeting Schedule for 2026:** The Board reviewed a proposed schedule of Board meetings for calendar year 2026. After a brief discussion, a motion was made by Ms. Woodbury, seconded by Ms. Belhumeur, to approve the proposed schedule. The motion passed unanimously by a roll call vote.
- **Ratification of Decisions by Board Staff to Approve Applications:** The Board considered whether to approve the decisions made by staff on applications processed since the last meeting. A motion was made by Ms. Stevens, seconded by Ms. Woodbury, to approve the decisions made by staff on applications processed since the last Board meeting. The motion passed unanimously by a roll call vote.
- **Application Processing Under Application Review Policy:** Mr. Bialas presented application review data and stated that reviews have been going well.

## **LMFT Application Review – Discipline in another Jurisdiction**

- **Derrick Mason:** The Board reviewed Mr. Mason's application, including his disclosure of prior discipline in Kentucky. After a brief discussion, a motion was made by Mr. Gomez, seconded by Dr. Williams, to allow Mr. Mason to continue with the licensing process. The motion passed unanimously by a roll call vote.

## **LMHC Application Review**

- **Maria Gonzalez:** The Board reviewed Ms. Gonzalez's application, including her education. After a brief discussion, the Board directed Mr. Bialas to ask Ms. Gonzalez to chart the courses that she completed with each required content area listed in the regulations for the Board's review.

The Board also directed Mr. Bialas to inform Ms. Gonzalez that if she completed a course for a particular content area that does not have a title that clearly indicates that the course covered that content, she should provide a copy of the syllabus for that course.

## **NCMHCE ESL Accommodation Requests**

- **NCMHCE ESL Accommodation Requests:** The Board reviewed requests. After a brief discussion, a motion was made by Dr. Williams, seconded by Ms. McGarty, to allow the following applicants 50% extra time and the use of a word-for-word translation dictionary:
  - Andrei Silva
  - Gilda Garcia
  - Sheri Shahriar

The motion passed unanimously by a roll call vote.

## **Monitoring**

- **Kathleen Brennan, 2021-000311-IT-ENF, 8th Quarterly Monitoring Report and Petition to Terminate Probation:** The Board reviewed Ms. Brennan's report and petition. After a brief discussion, a motion was made by Ms. Tucker, seconded by Dr. Williams, to accept the report. The motion passed unanimously by a roll call vote.

The Board directed Mr. Bialas to invite Ms. Brennan and her supervisor to a meeting to discuss her petition.

**Executive Session** (closed under G.L. c. 30A, § 21(a)(7) to comply with G.L. c. 4, § 7, ¶ 26(c) and G.L. c. 214, § 1B; specifically, the Board will discuss and evaluate a petition for reinstatement and examination accommodation requests that involve medical records and information of patients)

At 11:22 a.m., a motion was made by Mr. Gomez, seconded by Ms. Stevens, to exit the public meeting and (1) enter into a closed executive session under G.L. c. 30A, § 21(a)(7) to comply with G.L. c. 4, § 7, ¶ 26(c) and G.L. c. 214, § 1B; specifically, the Board will discuss and evaluate a petition for reinstatement and examination accommodation requests that involve medical records and information of patients; then (2) enter into investigative conference under G.L. c. 112, § 65C to review new cases; and then, after the conclusion of the investigative

conference, (3) not return to the public meeting and adjourn. The motion passed unanimously by a roll call vote.

The Board entered executive session at 11:22 a.m.

Board maintains separate minutes of executive session.

Ms. Stevens left the meeting at 11:23 a.m. and returned to the meeting at 11:33 a.m.

**Investigative Conference** (closed session under G.L. c. 112, § 65C)

The Board entered investigative conference at 11:46 a.m.

During the investigative conference, the Board took the following actions:

**Cases**

AMH-2024-0014 (EJ):	Dismiss
AMH-2024-0042 (BC):	Refer to the Office of Prosecutions
INV10460 (KL):	Dismiss
AMH-2024-0033 (JA):	Dismiss

Dr. Williams and Ms. Belhumeur left the meeting at 12:00 p.m.

AMH-2025-0004 (MG):	Refer to the Office of Investigations
INV16752 (CM):	Dismiss
AMH-2025-0011 (KL):	Invite respondent to a meeting for an interview
AMH-2025-0012 (DR):	Invite respondent to a meeting for an interview
2022-001156-IT-ENF (TJ):	Dismiss

**Adjournment**

At 12:19 p.m., a motion was made by Ms. McGarty, seconded by Mr. Gomez, to adjourn the meeting. The motion passed unanimously by a roll call vote.

The meeting adjourned at 12:19 p.m.

## **Approval**

The above minutes were approved at the public meeting held on October 17, 2025.



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Brian Bialas, Executive Director

## **List of Documents Used by the Board at the Public Meeting:**

- Agenda for Meeting of September 19, 2025
- Draft of Proposed Changes to 62 CMR 2.00, 262 CMR 3.00, 262 CMR 8.00, and 801 CMR 4.00
- Public Meeting Minutes of August 15, 2025
- Executive Session Minutes of August 15, 2025
- Draft Meeting Schedule for 2026
- Applications Reviewed Under Application Review Policy: January 1, 2025 through September 18, 2025 and August 1, 2025 through August 31, 2025
- Documents from LMFT Application of Derrick Mason
- Documents from LMHC Application of Maria Gonzalez
- NCMHCE ESL Accommodation Request of Andrei Silva
- NCMHCE ESL Accommodation Request of Gilda Garcia
- NCMHCE ESL Accommodation Request of Sheri Shahriar
- Kathleen Brennan, 2021-000311-IT-ENF, 8th Quarterly Monitoring Report and Petition to Terminate Probation