TRAIL DESCRIPTIONS

Bay Circuit Trail - From Newbury, MA to Duxbury, MA. Visit www.baycircuit.org for additional information.

Bob's Trail - .7 mi. (40 min.) Connecting trail between the bay bluffs, entrances and the farmhouse fields. Ideal for mountain biking because of its twists and rocky ridges.

Boulder Trail - .25 mi. (10 min.) Trail passes an enormous glacial erratic known as the Ames Boulder.

French Trail - .33 mi. (20 min.) Connecting trail from the Northwest Trail to the West Side Trail.

Friends Trail - .9 mi. (50 min.) Connects the east end of the Ridge Trail to the Morse Trail. Relatively easy walking.

Goulding Trail - Upper Loop - .75 mi., Lower Loop - 1 mi. (1 3/4 hrs.) Double loop trail on rocky terrain. Many geological features including granite outcroppings, glacial erratics and low lying swamp areas.

Morse Loop Trail - .9 mi. (50 min.) Old wood hauling roads that pass through hemlock woods. Easy walking although access trails to the Morse Loop Trail are rocky.

NEMBA Trail - .7 mi. (45 min.) Challenging trail for mountain bikers. Walkers will enjoy the high ridges and unusual turns.

Northwest Trail - 1.25 mi. (1 1/4 hrs.) From north shore of Leach Pond to Maspapaog Av. in Sharon. Gently sloping, good for cross-country skiing.

Pond Edge Trail - .5 mi. (30 min.) Follows southern edge of Leach Pond. Narrow and flat but has exposed tree roots on much of the trail. No mountain bikes or horses permitted.

Pond Walk - 2.9 mi. of unpaved carriage road.

 Quarry Loop Trail - .8 mi. (45 min.) Loop Trail, part of which was an old road used to haul granite from Moyle's Quarry.

Quiet Woods Trail - .25 mi. (15 min.) Connects park road to Pond Edge Trail at Leach Pond, ending in a white pine grove. No mountain bikes or horses permitted.

 Ridgeline Trail - 1.2 mi. (1 1/4 hrs.) Over granite outcroppings and old woods roads, parts of this trail are difficult for walking.

rockland st. trail - .9 mi. (30 min.) This trail connects an interior park road to Rockland St. and old woods roads, parts of this trail are difficult for walking.

Split Rock Trail - .25 mi. (15 min.) Connecting trail between the Northwest Trail and the Granite Hills Trail. Located on the trail is a 20-foot high glacial boulder, split down the center, for which the trail is named.

Swamp Trail - .3 mi. (20 min.) Goes through what remains of a white cedar swamp. Includes short boardwalk. No mountain bikes or horses permitted.

West Side Trail - .7 mi. (30 min.) Easy walk, although there is a short rocky section.

*Trail lengths are only for specific trails. When walking, please give yourself extra time so you can reach your vehicle before dark.

TRAIL USE GUIDELINES

• Stay on designated trails and roads.
• Observe all posted rules and regulations.
• Motorized uses prohibited.
• Be respectful of other trail users: Hikers: Allow bicyclists and equestrians to pass.

Bicyclists: Control your bike-do not skid Avoid startling horses and hikers—announce your presence.

Equestrians: Control your horse.

• Mountain bikes and horses are not permitted on the Pond Edge, Swamp and Quiet Woods Trails.

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