



# Fall 2025 Programs

Breakheart Reservation  
Department of Conservation and Recreation  
177 Forest Street, Saugus, MA 01906  
(781) 233-0834

All Programs are free and open to the public. An adult must accompany children. Reasonable accommodations available upon request. Parking fees may apply de-pending on program location. For more information please email Jessica Narog-Hutton, Visitor Services Supervisor, at [jessica.narog-hutton@mass.gov](mailto:jessica.narog-hutton@mass.gov).



ADA/Reasonable Accommodation  
617-645-0358 | [Moneesha.dasgupta2@mass.gov](mailto:Moneesha.dasgupta2@mass.gov)

**Wednesdays through  
Sundays**  
**8:30 a.m.–3:30 p.m.**

**Wednesdays**  
**9:00–10:00 a.m.**  
September & October  
(Except Sept. 24)

**Thursdays**  
**10 a.m.–12:00 p.m.**  
September 11  
October 2 & 16

**Thursdays**  
**10:00–11:30 a.m.**  
October 9 & 18

**Fridays**  
**10:30–11:30 a.m.**  
September & October  
(Except Sept. 26)

## Christopher P. Dunne Visitor Center

Modelled after a hunting lodge which once stood inside the park, stop in to find historic photos, artifacts, and animals! Open rain or shine!

## Wild Breakheart Series

Help our park interpreter identify and count the many different birds that visit Breakheart! Take part in this world-wide project to document the distribution, abundance and movements of thousands of species of birds. Binoculars encouraged but not necessary. First time birders welcome! Best for adults and older children. Rain Cancels.  
Meet at Camp Nihan, 131 Walnut Street, Saugus.

## Step Into The Past

Join our park interpreter to discover the parks history. Hikes are approximately 2.5 miles, moderate difficulty, along rocky trails, with several stops. Best for adults and older children with a keen interest in history. Rain Cancels.  
Meet outside the Visitor Center, 177 Forest Street, Saugus.

**Stories in Stone:** Breakheart has been shaped not only by nature but by the many people who have called it home.

**Glacial Giants:** Countless clues to a glacial past dot the landscape. If one knows where to look, this hidden geologic history can be revealed.

## The Beavers Are Back!

Come join us to learn about the beavers and their history in Breakheart! We will learn about their behaviors and how they build their home in the Saugus River! Rain Cancels.  
Meet outside the Visitor Center, 177 Forest Street, Saugus.

## Kidoleidoscope

Come join our park interpreter for a story time and nature walk! Complete a small craft and explore the woods! Walks are gently paced and approximately 1 mile, though not accessible for strollers. Appropriate for families with children 3-5 years old.  
Meet outside the Visitor Center, 177 Forest Street, Saugus.



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**Saturdays**  
**9:30–11:30 a.m.**  
September & October  
(Except Sept. 13 & 27)

**Saturdays**  
**1:30–3:00 p.m.**  
September & October  
(Except Sept. 13 & 27)

**Nice and Easy Hike**  
Join the Park Interpreter for this weekly guided hike! Each trip will highlight natural and historic features that make Break-heart unique. Hikes will be moderately paced and range from 2-3 miles over sometimes uneven and rocky terrain. Best for ages 8 years and up. Heavy rain cancels. Meet outside the Visitor Center, 177 Forest Street, Saugus.

**Family Fishing**  
Join us for a free, family, learn to fish program! Bring your fish-ing equipment or borrow ours, bait and limited equipment will be provided. Best for families with children ages 5 and up. Rain cancels. Meet at Camp Nihan, 131 Walnut Street, Saugus.  
**Note. September 6:** Program will be at Straw Point, Middlesex Fells!

## SPECIAL EVENTS

**Friday**  
**7:00–9:00 p.m.**  
September 5

**Saturday**  
**10:00 a.m.–2:00 p.m.**  
September 27

**Full Moon Hike**  
Join us for a moon rise hike while we talk about the importance of the full moon, moon cycles and phases. This program for adults and families with children 8 years old and up. Bring a flashlight and dress appropriately! Registration is required, please email [jessica.narog-hutton@mass.gov](mailto:jessica.narog-hutton@mass.gov) for more information. *Meet outside the visitor center. Rain cancels.*

**Location:** Bellevue Pond, Medford  
**Registration:** Registration required, to register or for more informaiton, please email [jessica.narog-hutton@mass.gov](mailto:jessica.narog-hutton@mass.gov)

**Fall Fest**  
Come celebrate with us at this one-of-a-kind fall festival at Breakheart Reservation! This FREE event will include lawn games, storytellers, music, and family-oriented activities. Watch and learn about owls or hold a live snake with the Cape Ann Vernal Pond Team.  
**Location:** Visitor Center, 177 Forest Street, Saugus.