



FALL 2026 PROGRAMS

All programs are free and open to the public. Children must be accompanied by an adult. Reasonable accommodation is available upon request. All programs meet at the visitor center, 177 Forest St. Saugus, unless otherwise noted. Inclement weather will cancel programs. For more information, please email Jessica Narog-Hutton, Visitor Services Supervisor, at Jessica.narog-hutton@mass.gov.



ADA/Reasonable Accommodation
617-645-0358 | Moneesha.dasgupta2@mass.gov

Coming events

Wednesday-Sunday
9:00 am-3:30 pm

Christopher P. Dunne Visitor Center

Modelled after a hunting lodge which once stood inside the park, stop in to find historic photos, artifacts and animals. Kids will enjoy the Kids Corner with scavenger hunts and coloring sheets, or come read a book at our First People, First Stewards Children’s Library. Open rain or shine!

Sundays
9:30 am-11:30 am
Sept. 6 & 13
October 4

Easy Like a Sunday Morning

Looking to get outdoors and take a gentle, guided hike in beautiful Breakheart? Join us for our weekly hike series! Each trip will highlight natural and historic features that make Breakheart unique. Hikes will be moderately paced and range from 2- 3 miles over sometimes uneven and rocky terrain. Best for ages 8 years and up. Learn about nature at your own pace and make some friends along the way.

No programs
Sept. 20 & 27

Mondays
9:30am-10:30am
Sept. 14 & 21
October 12

Introduction to Photography, Using Your Smartphone

Come learn more about using your smartphone camera to capture the many different plants and wildlife. For adults and older children. Bring your own smartphone. Rain cancels.

Monday
9:30am-11:30am
October 5

Step Into the Past: Stories in Stone

Join us to discover the parks history, Breakheart has been shaped not only by nature but by the many people who have called it home. Hike is approximately 2.5 miles, moderate difficulty, along rocky trails with several stops. Best for adults and older children with a keen interest in history.

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FALL 2026 PROGRAMS

Coming events

Monday

9:30 am-

11:00 am

October 19

The Beavers Are Back!

Come join us to learn about the beavers and their history in Breakheart! We will learn about their behaviors and how they build their home in the Saugus River!

Wednesday

9:30 am-

11:30 am

Sept. 9, 16 & 30

October 7, 14

& 21

Wild Breakheart

Help our park interpreter identify and count the many different birds that visit Breakheart. We will meet over at Camp Nihan and discuss the fall migration. Binoculars encouraged but not necessary. First time birders welcome! This program meets over at Camp Nihan, 131 Walnut St. Saugus.

Thursday

10:00 am-

11:00 am

Sept. 10 & 17

October 1, 8,

15 & 22

Kidleidoscope

Join us for a nature craft and nature facts! Each week we will feature a different nature theme, story, and craft on that theme. Suitable for ages 2-5 with an adult.

SPECIAL EVENT

Saturday

10:00 am-

2:00 pm

Sept. 26

Breakheart Fall Fest

177 Forest St. Saugus

Come celebrate with us at this one of a kind fall festival at Breakheart Reservation! This FREE event will include lawn games, storytellers, music, and family-oriented activities. Watch and learn about owls or hold a live snake with the Cape Ann Vernal Pond Team. Event is rain or shine!