



SUMMER 2026 PROGRAMS

All programs are free and open to the public. Programs below are for the summer months of June, July and August. Children must be accompanied by an adult. Reasonable accommodation is available upon request. All programs meet at the visitor center, 177 Forest St. Saugus, unless otherwise noted. Inclement weather and extreme heat will cancel programs. For more information, please email Jessica Narog-Hutton, Visitor Services Supervisor, at Jessica.narog-hutton@mass.gov.

 ADA/Reasonable Accommodation
617-645-0358 | Moneesha.dasgupta2@mass.gov

Coming events

**Wednesdays -
Sundays
9:00 am -
3:30 pm**

Christopher P. Dunne Visitor Center

Modelled after a hunting lodge which once stood inside the park, stop in to find historic photos, artifacts and animals. Kids will enjoy the Kids Corner with scavenger hunts and coloring sheets, or come read a book at our First People, First Stewards Children’s Library. Open rain or shine!

**Wednesdays
9:00 am -
10:00 am**

Wild Breakheart Series

Join us for a rotating nature series as we explore different aspects of Breakheart.

June 3, 10, 17 & 24 — Breakheart Birding Club

Come see what birds call Breakheart home as we explore the park! For this program, we meet at Camp Nihan, 131 Walnut Street, Saugus.

July 1, 8, 15, 22 & 29 — Tree ID

Explore the park and discover what trees and plants are here and how to identify them. Meet at Breakheart Visitor Center.

August 5, 12, 19 & 26 — Animal Exploration

Enjoy discovering what animals call Breakheart home! Meet at Breakheart Visitor Center.

**Thursdays
10:00 am -
11:30 am
June 18
July 2, 16 & 30
August 13 & 27**

The Beavers are Back!

Come join us to learn about the beavers and their history in Breakheart! We will learn about their behaviors and how they build their home in the Saugus River!

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SUMMER 2026 PROGRAMS

Coming events

Thursdays

10:00 am –
12:00 pm

June 4 & 25
July 9 & 23
August 6 & 20

Step into the Past

Join us to discover the parks history. Hikes are approximately 2.5 miles, moderate difficulty, along rocky trails with several stops. Best for adults and older children with a keen interest in history.

Stories in Stone

Breakheart has been shaped not only by nature but by the many people who have called it home.

Glacial Giants

Countless clues to a glacial past dot the landscape. If one knows where to look, this hidden geologic history can be revealed.

Fridays

10:00 am –
11:00 am

No program:
July 3

Kidleidoscope

Come join us for a story time and nature walk! Complete a small craft, read a story and explore the woods! Walks are gently paced and approximately 1 mile, though not accessible for strollers. Appropriate for families with children 3-5 years old.

Saturdays

9:30–11:30 am

No programs:
June 13, July 18,
August 15 & 22

Nice and Easy Hike

Looking to get outdoors and take a gentle, guided hike in beautiful Breakheart? Join us for our weekly hike series! Each trip will highlight natural and historic features that make Breakheart unique. Hikes will be moderately paced and range from 2- 3 miles over sometimes uneven and rocky terrain. Best for ages 8 years and up. Learn about nature at your own pace and make some friends along the way.

Saturdays

1:00–2:30 pm

No programs:
June 13, July 18,
August 15 & 22

Family Fishing

Camp Nihan, 131 Walnut Street, Saugus.

Join our park us for a drop-in fishing program! Learn how to fish, what fish live in our ponds, and how to catch and release responsibly. Bait and a handful of rods will be provided but feel free to bring your own gear and fish with us and share your tips! No license required if fishing in this program. Appropriate for families with children 5 years old and up. Meet at Camp Nihan.

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Breakheart Reservation
Department of Conservation and Recreation

SUMMER 2026 PROGRAMS

SPECIAL EVENTS

Saturday

10:00 am –

1:00 pm

June 6

Growing Wild Pollinator Event

Flynn Rink, 300 Elm Street, Medford

Come kick off our 6th year of Growing Wild! Join us at Flynn Rink where you can get your own Growing Wild kit and help us to take the next step in supporting our pollinators!

Tuesday

7:30 pm –

9:30 pm

June 30

&

Wednesday

7:30 pm –

9:30 pm

July 29

&

Friday

7:30 pm –

9:30 pm

August 28

Full Moon Hike

Join us for a moon rise hike while we talk about the importance of the full moon, moon cycles and phases. There will be campfire fun and activities. This program for adults and families with children 8 years old and up. Bring a flashlight and dress appropriately!
Registration is required, email: Jessica.naroghutton@mass.gov

Coming events