

Summer 2025 Programs

All Programs are free and open to the public. An adult must accompany children. Reasonable accommodations available upon request. Parking fees may depend on program location. For more information please email Jessica Narog-Hutton, Visitor Services Supervisor, at jessica.narog-hutton@mass.gov.



ADA/Reasonable Accommodations
617-645-0358 | moneesha.dasgupta2@mass.gov

Open Wednesday-Sunday 8:30am-3:30pm	CHRISTOPHER P. DUNNE VISITOR CENTER 177 Forest Street, Saugus Modelled after a hunting lodge which once stood inside the park, stop in to find historic photos, artifacts, and animals! Open rain or shine!
Wednesdays June, July, August	Wild Breakheart Series 9:00—10:00am Visitor Center, 177 Forest Street, Saugus Join us for this rotating nature series as we explore different aspects of Breakheart. <i>Heavy rain cancels.</i> June: Breakheart Birding Club — Come see what birds call Breakheart their home as we explore the park! July: Tree ID: Explore the park and discover what trees are in the park and how to identify them. August: Animal Exploration: Enjoy discovering what animals call Breakheart home!
Thursdays June 19, July 17 and 31 and August 14 And 28 NO PROGRAMS June 5, and July 3	Step Into the Past 9:30—11:30am Visitor Center, 177 Forest Street, Saugus Join our park interpreter to discover the parks history. Hikes are approximately 2.5 miles, moderate difficulty, along rocky trails, with several stops. Best for adults and older children with a keen interest in history. <i>Meet outside the Visitor Center. Rain cancels.</i> Stories in Stone: Breakheart has been shaped not only by nature but by the many people who have called it home. Glacial Giants: Countless clues to a glacial past dot the landscape. If one knows where to look, this hidden geologic history can be revealed.
Thursdays June 26, July 10 and 24 and August 7 and 21 NO PROGRAMS June 12	The Beavers Are Back! 10:00—11:30am Visitor Center, 177 Forest Street, Saugus Come join us to learn about the beavers and their history in Breakheart! We will learn about their behaviors and how they build their home in the Saugus River! <i>Meet outside the Visitor Center. Rain cancels.</i>

PROGRAMS CONTINUE ON NEXT PAGE

Summer 2025 Programs

All Programs are free and open to the public. An adult must accompany children. Reasonable accommodations available upon request. Parking fees may apply depending on program location. For more information please email Jessica Narog-Hutton, Visitor Services Supervisor, at jessica.narog-hutton@mass.gov.

PROGRAMS CONTINUED

Fridays
June, July and
August

NO PROGRAM
August 15

Saturdays
June, July and
August

NO PROGRAMS
June 14, 28, July
12, August 16

Saturdays
June, July and
August

NO PROGRAM
June 14, 28, July
12, August 16

Kidleidoscope
10:30—11:30am

Visitor Center, 177 Forest Street, Saugus
Come join our park interpreter for a story time and nature walk! Complete a small craft and explore the woods! Walks are gently paced and approximately 1 mile, though not accessible for strollers. Appropriate for families with children 3-5 years old. *Meet at the Visitor Center.*

Nice and Easy Hike
9:30—11:30am

Visitor Center, 177 Forest Street, Saugus
Join the Park Interpreter for this weekly guided hike! Each trip will highlight natural and historic features that make Breakheart unique. Hikes will be moderately paced and range from 2-3 miles over sometimes uneven and rocky terrain. Best for ages 8 years and up. *Meet at the Visitor Center. Heavy rain cancels.*

Family Fishing 1:30—3:00pm

Camp Nihan, 131 Walnut Street, Saugus
Join our park interpreter for a drop-in fishing program! Learn how to fish, what fish live in our ponds, and how to catch and release responsibly. Bait and a handful of rods will be provided but feel free to bring your own gear and fish with us and share your tips! No license required if fishing in this program. Appropriate for families with children 5 years old and up. *Meet at Camp Nihan, Rain cancels.*

SPECIAL EVENTS

Wednesday June
11 at Breakheart
Reservation

Thursday July 10
at Bellevue Pond

Saturday August 9
at Breakheart
Reservation

Full Moon Hike 8:00—10:00pm

Visitor Center, 177 Forest Street, Saugus OR Bellevue Pond, Medford

Join us for a moon rise hike while we talk about the importance of the full moon, moon cycles and phases. There will be camp fire fun and activities. This program for adults and families with children 8 years old and up. Bring a flashlight and dress appropriately! Registration is required, please use QR code or this link:

<https://bit.ly/DCRJuneFullMoon>

Meet outside the Visitor Center. Rain cancels.



coming events