



Winter '25/'26 Programs

Breakheart Reservation
Department of Conservation and Recreation
177 Forest Street, Saugus, MA 01906
(781) 233-0834

All Programs are free and open to the public. An adult must accompany children. Reasonable accommodations available upon request. Parking fees may apply depending on program location. For more information, please email Jessica Narog-Hutton, Visitor Services Supervisor, at jessica.narog-hutton@mass.gov.



ADA/Reasonable Accommodation
617-645-0358 | Moneesha.dasgupta2@mass.gov

**Wednesdays through
Sundays**
8:30 a.m.–3:30 p.m.

Wednesdays
9:00–10:00 a.m.
December-February
(Except Dec. 24 & 31)

Thursdays
10:00 a.m.–12:00 p.m.
December 4 & 18
January 15 & 29
February 12 & 26

Thursdays
10:00–11:30 a.m.
December 11
January 8 & 22
February 5 & 19

Christopher P. Dunne Visitor Center
Modelled after a hunting lodge which once stood inside the park, stop in to find historic photos and displays. Open rain, snow or shine.

Wild Breakheart Series
Meet at Camp Nihan, 131 Walnut Street, Saugus
Join us for this rotating nature series as we explore different aspects of Breakheart in the wintertime. Heavy rain/ snow cancels.

December - Breakheart Birding Club
Explore the birds that stay for the wintertime and how they thrive in a cold New England winter.

January – Winter Tree ID
Come learn about how to identify trees when they have no leaves.

February – Animal Tracking
Discover how tracks that animals leave behind can tell us a story about what they do when no one is around.

Step Into The Past
Meet outside the Visitor Center, 177 Forest Street, Saugus
Join our park interpreter to discover the parks history. Hikes are approximately 2.5 miles, moderate difficulty, along rocky trails, with several stops. Best for adults and older children with a keen interest in history. Inclement weather cancels program.

Stories in Stone: Breakheart has been shaped not only by nature but by the many people who have called it home.

Glacial Giants: Countless clues to a glacial past dot the landscape. If one knows where to look, this hidden geologic history can be revealed.

The Beavers Are Back!
Meet outside the Visitor Center, 177 Forest Street, Saugus
Come join us to learn about the beavers and their history in Breakheart. We will learn about their behaviors and how they build their home in the Saugus River. Inclement weather cancels program.



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Fridays
10:30–11:30 a.m.
December - February
(Except Dec. 26)

Kidleidoscope
Meet at the Visitor Center, 177 Forest Street, Saugus
Come join our park interpreter for a story time and nature walk. Complete a small craft and explore the woods. Walks are gently paced and approximately 1 mile, though not accessible for strollers. Appropriate for children 3-5 years old with an adult caregiver.

Saturdays
9:30–11:30 a.m.
December & January

Nice and Easy Hike
Meet at the Visitor Center, 177 Forest Street, Saugus
Join the Park Interpreter for this weekly guided hike. Each trip will highlight natural and historic features that make Breakheart unique. Hikes will be moderately paced and range from 2-3 miles over sometimes uneven and rocky terrain. Best for ages 8 years and up. Heavy rain/ snow cancels.

Saturdays
9:00–10:00 a.m.
February 7, 14, 21 & 28

Fireside Chats
Meet at the Visitor Center, 177 Forest Street, Saugus
Come warm up by a fire and join us each week as someone from DCR will be sharing their expertise and experience with us. DCR staff goes well beyond the people you normally meet in the parks, there are many “behind the scenes” experts who are excited to share their role in keeping our properties safe and healthy for the public.

SPECIAL EVENTS

Thursday
10:00 a.m.–12:00 p.m.
January 1

First Day Hike
Meet at the Visitor Center, 177 Forest Street, Saugus
Come spend New Years Day outdoors at Breakheart. Join us for a nicely paced hike to celebrate the New Year, after join us in the Visitor Center for a cozy fire and hot cocoa.

Saturday
10:00 a.m.–2:00 p.m.
March 14

Maple Sugarin’ Days
Meet at the Visitor Center, 177 Forest Street, Saugus
Join us for this FUN annual event! Experience the process of maple sugarin’ from tapping a tree to sampling real maple syrup. Our hands-on tour includes the history of maple sugaring from early traditions to present day. Discover more through tree identification, tapping, wood splitting, the evaporator, and a tasting station!