A painting of a forest path with a bridge in the distance. The path is made of light-colored stones or dirt and leads from the foreground into a dense forest. The trees are tall and thin, with green foliage. The lighting is soft, suggesting a dappled sunlight effect. The overall style is impressionistic.

# **Selecting the Right Bridge for Your Trail**

**Sustainable Bridge Design and Construction  
Guidance for Trails Organizations**

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**AECOM**

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# Outline

- **Introduction**
- **Overview of Bridge Options**
- **Factors Affecting Bridge Type Selection**
- **Costs**
- **You Pick It: Which Bridge Makes Sense?**
- **Problems that Develop / Designing for Prevention and Maintenance**



# Introduction

- Who I am
- My qualifications and limitations
- Four parts of a bridge:
  - Approaches
  - Deck
  - Superstructure
  - Substructure
- Guidelines/Specifications and Regulations
  - <http://www.fs.fed.us/eng/bridges/>

# Bridge Type Options

## **SUPERSTRUCTURE AND DECK MATERIALS**

- **Timber or Rope**
- **Steel**
- **Concrete**
- **Polymer**

## **TYPES**

- **Slab**
- **Multibeam**
- **Arch**
- **Box Culvert**
- **Girder/Floorbeam or  
Truss/Floorbeam**
- **Suspension / Cable Stay**
- **Stress Ribbon**



# Bridge Type Options: Timber / Rope

- **Slab**
  - Nail-Laminated
  - Transversely Post-tensioned
  - Engineered Lumber Systems
- **Multibeam**
  - Basic Logs and Planks
  - Stringers with Decking
  - Engineered Lumber Systems
- **Arch**
  - Rare for Deck Arches
  - Through and Tied Arch Systems
  - Engineered Lumber Common
- **Box Culvert**
  - Common in Mines
  - Still Exist
- **Girder/Floorbeam or Truss/Floorbeam**
  - Covered Bridges
  - Engineered Lumber
- **Suspension / Cable Stay**
  - The classic bridge in the movies
  - New takes on the old
- **Stress Ribbon**
  - Engineered timber
  - Post-tensioned catenary deck

# Pros and Cons of Timber or Rope

## PROs

- Relatively Lightweight
- Easily Separated into Separate Pieces
- Carpentry can be done on site
- Surprisingly fire-resistant
- Fairly inexpensive
- Parts relatively easy to replace
- Material is flexible

## CONs

- Not as strong as other materials
- Subject to insect infestation
- Subject to rot
- Buoyant
- Prone to splitting / splinters
- Requires fasteners that are nails/screwed drilled into materials



# Bridge Type Options: Steel

- **Plank or Panel**
  - **Steel Plate or Corrugated Metal**
  - **Orthotropic Deck**
- **Beam Bridges**
  - **Rolled Sections**
  - **Welded/Bolted Plates / Box Girders**
- **Arch**
  - **Deck Arches**
  - **Through and Tied Arch Systems**
- **Culverts**
- **Girder/Floorbeam or Truss/Floorbeam**
  - **Pre-fabricated**
  - **Built on site**
- **Suspension / Cable Stay**





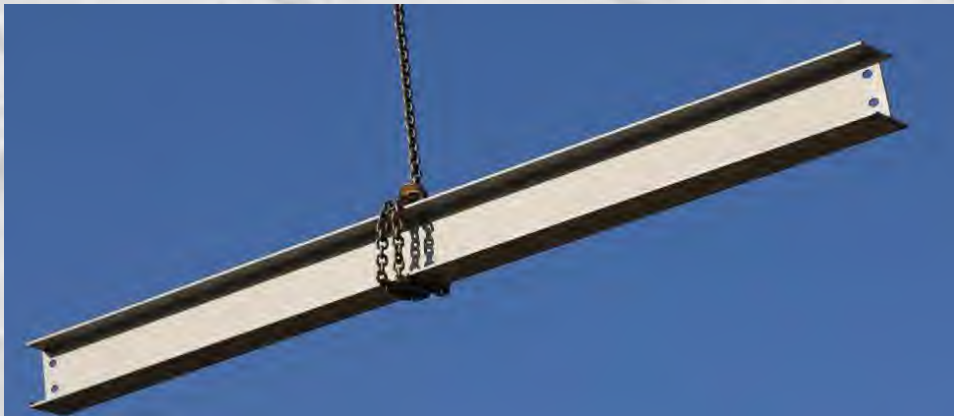
# Pros and Cons of Steel

## PROs

- **Strong**
- **Usually easy to assemble**
- **Readily available**
- **Not buoyant**
- **Easily protected from elements by painting (or using weathering steel)**

## CONs

- **Heavy**
- **Subject to Rust Losses**
- **Fairly Expensive**
- **Easier to build with power tools, hoisting equipment**
- **Not easily altered in field**
- **Subject to fatigue cracks**
- **Significant expansion / contraction**





# Bridge Type Options: Concrete

- Slab
  - Cast-in-place
  - Prestressed
- Girders
  - Cast-in-place T-Beam
  - Prestressed I-Girder
  - Segmental Girders
- Arch
- Culvert
- Stress Ribbon



# Pros and Cons of Concrete

## PROs

- Strong
- Usually easy to assemble
- Any shape can be made
- Readily available
- Not buoyant
- Easily protected from elements by painting (or using weathering steel)



## CONs

- Heavy if precast
- Quality can vary if cast-in-place
- Rebar bending difficult in field and heavy to carry to site
- Subject to rebar corrosion, alkali-silica reactions and numerous other forms of deterioration leading to cracks and spalls



# Bridge Type Options: Polymer

- Slab
  - Orthotropic
- Girders
- Arch
  - Bridge in a Backpack
- Culvert
- Truss or Girder/Floorbeam Systems
- Suspension or Cable Stay
- Stress Ribbon





# Pros and Cons of Polymers

## PROs

- Can be very strong
- Lightweight
- Small pieces can be attached together in field
- Typically does not require power tools to assemble or arrange components
- Large color selection

## CONs

- Can deflect and deform
- Behavior varies with weather
- Subject to cracking and splitting, splintering
- Can deteriorate from direct sunlight
- Stronger polymers can be expensive





# Factors Affecting Bridge Type Selection

- Access for Construction & Maintenance
- Usage Needs
- Need for Vertical Clearance or Long Spans
- Environment/Geology and Associated Issues
- Cost





# Access for Construction and Maintenance

- If the bridge is difficult to access, it follows that it may be difficult to build and maintain.
- A bridge can only be made of the materials you can get to a site, and utilizing the tools you can operate there.
- A bridge first and foremost needs to be **SAFE**, so if it is tough to maintain, it better not demand too much maintenance!





# Usage Needs

- All bridges must meet design criteria, but requirements vary based on usage criteria.
- Even with criteria, misuse will happen.
- In highly populated areas, bridges need accessibility features, special safety features, be vandal-proof, and able to handle whatever comes at them from whatever direction.
- Is the bridge a landmark structure or monument?





# Need for Vertical Clearance / Long Spans

- Greater vertical clearance often means either long spans or a tall substructure
- Sometimes you just can't touch the ground beneath a bridge for a long distance





# Environmental and Geological Issues

- Bridges must not have negative environmental impacts.
- Bridges need to handle their environments.
- In the natural world, the earth erodes, rain falls, rivers meander and animals do whatever they want.





# Cost

- Don't do a thing until you understand what you need.
- Several types studies are worthwhile, depending on number of options that seem viable for construction. Sometimes, higher priced materials require smaller quantities, and there is a balance between the two factors.





# Cost vs. Strength

- Timber – 1500 psi vs. \$70/sf
- Concrete – 4000 psi vs. \$120/sf
- Steel girder – 36000 psi vs. \$130/sf
- Polymer – 72000 (Kevlar is 525000) psi vs. \$130/sf

**THIS IS NOT A FAIR COMPARISON – TOTALLY DIFFERENT  
STRUCTURE TYPES – APPLES VS ORANGES!!**

**STUDY SEVERAL TYPES AND IMAGINE CONSTRUCTION**





# What would you pick?

- **Trail within suburban park; level area crosses a brook that is about 20 feet wide**
- **Narrow, popular hiking trail in a mountainous state forest, over a mile in from the trail head**
- **Old rope bridge across a ravine is deemed unsafe and a new bridge, about 75 feet long, is needed. Trail is well known to tourists.**

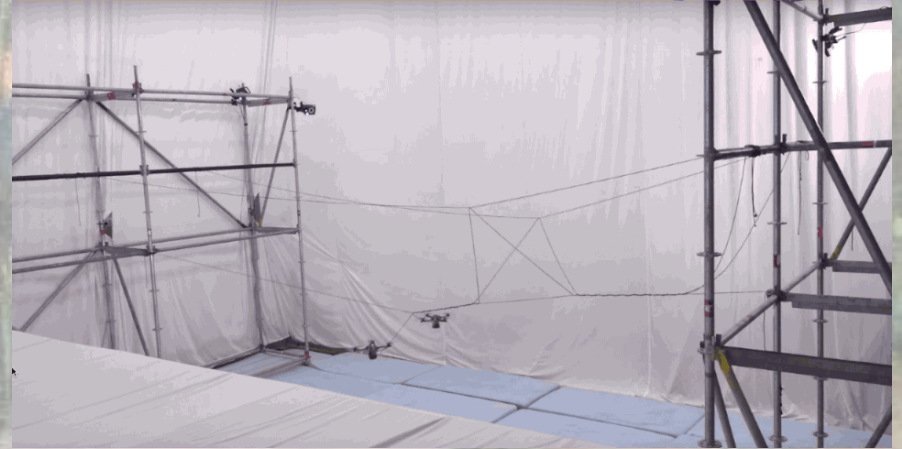


**Trail within suburban park; level area crosses a brook that is about 20 feet wide**





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a mile in from the trail head**





**Old rope bridge across a ravine is deemed unsafe and a new bridge, about 75 feet long, is needed. Trail is well known to tourists.**





# **Problems that Develop / Designing for Prevention and Maintenance**

- **The earth does what the earth does. Weigh these factors heavily in the design.**
- **Keep It Simple**
- **Avoid “water catchers” and “nooks & crannies” in design**
- **Consider what it will take to replace parts.**
- **It’s not about load capacity: it can’t blow away, float away, rot away or slide away, either!**
- **Know the durability of the parts and have a maintenance plan in mind!**