

# Brookline Community Mental Health Center

## BEHAVIORAL HEALTH INTEGRATION

### CARE MODEL

Brookline Community Mental Health Center (BCMHC) implemented a multidisciplinary care management team to integrate behavioral health, primary care, and community services for vulnerable patients for whom Beth Israel Deaconess Care Organization (BIDCO), an HPC-certified ACO, is at risk.

BCMHC's Healthy Lives initiative deploys a nurse care manager, a social worker, and community health workers to identify the complex social, behavioral, and medical needs of their patients, and works collaboratively to deliver services to achieve patients' goals and avoid unnecessary care such as an ED visit or hospital

admission. In order to engage patients, the Healthy Lives team operates wherever their patients are, at home and in the community, helping them navigate health care and community resources.

The initiative draws upon BCMHC's deep knowledge of their communities' resources and established working relationships with Springwell Aging Services Access Point (ASAP), which provides community services to elders, and BIDCO, whose close collaboration enables timely identification and coordination of care for their patients.

### IMPACT

**\$418.6K**

HPC AWARD

**\$598K**

TOTAL PROJECT COST

TARGET POPULATION

**High Cost BIDCO Patients with a Behavioral Health Condition and ≥ 1 Comorbidity**

PRIMARY AND SECONDARY AIMS:

**↓ 15%**

total health care expenditures



**↓ 15%**

inpatient admissions



**↓ 15%**

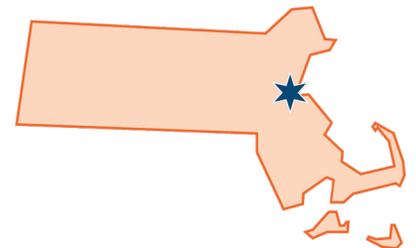
30-Day inpatient readmissions

**↓ 15%**

ED visits

### PARTNERS

- Beth Israel Deaconess Care Organization (BIDCO)
- Springwell ASAP



### HCII PATHWAY SUMMARY & HPC BACKGROUND

In 2016, the Massachusetts Health Policy Commission (HPC) launched its \$6.6 million Targeted Cost Challenge Investment (TCCI) pathway of the Health Care Innovation Investment (HCII) Program. The TCCI pathway aims to foster innovation in health care payment and service delivery by supporting promising innovations that address the Commonwealth's most complex health care cost challenges. The ten TCCI initiatives are partnering with more than 60 community organizations to demonstrate rapid cost savings within 18 months by addressing one of the following challenge areas: social determinants of health, behavioral health

integration, post-acute care, serious advancing illness and care at the end of life, and site and scope of care.

The Massachusetts Health Policy Commission (HPC), established in 2012, is an independent state agency charged with monitoring health care spending growth in Massachusetts and providing data-driven policy recommendations regarding health care delivery and payment system reform. The HPC's mission is to advance a more transparent, accountable, and innovative health care system through independent policy leadership and investment programs. Visit us at [Mass.gov/HPC](http://Mass.gov/HPC). Tweet us @Mass\_HPC.