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**BULLETIN 2025-06**

**To:** Commercial Health Insurers, Health Maintenance Organizations, and Blue Cross and Blue Shield of Massachusetts, Inc.

**From:** Michael T. Caljouw, Commissioner of Insurance 

**Date:** December 19, 2025

**Re:** Attachment to "Guide to Health Insurance for People with Medicare"

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Attached please find a copy of "A Massachusetts Consumer's Guide to Medicare." Pursuant to Massachusetts regulations 211 CMR 42.09(4) and 211 CMR 71.13(2)(d)4, the Massachusetts Consumer's Guide to Medicare is provided as an attachment along with the annual federal publication "Choosing a Medigap Policy: A Guide to Health Insurance for People with Medicare" to persons eligible for Medicare. This federal publication is available to read, print or order at [www.medicare.gov/publications](http://www.medicare.gov/publications), keyword search *Medigap*.

Please also be aware that due to concerns about Medicare-eligible persons being exposed to marketing scams, the Division of Insurance has posted an advisory on its website at <https://www.mass.gov/doc/protect-against-medicare-related-scams/download>. It is suggested that consumers be made aware of this advisory so that they are aware of steps to take to protect them from such scams.

If you have any questions about this bulletin, please contact Niels Puetthoff, Director of the Division's Bureau of Managed Care, at 617-521-7326 or [Niels.Puetthoff@mass.gov](mailto:Niels.Puetthoff@mass.gov).

# **2026 Massachusetts Consumer Guide to Medicare**



## **SHINE Program**



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Grantees undertaking projects with government sponsorship are encouraged to express freely their findings and conclusions. Points of view or opinions do not, therefore, necessarily represent official ACL policy.

**Updated November 2025**

## Table of Contents

Enrolling in Medicare-----	Page 3
What is Medicare?-----	Page 4
Introduction to Medicare Advantage, Medicare Supplement (Medigap) and Part D Plans-----	Page 6
Online Tool to Compare Options-----	Page 8
How to Create an Account-----	Page 9
Your Medicare Options-----	Page 10
List of Available Medicare Advantage Plans-----	Page 11
List of Available Medicare Advantage Special Needs Plans-----	Page 14
List of Available Medicare Supplement Plans-----	Page 15
List of Available Medicare Part D (Prescription Drug) Plans-----	Page 19

## Medicare Guide

**Disclaimer:** This guide covers the basics – and just the basics – about applying for Medicare. It does not include every detail of this complicated subject. You can contact SHINE (Serving Health Insurance Needs of Everyone) for more information. SHINE is an educational resource that is designed to inform you about the complexities of Medicare. Information was obtained via the Social Security, Medicare, and Division of Insurance websites, IRS, as well as the Medicare & You Handbook.



**Are you ready to enroll in Medicare? If so, your first step should be to contact the Social Security Administration!**

**If you're turning 65 in the next 3 months and not yet receiving benefits from the Social Security Administration, you will not get Medicare automatically! It is your responsibility to contact Social Security if you wish to enroll in Medicare. You will not receive any reminders or notifications from either Social Security or Medicare.**

Social Security Disability Insurance (SSDI) and Medicare- If you're under 65 and have a disability, you'll **automatically** get Part A and Part B once you have received 24 months of SSDI payments.

Social Security manages enrollment in Parts A and B, and will review your records to see if you qualify for Medicare. They will determine if you qualify for premium-free Part A, and what your monthly premium for Part B will be, based on your income. If you have a higher income, your Part B and Part D premiums may be higher. This is known as the Income-Related Monthly Adjustment Amount (IRMAA). [Your Part B Medicare Costs](#).

**NOTE:** In most situations, Medicare eligibility is under a beneficiary's own social security number. However, in the event the beneficiary is collecting spousal's/widow/widower benefits, then the Medicare entitlement would be transferred to the record where the beneficiary currently collects cash benefits. The beneficiary still retains his/her own unique Medicare number which shows on their Medicare.gov account (see page 8 of this guide).

**Effective January 6, 2025**, SSA will require customers to schedule an appointment for service in their field offices, including requests for Social Security cards. SSA encourages customers to become accustomed to:

- online services, where many transactions can be completed conveniently and securely, and
- automated services available on the National 800# at 1-800-772-1213.

Customers who are not able to handle their business online or with the automated options, may call their local Social Security office or the National 800# to schedule an appointment.

SSA will not turn people away for service who are unable to make an appointment or do not want to make an appointment. For example, members of vulnerable populations, military personnel, people with terminal illnesses, and individuals with other situations requiring immediate or specialized attention may still walk in for service at the field offices. Some of the offices also have minimal to no wait times, and they will still serve customers who walk in.

- 1-800-772-1213; [Social Security Website](https://www.ssa.gov) (www.ssa.gov)

[Click Here for Information on Medicare Enrollment](#)

**TIP: Social Security highly recommends that you create a personalized Social Security account to enroll in Medicare**

## What is Medicare?

Medicare is the federal health insurance program that was created in 1965 for people 65 & older and some under 65 with disabilities to help with their hospital and medical coverage. The program helps with the cost of health care but it is not comprehensive; it does not cover all medical expenses or the cost of long-term care.

Different parts of Medicare help cover specific services

- Part A – Hospital Insurance
- Part B – Medical Insurance
- Part D – Prescription Drug Coverage

Part C (Medicare Advantage) combines Part A, B and usually Part D in one plan.

## Preventive Services

Medicare does provide numerous preventive services at no cost to beneficiaries (ex. Vaccines, screenings, etc.) A complete list of these services is available at this link:

[Medicare Part B Preventive Services](#)

## Who is Eligible?

You are eligible for Medicare if you are:

- **65 years old or older** and a U.S. citizen or lawfully permitted resident of the United States.
- Medicare is available for certain people with disabilities who are **under age 65**. These individuals must have received 24 months of **Social Security Disability Insurance (SSDI) benefit payments** or have End Stage Renal Disease (ESRD) or Amyotrophic Lateral Sclerosis (ALS).
- Most people are eligible for premium-free Part A if they have paid Medicare taxes long enough through their own or a spouse's or ex-spouse's work record.

**If you are working and covered by your employer's group health plan (or by a spouse's plan),** you may want to delay enrollment in Part B and enroll only in Part A. You should check with your employer benefits manager on whether or not you need to enroll in Part B. The number of employees in your employer group health plan may determine if you need to enroll in Medicare as your primary insurance. You can also delay enrollment in Part A unless you are already collecting Social Security benefits.

**If you have a Health Savings Account (HSA) as part of a high deductible employer insurance plan,** you may want to delay Part A because you cannot contribute to the HSA once your Part A coverage begins. You may use money that is already present in the account *after* you enroll in Medicare to help pay for deductibles, premiums, copayments, or coinsurance. If you contribute to your HSA after your Medicare Part A coverage starts, you may have to pay a *tax penalty*. You should stop HSA contributions six months prior to retiring. For further HSA questions, refer to the IRS publication 969, their Human Resources Department or professional tax accountant. [IRS Publication 969 \(2022\) Health Savings Accounts](#)

## **Medicare has specific enrollment periods:**

1. Initial Enrollment Period (Parts A, B, C & D)
2. General Enrollment Period (Parts A & B)
3. Open Enrollment Period (Parts C & D)
4. Medicare Advantage Open Enrollment Period (MA OEP)  
(Part C & D- must be enrolled in an MA plan between Jan 1<sup>st</sup> and March 31<sup>st</sup>)
5. Special Enrollment Period (Parts B, C & D)

To enroll in Part B outside of the Initial Enrollment Period & General Enrollment, you must qualify for a Special Enrollment Period (eg. Losing Employer based coverage)

For more information please visit:

[Medicare.gov-When does Medicare Coverage Start?](#)

**If you do not enroll during your Initial Enrollment Period, you may be subject to late enrollment PENALTIES (with some exceptions), and a possible delay in your coverage.**

## Initial Enrollment Period

3 months before the month you turn 65	2 months before the month you turn 65	1 month before the month you turn 65	The month you turn 65*	1 month after the month you turn 65	2 months after the month you turn 65	3 months after the month you turn 65
Enroll early to avoid a delay in coverage. To get Part A and Part B the month you turn 65, you must enroll during the first 3 months before the month you turn 65.			If you wait until the last 4 months of your Initial Enrollment Period to enroll, your Part B coverage will begin the first of the month following the month of enrollment.			

\*if your birthday falls on the first day of the month, your coverage would be effective a month earlier

### Penalties

- Part A Late Enrollment Penalty
  - **If you enroll late, and aren't eligible for premium-free Part A, your monthly premium may go up 10% for twice the number of years you signed up late.**
- Part B Late Enrollment Penalty
  - **If enrolling late, Part B penalty is a surcharge added to your monthly Part B premium for life.** The Part B late enrollment penalty is calculated as 10% of the current Part B premium for every 12 month period you were not enrolled and did not have active employer coverage.
- Part D Enrollment Penalty
  - **If you do not have Part D coverage, even if you take no prescription drugs you can incur a lifetime penalty.** The Part D penalty is calculated as 1% of the national base beneficiary premium for each month you were not enrolled in a Part D plan and did not have creditable coverage.

### Protection from Penalties

- Once you are eligible for Medicare, as long as you are **working and covered by your employer's group health plan (or by a spouse's plan)**, you will not be assessed a Part B Late Enrollment penalty. You will need to provide an [Employment Letter](#) to Social Security. **COBRA does not provide coverage from the Part B penalty.**
- After you enroll in Medicare, if you have **creditable drug coverage** from any source, including employer, VA coverage, or COBRA coverage, you will not be assessed a Part D late enrollment penalty. If you lose this creditable coverage, you will have up to two months to enroll in a Medicare drug plan to avoid any penalties.

## Two Options for Medicare

Once you have enrolled in Medicare A and B via Social Security, you will have two options: **(See page 9 for a comparison chart)**

- 1) **Original Medicare (Parts A & B) with an optional Medigap and/or standalone drug plan (Part D)**
- 2) **Medicare Advantage plan (also known as Medicare Part C or MA plan). \*You must have Part A and Part B in order to have a MA plan.**

## **Medicare Advantage Plans**

Medicare Advantage (also known as Medicare Part C or MA plan) is an “all in one” alternative to Original Medicare (Parts A and B). These bundled plans are offered by private insurance companies that contract with Medicare to provide beneficiaries with all of their Medicare benefits that include Part A, Part B, and usually Part D.

### **Key Components of an MA Plan:**

- Out-of-pocket costs can vary. Some plans may have lower out-of-pocket costs than others for certain services.
- With Medicare Advantage, you can choose between an HMO, PPO or an HMO-POS plan. You must use doctors and/or other types of providers who are in the plan’s network if your Medicare Advantage Plan is an HMO (Healthcare Maintenance Organization). You may also need to get a referral to see a specialist. For PPO and HMO-POS plans, you may have the option of choosing out of network doctors but you will usually pay higher co-pays. Ask your primary doctor or other providers you use if they participate in any Medicare Advantage plans.
- Emergency services will be covered anywhere within the United States. If you are traveling outside your region (zip code/county), check with your plan for coverage information.
- Most plans offer extra benefits that Original Medicare doesn’t cover, like routine/limited vision, hearing, and dental. Check with your plan for coverage information.
- You may pay a premium for the plan in addition to the monthly premium for Part B. Some plans have no monthly premium. Make sure to check your maximum out-of-pocket cost before committing to any plan.

### **To be eligible for a plan, you must:**

- Have both Medicare Part A & Part B
- Reside in the plan’s geographic service area

### **When can I enroll or disenroll in a Medicare Advantage Plan?**

- Initial Enrollment Period
- Special Enrollment Period
- Open Enrollment (October 15 - December 7)
- Medicare Advantage Open Enrollment Period (January 1 - March 31)

✓ Note: You must be enrolled in a Medicare Advantage Plan between January 1<sup>st</sup> and March 31<sup>st</sup> in order to make any changes.

### **Things to consider before choosing Medicare Advantage:**

- Do your medical providers accept the plan or are you willing to change providers?
  - PLEASE call all of your providers to confirm plan acceptance!
- How much are the premium, copays, and coinsurance?
- What is the plan’s maximum out of pocket cost for the year?
- Do you need to get referrals to see a specialist?
- Are your prescription drugs on the plan’s formulary and what is the cost and are there any restrictions?



## **Medicare Medical Savings Accounts \*Not Currently available in Massachusetts\***

Medicare Medical Savings Accounts (MSA) are consumer-directed plans that pair high deductible coverage with a Medical Savings Account. Although these plans are considered Medicare Advantage plans, there are some important distinctions:

- MSA plans do not include Part D drug coverage. Individuals who sign up for an MSA would need to join a separate Part D plan to have drug coverage.
- There are no networks, but individuals must use providers that accept their MSA plan

**(See pages 10-12 for a List of Medicare Advantage Plans Currently Offered in Massachusetts)**

## **Medigap Plans**

Medigap plans, also known as supplements, provide extra coverage beyond Medicare by filling some of the gaps in Medicare coverage. Medigap plans do not provide prescription drug coverage. In Massachusetts, there are 7 private insurance companies that offer supplement plans across the state. Massachusetts offers **continuous open enrollment**, which allows you to enroll, change or drop your plan any month for an effective date the 1<sup>st</sup> of the following month of enrollment. Medigap plans in Massachusetts are also community rated, this means the same monthly premium is charged to everyone who has the Medigap policy regardless of age or medical history.

**(See pages 13-15 for a List of Medigap Plans Currently Offered in Massachusetts)**

## **Part D Prescription Drug Plans:**

**Even if you do not take any prescription medications, you MUST have a Part D plan to avoid a lifetime penalty unless you have other creditable coverage.**

If you have a Medicare Advantage plan, most include Part D coverage. If you do not have a Medicare Advantage plan, you can enroll in a Medicare Part D Stand-alone Prescription Drug Plan (PDP). You cannot enroll in a stand-alone Part D plan and an Medicare Advantage Prescription Drug plan (MA-PD). Beneficiaries with higher incomes will pay more than the standard premium for either type of plan due to IRMAA.

## **Your Part D Premium Costs**

There are 3 phases of Part D drug coverage; 1) Deductible 2) Initial and 3) Catastrophic. Depending on your drug plan, as well as your annual prescription drug costs, you may not reach all of these phases.

## **Choosing a Part D Plan:**

These are the things to consider when choosing a Part D plan

- What is the Total Cost (premiums and co-pays)?
- Are your prescription drugs covered?
- Does the plan have a deductible?
- Are there any restrictions? (Quantity Limits, Prior Authorization, Step Therapy, or in/out of network)
- What pharmacies are in-network and are any preferred?

## **Medicare Prescription Payment Plan**

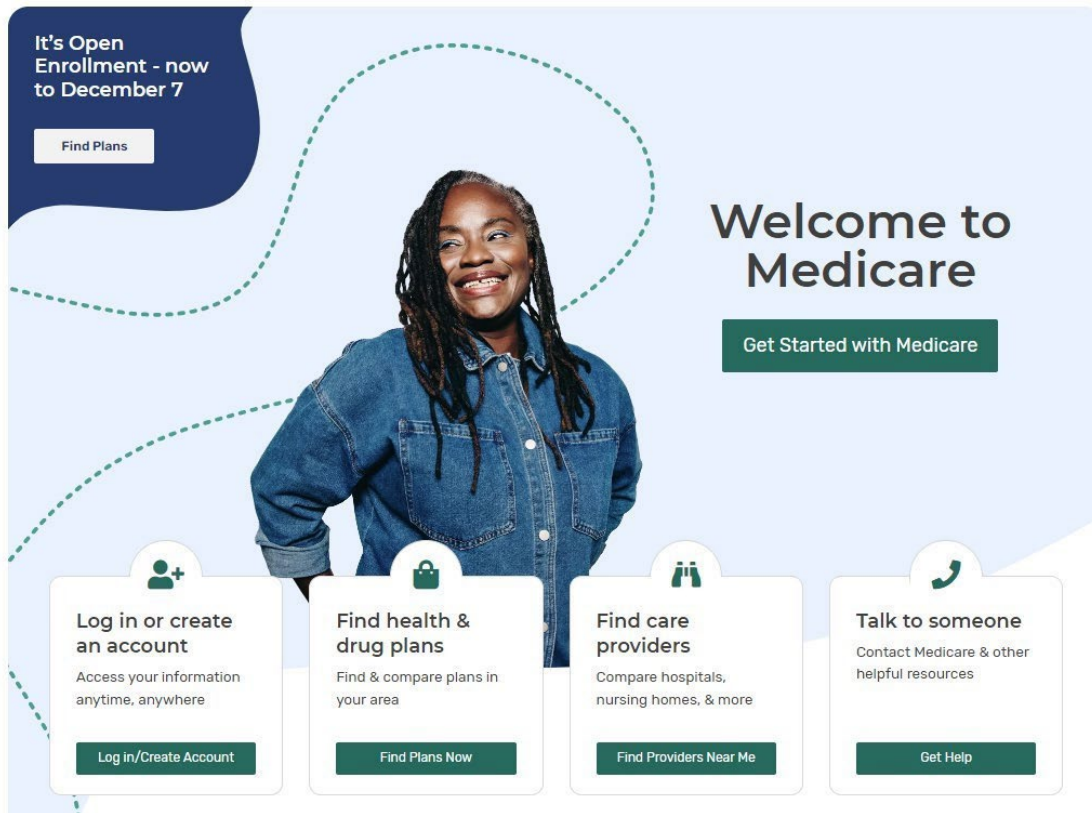
The Medicare Prescription Payment Plan is a new payment option in the [prescription drug law](#) that works with your current drug coverage to help you manage your out-of-pocket costs for drugs covered by your plan by spreading them across the calendar year (January–December). Starting in 2025, anyone with a Medicare drug plan or Medicare health plan with drug coverage (like a Medicare Advantage Plan with drug coverage) can use this payment option. **All plans offer this payment option, and participation is voluntary.**

If you select this payment option, each month you'll continue to pay your plan premium (if you have one), and you'll get a bill from your health or drug plan to pay for your prescription drugs (instead of paying the pharmacy). There's no cost to participate in the Medicare Prescription Payment Plan.



## On-Line Tool to Compare Options:

You can view available Part D drug plans and Medicare Advantage plans using Medicare Plan Finder. Go to [www.medicare.gov](http://www.medicare.gov) and click on “Find Plans Now” – or talk with a SHINE counselor.



**TIP:** Medicare also highly recommends that you create a secure Medicare account on Medicare.gov (see page 8 for detailed instructions).

To assist with Medicare, SHINE has highly trained, dedicated volunteers who are re-certified annually. They will be glad to make an appointment with you to further explain and clarify your Medicare options.

SHINE Counselors can also screen you for eligibility for programs that may reduce your Medicare costs. These programs, which are offered through Social Security, MassHealth and Prescription Advantage, can provide assistance with premiums, copays, deductibles and prescription drug costs.

### Helpful Resources:

**SHINE Program:** 1-800-243-4636

**Medicare:** 1-800-633-4227

[www.medicare.gov/](http://www.medicare.gov/)

**Social Security Administration:** 1-800-772-1213

[www.ssa.gov](http://www.ssa.gov)

**MassHealth:** 1-800-841-2900 (Medicaid)

<https://www.mass.gov/masshealth>

**Prescription Advantage:** 1-800-243-4636

<https://www.prescriptionadvantagemma.org/>

For additional information and a directory of SHINE Regional Offices you can also go to:

<https://www.mass.gov/info-details/serving-the-health-insurance-needs-of-everyone-shine-program>

# Create an Account for a Personalized Medicare Plan Finder Experience

## When you create an account, you can:

- Build a better drug list. We'll make suggestions based on prescriptions you filled within the last 12 months.
- Modify your drug list and save changes.
- Compare benefits and costs in your current plan to other plans available in your area.
- See prices based on any help you get with drug costs.

## Create your new account

If you want access to personalized information and features, you'll need to create an account. Visit **Medicare.gov/plan-compare** and click "Log in or create account."

Have the following information ready (for yourself or the person you're helping):

1. Medicare Number – You can find this on your red, white, and blue Medicare card. If you're new to Medicare and don't have your Medicare card yet, you can get your Medicare number on the letter you get from Social Security after you enroll.
2. Last name
3. Date of birth
4. Current address with ZIP code or city
5. Part A or Part B coverage start date (find this on your Medicare card)



Once you add this information and select "Next," you can create a username and password and use your new Medicare account. You can write your username and a password hint below. Just remember to keep this sheet in a safe place to protect your privacy.

My Username:

My Password Hint:

## Forgot your username or password?

If you have an existing account, but forgot the username or password, click "Trouble signing in?" under the Username box on the log in page. You'll need this information:

1. Medicare number
2. Last name
3. Date of birth

# Your Medicare Options

## REQUIRED WITH BOTH OPTIONS

### **MEDICARE**

Enrolled in Medicare Part A & Part B and continue to pay monthly premiums

### OPTION #1

#### Original Medicare



- **Optional** Medigap plan
- 3 different types of Medigap plans

**1. Core**

**2. Supplement 1A**

**3. Supplement 1\***

(\*Only if Medicare eligible prior to 2020)

- Free to choose any doctor or hospital that accepts Medicare
- No referrals needed to see specialists
- Does NOT include drug coverage
- When changing Medigap plans, need to call plan to disenroll



### OPTIONAL PART D

#### **Stand Alone Prescription Drug Plan**

- Multiple plans to choose from
- Automatic disenrollment from Prescription Drug Plan when changing Part D plans

### OPTION #2

#### **Medicare Advantage Plan (Part C)**

- Optional "Replacement"
- Must maintain Part A & Part B and must pay Part B premium
- 4 types of MA plans
  1. **HMO** (Health Maintenance Organization) - May use network providers only
  2. **HMO-POS** (HMO with Point Of Service)- HMO with limited out of network coverage
  3. **PPO** (Preferred Provider Organization)- Can go out of network for extra \$\$
  4. **SNP** (Special Needs Plans) HMOs for institutionalized individuals or dual eligible
- Usually includes prescription drug coverage.
- Cannot have separate Part D plan
- Cannot live outside service area for more than 6 consecutive months
- Covers some extra benefits
- Usually need referrals to see specialists
- May have co-pays and deductibles
- Plans can include prescription drug coverage
- Automatic disenrollment when changing Medicare Advantage Plans

## Medicare Advantage Plans in Massachusetts 2026

### Medicare Advantage Plans

#### Pros:

- Convenience of having only one plan (drug plan can be included)
- More choices available (HMOs, PPOs, MSAs...)
- Some plans have lower premiums than Medigap plans
- Potential for better coordination of care (HMOs provide this)
- Some additional benefits such as hearing, vision, dental, transportation, OTC spending cards and wellness benefits
- Annual physical exams covered
- No hospital stay required for Skilled Nursing Facility (rehab) coverage
- There is a yearly limit on your out-of-pocket costs

#### Cons:

- Cannot live outside service area for more than 6 consecutive months
- Usually need referrals to see specialists
- Frequently has co-pays and deductibles
- Limited network of providers

#### Medicare Health Maintenance Organization (HMO) Plan

Can I go anywhere to receive care?

- No, you may use network providers only, unless you have an emergency or urgent situation.

What is HMO-POS?

- POS benefit may allow you to use doctors, hospitals, and other providers who are not in the HMO network.

Do I need a referral to see a specialist?

- With an HMO plan, you need a referral to see a specialist.

#### Medicare Preferred Provider Organization (PPO) Plan

Can I go anywhere to receive care?

- PPO plans have a network of providers. You may have the option of choosing out of network doctors but you will usually pay higher out-of-pocket costs.

Do I need a referral to see a specialist?

- In most cases, you do not need a referral to see a specialist.

#### Important things to consider when choosing any Medicare Advantage Plan:

- Do your medical providers accept the plan or are you willing to change providers?
- How much are the premiums, co-pays and co-insurance?
- What is the plan's maximum out-of-pocket cost for the year?
- Do you need to get referral to see a specialist?
- Are your prescription drugs on the plan's formulary and what is the cost and are there any

## Medicare Advantage Plans in Massachusetts 2026

Health Plan	Plan Types	Premiums	Plans Available in the Following Counties
<b>Aetna Medicare</b> 833-859-6031 <a href="https://www.aetnamedicare.com/">https://www.aetnamedicare.com/</a>	HMO- POS PPO	\$0	Bristol, Essex, Hampden, Middlesex, Norfolk, Plymouth, Suffolk, Worcester
<b>Blue Cross Blue Shield of MA</b> 800-678-2265 <a href="https://medicare.bluecrossma.com/">https://medicare.bluecrossma.com/</a>	HMO HMO- POS PPO	\$0-\$250	Barnstable, Bristol, Essex, Franklin, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk, Worcester
<b>eternalHealth</b> 833-870-3443 <a href="https://eternalhealth.com/">https://eternalhealth.com/</a>	HMO PPO	\$0	Bristol, Middlesex, Norfolk, Plymouth, Suffolk, Worcester
<b>Fallon Health</b> 888-377-1980 <a href="https://fallonhealth.org/medicare">https://fallonhealth.org/medicare</a>	HMO	\$0-\$207	Barnstable, Berkshire, Bristol, Essex, Franklin, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk, Worcester
<b>Health New England</b> 877-443-3314 <a href="https://healthnewengland.org/medicare">https://healthnewengland.org/medicare</a>	HMO PPO	\$0-\$168	Berkshire, Franklin, Hampden, Hampshire
<b>Humana</b> 800-833-2364 <a href="https://www.humana.com/medicare">https://www.humana.com/medicare</a>	PPO	\$0	Bristol, Dukes, Essex, Hampden, Suffolk, Worcester



## Medicare Advantage Plans in Massachusetts 2026

Health Plan	Plan Types	Premiums	Plans Available in the Following Counties
<b>Mass Advantage</b> 844-941-3768  <a href="https://massadvantage.com/">https://massadvantage.com/</a>	HMO PPO	\$0-\$95	Worcester
<b>Mass General Brigham Health Plan</b> 888-828-5500  <a href="https://massgeneralbrighamadvantage.org">https://massgeneralbrighamadvantage.org</a>	HMO- POS PPO	\$0-\$325	Bristol, Dukes, Essex, Middlesex, Nantucket, Norfolk, Plymouth, Suffolk, Worcester
<b>Tufts Health Plan</b> 877-218-4835  <a href="https://www.tuftsmedicarepreferred.org/">https://www.tuftsmedicarepreferred.org/</a>	HMO PPO	\$0-\$255	Barnstable, Bristol, Essex, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk, Worcester PPO plans in all counties except: Berkshire, Barnstable, Dukes, Franklin, Nantucket
<b>UnitedHealthcare</b> 800-555-5757  <a href="https://www.aarpmedicareplans.com/">https://www.aarpmedicareplans.com/</a>	HMO HMO- POS PPO	\$0-\$48	Bristol, Essex, Franklin, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk, Worcester

Note that not all companies offer plan options in your area; premiums may vary by county. Call plan directly for details.

## *Special Needs Plans in Massachusetts 2026*

<b>Health Plan</b>	<b>Plan Types</b>	<b>Plans Available in the Following Counties</b>
<b>Commonwealth Care Alliance</b> <b>888-537-5816</b> <a href="https://www.commonwealthcarealliance.org/ma/">https://www.commonwealthcarealliance.org/ma/</a>	HMO-D-SNP	Barnstable, Berkshire, Bristol, Essex, Franklin, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk, Worcester
<b>Fallon Health/Navicare</b> <b>877-490-4971</b> <a href="https://fallonhealth.org/find-insurance/navicare.aspx">https://fallonhealth.org/find-insurance/navicare.aspx</a>	HMO-D-SNP	Barnstable, Berkshire, Bristol, Essex, Franklin, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk, Worcester
<b>Mass General Brigham Health Plan</b> <b>888-828-5500</b> <a href="https://massgeneralbrighamadvantage.org">https://massgeneralbrighamadvantage.org</a>	HMO-D-SNP	Bristol, Dukes, Essex, Middlesex, Nantucket, Norfolk, Plymouth, Suffolk
<b>Senior Whole Health</b> <b>888-794-7268</b> <a href="https://www.molinahealthcare.com/members/ma/en-US/pages/home.aspx">https://www.molinahealthcare.com/members/ma/en-US/pages/home.aspx</a>	HMO-D-SNP	Bristol, Essex, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk, Worcester
<b>Tufts Health Plan</b> <b>800-890-6600</b> <a href="https://www.tuftsmedicarepreferred.org/plans/2025-tufts-health-plan-senior-care-options-hmo-snp">https://www.tuftsmedicarepreferred.org/plans/2025-tufts-health-plan-senior-care-options-hmo-snp</a>	HMO-D-SNP	Barnstable, Bristol, Essex, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk, Worcester
<b>UnitedHealthcare</b> <b>877-443-3314</b> <a href="https://www.uhc.com/medicare/medicare-education/special-needs-plans.html">https://www.uhc.com/medicare/medicare-education/special-needs-plans.html</a>	<b>HMO-D-SNP</b> <b>HMO-POS-C-SNP</b> (available only in Essex, Franklin, Hampden, Hampshire, Plymouth and Worcester County) <b>HMO-POS I-SNP</b> (available only in Essex and Plymouth County)	Bristol, Essex, Franklin, Hampden, Hampshire, Middlesex, Norfolk, Plymouth, Suffolk, Worcester
<b>WellSense Health Plan</b> <b>866-752-2077</b> <a href="https://www.wellsense.org/plans/medicare/ma/senior-care-options">https://www.wellsense.org/plans/medicare/ma/senior-care-options</a>	HMO-D-SNP	Barnstable, Bristol, Hampden, Plymouth, Suffolk

**NOTE:** Not all companies offer plan options in every area; premiums may vary by county. Plans are available for those who have Medicare and MassHealth Standard, MassHealth Standard only or the Frail Elder Waiver. Call plan directly for details.



**Medicare Supplement Plans  
Offered in Massachusetts  
2026**

Comparison of Plans	Core	Supplement 1*	Supplement 1A
<b>Basic Benefits Included In All Plans:</b>			
<b>Hospitalization Part A Co-payments</b>			
Days 61 - 90: \$434 per day	X	X	X
Days 91-150: \$868 per day	X	X	X
365 Additional Lifetime Hospital days - Paid in full	X	X	X
<b>Part B Coinsurance</b>			
Coverage of coinsurance, in most cases, 20% of approved amount	X	X	X
<b>Parts A and B Blood</b> First 3 pints	X	X	X
<b>Additional Benefits</b>			
<b>Part A Deductible for Hospital Days 1 - 60</b>		X	X
\$1,736 per benefit period			
<b>Skilled Nursing Facility Coinsurance</b>		X	X
Days 21-100 - \$217.00 per day			
<b>Part B Annual Deductible - \$283</b>		X	
<b>Foreign Travel</b> - For Medicare-covered services needed while traveling abroad.		X	X
<b>Inpatient Days in Mental Health Hospitals</b> In addition to Medicare's coverage of 190 lifetime days and less any days previously covered by plan in same benefit period	60 days per calendar year	120 days per benefit period	120 days per benefit period

**IMPORTANT NOTICE:**

*Medicare Supplement premium rates are required to be in effect for not less than 12 months. Effective dates shown for each Carrier are based on the most recent filing on record with the Division of Insurance.*

*\*Only available if eligible for Medicare prior to 1/1/2020. Moving from Supplement 1 to Supplement 1A may be subject to restrictions.*

**Medicare Supplement Plans  
Offered in Massachusetts  
2026**

<b>Medigap Carriers</b> Please note that some rates may change during 2026	<b>Medicare Supplement Core</b>	<b>Medicare Supplement 1*</b>	<b>Medicare Supplement 1A</b>
<b>Blue Cross &amp; Blue Shield of MA (Medex™)<sup>1,2</sup></b> 1-800-678-2265 sales/apps 1-800-258-2226 member services 711 (TDD) <a href="http://www.bluecrossma.com">www.bluecrossma.com</a> (continuous open enrollment)	<b>\$142.64</b> Effective 01/01/2026	<b>\$288.55</b> Effective 01/01/2026	<b>\$233.24</b> Effective 01/01/2026
Blue Cross Optional Preventive Care Benefits Rider	<b>\$ 2.88</b> Effective 01/01/2026	<b>\$ 2.88</b> Effective 01/01/2026	<b>\$ 2.88</b> Effective 01/01/2026
<b>Fallon Health &amp; Life Assurance Company</b> 1-866-330-6380 sales/apps 1-800-868-5200 member services TRS 711 <a href="http://www.fallonhealth.org/medsupp">www.fallonhealth.org/medsupp</a> (continuous open enrollment)	<b>\$195.50</b> Effective 01/01/2026	<b>\$327.25</b> Effective 01/01/2026	<b>\$240.35</b> Effective 01/01/2026
<b>HNE Insurance Company</b> 1-877-443-3314 711 (TTY) <a href="http://www.healthnewengland.org">www.healthnewengland.org</a> (continuous open enrollment)	<b>\$173.00</b> Effective 01/01/2026	<b>\$300.00</b> Effective 01/01/2026	<b>\$254.00</b> Effective 01/01/2026
<b>HNE Insurance Company</b> If you received communication that your former employer has a contracted relationship with below marketplaces please call: <ul style="list-style-type: none"> <li>• <b>AON Hewitt:</b> 800-350-1470 or visit <a href="http://retiree.aon.com">retiree.aon.com</a></li> <li>• <b>Towers Watson:</b> 866-322-2824 or visit <a href="http://my.viabenefits.com">my.viabenefits.com</a></li> </ul> (continuous open enrollment)	<b>\$173.00</b> Effective 01/01/2026	<b>\$300.00</b> Effective 01/01/2026	<b>\$254.00</b> Effective 01/01/2026

**Medicare Supplement Plans  
Offered in Massachusetts  
2026**

<b>Medigap Carriers</b> Please note that some rates may change during 2026	<b>Medicare Supplement Core</b>	<b>Medicare Supplement 1*</b>	<b>Medicare Supplement 1A</b>
<b>HPHC Insurance Company, Inc.</b> 1-877-906-4742 sales/apps 1-877-907-4742 member services 711 (TTY) <a href="http://www.hpforlife.org">www.hpforlife.org</a> (continuous open enrollment)	<p style="text-align: center;"><b>\$177.10</b> Effective 01/01/2026</p>	<p style="text-align: center;"><b>\$315.15</b> Effective 01/01/2026</p>	<p style="text-align: center;"><b>\$254.10</b> Effective 01/01/2026</p>
<b>Humana Benefit of Illinois, Inc.<sup>3</sup></b> 1-800-872-7294 sales/apps 1-800-866-0581 member services 1-800-833-3301 (TDD) <a href="http://www.humana.com">www.humana.com</a> (continuous open enrollment through March 31, 2026)	<p style="text-align: center;"><b>\$165.14</b> Effective 06/01/2025</p> <p style="text-align: center; color: red;">See important footnote below<sup>3</sup></p>	<p style="text-align: center;"><b>\$283.03</b> Effective 06/01/2025</p> <p style="text-align: center; color: red;">See important footnote below<sup>3</sup></p>	<p style="text-align: center;"><b>\$235.91</b> Effective 06/01/2025</p> <p style="text-align: center; color: red;">See important footnote below<sup>3</sup></p>
<b>Transamerica Life Insurance Company</b> 1-800-458-5736 (Group Medicare Supplement insurance sponsored exclusively for eligible members of the American Medical Association.) <a href="http://www.amainsure.com">www.amainsure.com</a> (continuous open enrollment)  1-800-247-1771 (Group Medicare Supplement insurance sponsored exclusively for eligible members of the American Institute of Certified Public Accountants (AICPA)) <a href="https://forms.cpai.com/personal-insurance/medicare-supp/">https://forms.cpai.com/personal-insurance/medicare-supp/</a> (continuous open enrollment)	<p style="text-align: center;"><b>\$157.07</b> Effective 12/01/2025</p> <p style="text-align: center; color: red;">(Note: the same rate applies for both AMA and AICPA coverage)</p>	<p style="text-align: center;"><b>\$271.68</b> Effective 12/01/2025</p> <p style="text-align: center; color: red;">(Note: the same rate applies for both AMA and AICPA coverage)</p>	<p style="text-align: center;"><b>\$243.43</b> Effective 12/01/2025</p> <p style="text-align: center; color: red;">(Note: the same rate applies for both AMA and AICPA coverage)</p>

## Medicare Supplement Plans Offered in Massachusetts 2026

<b>Medigap Carriers</b> Please note that some rates may change during 2026	<b>Medicare Supplement Core</b>	<b>Medicare Supplement 1*</b>	<b>Medicare Supplement 1A</b>
<b>Tufts Insurance Company</b> Sales: 1-888-508-1401 Customer Relations: 1-800-701-9000 711 (TTY) <a href="http://www.thpmp.org/medsupp">www.thpmp.org/medsupp</a> (continuous open enrollment)	<b>\$167.75</b> Effective 01/01/2026	<b>\$296.45</b> Effective 01/01/2026	<b>\$253.55</b> Effective 01/01/2026
Tufts Optional Dental Rider	<b>\$38.00</b> Effective 01/01/2026	<b>\$38.00</b> Effective 01/01/2026	<b>\$38.00</b> Effective 01/01/2026
<b>UnitedHealthcare Insurance Company</b> Only for members of AARP <a href="http://www.aarpmedicare supplement.co">www.aarpmedicare supplement.co</a> <a href="tel:1-800-523-5800">m 1-800-523-5800</a> (continuous open enrollment)	<b>\$176.75</b> Effective 06/01/2025	<b>\$317.50</b> Effective 06/01/2025	<b>\$247.25</b> Effective 06/01/2025

**\*Only available if eligible for Medicare prior to 1/1/2020. Moving from Supplement 1 to Supplement 1A may be subject to restrictions.**

NOTE: If new to Medicare, check with each plan to see what discounts they may offer.

<sup>1</sup>Medex Choice is no longer available to new customers, but existing members may remain enrolled. The premium is \$213.03/month in 2025.

<sup>2</sup>Medigap 2 cannot be sold to new customers after December 31, 2005, but existing members may remain enrolled. Medex Gold premium is \$1,107.54/month in 2026.

<sup>3</sup>Humana Benefit of Illinois, Inc. has notified the Division that it will stop selling all of its Medicare Supplement products beginning April 1, 2026, at which time these products will no longer be available to new customers. All existing members may remain enrolled.

In addition to the above-noted Medicare Supplemental plans, Massachusetts residents may enroll in Medicare Advantage Plans as well as Part D Prescription Drug Plans with the Centers for Medicare and Medicaid Services ("CMS"). For further information regarding these plans please visit the following website: <https://www.medicare.gov/find-a-plan/questions/home.aspx>

## 2026 Massachusetts Medicare Part D Standalone Prescription Drug Plans



Company	Plan Name/ Plan ID	Monthly Premium	Monthly Premium <u>with full LIS</u>
Aetna Medicare (1-833-526-2445) <a href="#">Aetna Medicare Prescription Drug Plans</a>	SilverScript Choice (S5601-004)	\$32.70	\$0
Blue MedicareRx (1-877-479-2227) <a href="#">BlueCross BlueShield Prescription Drug Plans</a>	Blue MedicareRx Value Plus (S2893-001)	\$20.70	\$0
	Blue MedicareRx Premier (S2893-003)*	\$238.60	\$202.80
Health Care Service Corp (1-800-735-1459) <a href="#">HealthSpring Prescription Drug Plans</a>	HealthSpring Assurance RX (S5617-008)	\$139.30	\$103.50
Humana (1-800-706-0872) <a href="#">Humana Prescription Drug Plans</a>	Humana Value Rx (S5884-182)*	\$73.60	\$37.80
	Humana Basic Rx (S5884-102)	\$ 8.40	\$0
	Humana Premier Rx (S5884-149)*	\$138.60	\$102.80

\*Drug Benefit Category = Enhanced Plans

## 2026 Massachusetts Medicare Part D Standalone Prescription Drug Plans



Company	Plan Name/ Plan ID #	Monthly Premium	Monthly Premium <u>with full LIS</u>
UnitedHealthcare (1-888-867-5564) <a href="#">United HealthCare Prescription Drug Plans</a>	AARP Medicare Rx Preferred from UHC (S5921-385)*	\$155.10	\$119.30
	AARP Medicare Rx Saver from UHC (S5921-348)	\$38.70	\$2.90
WellCare (1-866-859-9084) <a href="#">Wellcare Prescription Drug Plans</a>	WellCare Value Script (S4802-137)*	\$16.40	\$16.40
	WellCare Classic (S4802-076)	\$21.70	\$0.00

\*Drug Benefit Category = Enhanced Plans

Some Medicare beneficiaries may qualify for financial assistance through Low Income Subsidies (LIS), also known as “Extra Help”. Plans highlighted in blue have a \$0 premium for beneficiaries with full LIS (Extra Help).