PREVENT BURNS!


Stay away from burner or flame. Don’t wear loose clothing near fire.

Keep children away from stoves, outdoor grills, campfires, and fireplaces.

Don’t let appliance cords dangle where children can reach them.

Always turn off an iron when it’s unattended.

Keep hot liquids out of reach of children.

Turn down water heater to less than 125°. Higher temperatures can cause third degree burns (the worst) in two seconds!

FIRST DEGREE: Epidermis (top layer of skin) is damaged. Skin is red and may swell. Victim feels pressure and pain.

SECOND DEGREE: Epidermis and dermis (second layer of skin) damaged. Blistering may occur.

THIRD DEGREE: Epidermis, dermis, and nerve endings destroyed. Victim may or may not feel pain. Skin is discolored (white, brown, black or red) and leathery in texture. Muscle, fat, and bone may also be destroyed.

Protect your skin from the sun. Use tanning products with a high SPF rating.

Never use gasoline to start a fire. Use starter fluid with care.

Never smoke in bed.

Turn pot handles toward the back of the stove.
FIRST AID FOR BURNS

Stop, drop and roll!

Remove victim from area of danger.

Call 911 immediately.

Don’t remove clothing from the burn.

Cool burn area with cool water. Continuously flush a chemical burn.

Never put grease, butter, or ointment on a burn.

Cover burn with clean sheet or towel.

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