Buy Food Online with SNAP

Fact Sheet

What is SNAP?

SNAP (formerly food stamps) provides a monthly food benefit to buy healthy food

Where can I buy food online with SNAP?

ALDI (through the Instacart app), Amazon and Walmart. More retailers may be added later.

What can I buy?

You can buy SNAP EBT eligible foods.

Can I use my SNAP benefits to pay the delivery fee?

No. You must pay for fees with another form of payment, like a credit card or gift card.

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I receive TAFDC or EAEDC benefits. Can I use my cash benefits to buy items online?

No. You cannot use your cash benefits on an EBT card to buy online. If you have a bank account you can ask your case manager to sign up for direct deposit so your benefits go directly into your bank account.





Department of Transitional Assistance

Learn more or apply for SNAP:

Mass.gov/SNAPonline



