



Working in the Community to Prevent and Reduce Bullying

Caregiver engagement can play an important role in bullying prevention.

A comprehensive multitiered bullying prevention model

Work in partnership with caregivers to build healthy and safer environments for youth and adults to thrive.

Bullying is a form of youth violence. The CDC defines bullying as any unwanted aggressive behavior(s) by another youth or group of youth who are not siblings or current dating partners that involves an observed or perceived power imbalance and is repeated multiple times or is highly likely to be repeated. Bullying may inflict harm or distress on the targeted youth including physical, psychological, social, or educational harm.

Caregiver engagement

Caregivers can:

- Talk to their children about bullying to help them understand why it is harmful and how to respond
- Help identify and monitor incidents of bullying behavior and reinforce bullying prevention strategies with their child at home
- Build up a child's emotional resources by underlining that there are people who love and care for them
- Model how to treat others with respect
- Help prevent and address bullying by using evidence-based best practices

Practicing equitable partnerships with caregivers

Treat caregivers as partners with shared decision-making and information exchange. Include them in the development and the revising of bullying prevention policies.

Resources for Caregivers

[How to Manage Bullying Behavior Guide for Caregivers – Youth Village Stories](#)

[Talking with Teens about Bullying – Olweus Bullying Prevention \(2011\)](#)