

Community Behavioral Health Promotion and Prevention Commission



**Joan Mikula
Commissioner
Department of Mental Health**

**November 13, 2019
3:00-5:00 pm**

**One Ashburton Place
21st floor, CR 1 & 2**



Agenda



- 1. Welcome**
- 2. Approval of Minutes from Previous Meeting**
- 3. Presentation on School Mental Health Resources and Trainings (MHANYS)**
- 4. Commission Funding for the Current Fiscal Year: Opportunities and Challenges**
- 5. Discussion of Commission Priorities and Structured Process for Generating and Reviewing Ideas**
- 6. Wrap-up and Timeline Review**



School Mental Health Resources and Trainings (MHANYS)



John Richter
Director of Public Policy
Mental Health Association in New York State



Key Principles



INVESTMENT is UPSTREAM – beginning before issues appear

AN INTEGRATED BEHAVIORAL HEALTH APPROACH - instead of silo-ing behavioral health issues

THE SCIENCE OF PREVENTION is apparent - to ensure limited dollars help the people they are intended to serve

INVESTMENT is ACROSS THE CONTINUUM OF CARE: PROMOTION -> PREVENTION-> TREATMENT -> RECOVERY – rather than siphon dollars from treatment and recovery

ADDS, ENHANCES or BUILDS INFRASTRUCTURE FOR LOCAL PREVENTION AND PROMOTION – seeing evidence-based community coalitions as key

PARTNERS with INTERDISCIPLINARY PUBLIC AND PRIVATE STAKEHOLDERS IN PREVENTION AND PROMOTION – to reduce silos and foster interdisciplinary partnerships at both the local and state level



Rubric



Scale:

1 = There is unclear evidence for meeting this criteria

2 = There is partial evidence for meeting this criteria

3 = There is clear evidence for meeting this criteria

Ideas for Investments	Focuses on upstream prevention (before issues appear)	Applies prevention science and ensures limited dollars match the identified purpose	Incorporates the continuum of care, from Promotion, Prevention, Integration of Behavioral Health, Treatment, Recovery	Enhances or builds local prevention infrastructure and capacity	Partners with public/private and interdisciplinary stakeholders



Core Concepts of Promotion/Prevention



- Promotion and prevention framework requires a paradigm shift
- Mental health and physical health are inseparable
- Successful promote/prevention is inherently interdisciplinary
- Mental, emotional, and behavioral health disorders are developmental
- Coordinated community level systems are needed to support promotion and prevention
- Developmental perspective is key
- Adaption for different cultures and large-scale dissemination is essential from the beginning of any promote/prevent effort.



Timeline



Key Dates

January 13, 2020 from 3:00-5:00 pm

February 24, 2020 from 3:00-5:00 pm

March 1st – Submission of Annual Report to the Legislature