

Community Behavioral Health Promotion and Prevention Commission



**Joan Mikula
Commissioner
Department of Mental Health**

**January 13, 2020
3:00-5:00 pm**

**One Ashburton Place
21st floor, CR 1 & 2**



Agenda



- 1. Welcome**
- 2. Approval of Minutes from Previous Meetings**
- 3. Continued Discussion of Commission Priorities**
- 4. Scheduling 2020 Meetings**



Rubric



Scale:

1 = There is unclear evidence for meeting this criteria

2 = There is partial evidence for meeting this criteria

3 = There is clear evidence for meeting this criteria

Ideas for Investments	Focuses on upstream prevention (before issues appear)	Applies prevention science and ensures limited dollars match the identified purpose	Incorporates the continuum of care, from Promotion, Prevention, Integration of Behavioral Health, Treatment, Recovery	Enhances or builds local prevention infrastructure and capacity	Partners with public/private and interdisciplinary stakeholders



Core Concepts of Promotion/Prevention



- Promotion and prevention framework requires a paradigm shift
- Mental health and physical health are inseparable
- Successful promote/prevention is inherently interdisciplinary
- Mental, emotional, and behavioral health disorders are developmental
- Coordinated community level systems are needed to support promotion and prevention
- Developmental perspective is key
- Adaption for different cultures and large-scale dissemination is essential from the beginning of any promote/prevent effort.



Timeline



Key Dates

February 24, 2020 from 3:00-5:00 pm

March 1st – Submission of Annual Report to the Legislature

2020 Meetings