



2019 Multicultural Mental Health Resource Directory

MA Department of Mental Health

[Resource Directory Home Page](#)

Central Massachusetts Area

Ashburnham	Gardner	Natick	Sterling
Ashby	Gilbertville	Needham	Sturbridge
Ashland	Grafton	New Braintree	Sudbury
Auburn	Groton	Newton	Sutton
Ayer	Harvard	Norfolk	Templeton
Barre	Hardwick	Northbridge	Townsend
Bellingham	Holden	Northborough	Upton
Berlin	Holliston	North Brookfield	Uxbridge
Blackstone	Holland	North Grafton	Wales
Bolton	Hopedale	Norwood	Walpole
Boylston	Hopkinton	Oakham	Warren
Brimfield	Hubbardston	Oxford	Webster
Canton	Hudson	Paxton	Wellesley
Brookfield	Lancaster	Pepperell	West Boylston
Charlton	Leicester	Plainville	West Brookfield
Clinton	Leominster	Princeton	Westborough
Dedham	Lunenburg	Rutland	Westminster
Douglas	Marlborough	Sharon	Weston
Dover	Medfield	Sherborn	Westwood
Dudley	Medway	Shirley	Whitinsville
East Brookfield	Mendon	Shrewsbury	Winchendon
Fitchburg	Milford	Southbridge	Worcester
Foxboro	Millbury	Southborough	Wrentham
Framingham	Millis	Southbridge	
Franklin	Millville	Spencer	

ORGANIZATION	SERVICES OFFERED	LANGUAGES OTHER THAN ENGLISH
<p>Advocates, Inc. and Advocates Deaf Services</p> <p>1881 Worcester Road Framingham, MA 01701 508-628-6300</p> <p>24/7 Hotline: 1-800-640-5432 Video Phone: 774-999-0606 Email: DeafInquiries@Advocates.org</p> <p>advocates.org</p>	<ul style="list-style-type: none"> - 24 hour crisis support hotline, emergency services and mobile crisis intervention - Residential services - Outpatient mental health services - Resources for deaf employees - Individual, family, couples, and group therapy - Medication management - Youth and family services 	<ul style="list-style-type: none"> - American Sign Language (ASL)
<p>African Children Education</p> <p>24 Chatham Street Worcester, MA 01609 508-799-3653</p> <p>acechildren.org</p>	<ul style="list-style-type: none"> - Tutoring - Mentoring - Life skills training - Home visitation with families - Extracurricular activities: dance, soccer 	<ul style="list-style-type: none"> - Swahili - Haitian Creole - Arabic - Somali - Farsi
<p>ARISE (Advocacy for Refugee and Immigrant Services for Empowerment)</p> <p>10 Gordon Road Shrewsbury, MA 01545 617-446-3706</p> <p>ariseus.org</p>	<ul style="list-style-type: none"> - Nepali language reference guide for healthcare providers in Worcester - Citizenship assistance class - Community social events - Youth programs - Suicide prevention program 	<ul style="list-style-type: none"> - Nepali
<p>Ascentria Care Alliance</p> <p>11 Shattuck Street Worcester, MA 01605 774-243-3100</p> <p>ascentria.org</p>	<ul style="list-style-type: none"> - Mental health and disability services - Refugee and immigrant services - Immigration legal assistance 	<ul style="list-style-type: none"> - Interpreter services available

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<p>Boston Health Care</p> <p>1600 Providence Highway, Suite 167 Walpole, MA 02081 508-660-7974</p> <p>bostonhealthcareinc.com</p>	<ul style="list-style-type: none"> - Individual, couples, group, and family therapy - Child, adolescent, and adult services - Medication management - Substance abuse counseling 	<ul style="list-style-type: none"> - Arabic - Greek - Urdu
<p>Callahan Center</p> <p>535 Union Avenue Framingham, MA 01702 508-532-5980</p> <p>framinghamma.gov/360/Council-on-Aging</p>	<ul style="list-style-type: none"> - Recreational and social events - Substance abuse and mental health education - Caregiver support groups - Legal services - Computer classes 	<ul style="list-style-type: none"> - Spanish
<p>Center for Health Impact</p> <p>35 Harvard Street, Suite 300 Worcester, MA 01609 508-756-6676</p> <p>centerforhealthimpact.org</p>	<ul style="list-style-type: none"> - Community health worker training - Consultations - Curriculum development - Training and technical assistance - Community based participatory research & qualitative research 	<ul style="list-style-type: none"> - Interpreter and translation services
<p>Center for Living and Working, Inc.: Deaf and Hard of Hearing Independent Living Services</p> <p>484 Main Street Denholm Building, Suite 345 Worcester, MA 01608</p> <p>Voice: 508-798-0350 TTY: 508-755-1003 Video Phone: 508-762-1164</p> <p>centerlw.org</p>	<ul style="list-style-type: none"> - Independent living skills training - Advocacy - Peer mentoring - Crisis intervention - Community education - Referrals 	<ul style="list-style-type: none"> - American Sign Language (ASL)

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<p>Centro Las Americas</p> <p>11 Sycamore Street Worcester, MA 01608 508-798-1900</p> <p>centroinc.org</p>	<ul style="list-style-type: none"> - In-home therapy - Therapeutic Mentoring - Youth and family support programs - Community outreach 	<ul style="list-style-type: none"> - Spanish - Portuguese - Haitian Creole - Arabic - Vietnamese
<p>Children's Friend</p> <p>21 Cedar Street Worcester, MA 01609 508-753-5425</p> <p>sevenhills.org/affiliates/childrens-friend</p>	<ul style="list-style-type: none"> - Child and family counseling - Psychological testing - Adoption services - Early childhood learning 	<ul style="list-style-type: none"> - Spanish - French - Italian
<p>Community Healthlink, Inc.</p> <p>275 Belmont Street Worcester, MA 01604 508-791-3261</p> <p>communityhealthlink.org</p>	<ul style="list-style-type: none"> - Family support and training - Psychotherapy - Psychiatry - Counseling for children, youth, adults, and families - Crisis intervention - Victim services and advocacy - Intensive Care Coordination 	<ul style="list-style-type: none"> - Spanish - Portuguese - Thai
<p>Counseling and Assessment Clinic of Worcester, LLC</p> <p>38 Front Street, 5th floor Worcester, MA 01608 508-756-5400</p> <p>33 Electric Avenue, Suite 204 Fitchburg, MA 01420 978-345-9400</p> <p>cacworcester.org</p>	<ul style="list-style-type: none"> - Life skills training - Medical and outpatient coordination - Crisis plan development - Peer support and self-help groups - Therapeutic Mentoring - In-home and outpatient therapy - Group therapy - Substance abuse services - Medication management 	<ul style="list-style-type: none"> - Spanish

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<p>Everyday Miracles</p> <p>25 Pleasant Street Worcester, MA 01609 508-799-6227</p> <p>everydaymiraclesprsc.org</p>	<ul style="list-style-type: none"> - Community outreach - Housing, furniture and clothing referrals - Peer mentoring and support - Support groups and meetings - Health and wellness workshops - Computer classes - Recovery Coaching 	<ul style="list-style-type: none"> - Spanish
<p>Family Continuity Programs (FCP)</p> <p>29 East Mountain Street Worcester, MA 01606 508-755-0556</p> <p>76 Church Street, Suite 301 Whitinsville, MA 01588 508-234-4181</p> <p>familycontinuity.org</p>	<ul style="list-style-type: none"> - Family and community based services - Cultural Broker Support Program - Outpatient mental health services - School based behavioral health 	<p>Cultural Broker Support Program available in:</p> <ul style="list-style-type: none"> - Spanish - Arabic - Nepali - Somali
<p>Friendly House</p> <p>36 Wall Street Worcester, MA 01604 508-755-4362</p> <p>friendlyhousema.org</p>	<ul style="list-style-type: none"> - Homeless family shelter - Emergency food pantry - Immigration assistance - After school programs - Referrals 	<ul style="list-style-type: none"> - Spanish

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<p>Hearing Loss Association of Central Massachusetts</p> <p>Headquarters address: 7910 Woodmont Avenue, Suite 1200 Bethesda, MD 20814</p> <p>Meetings at Northborough Library: 34 Main Street Northborough, MA 01532 301-657-2248</p> <p>Email: info@hearinglosscentralma.org</p> <p>hearinglosscentralma.wordpress.com</p>	<ul style="list-style-type: none"> - Monthly meetings on topics relating to hearing loss - Information and peer support 	<ul style="list-style-type: none"> - American Sign Language (ASL) - Computer Aided Real Time Captioning (CART)
<p>Hector Reyes House Latin American Health Alliance</p> <p>27 Vernon Street Worcester, MA 01610 508-459-1801</p> <p>lahaworc.org</p>	<ul style="list-style-type: none"> - Residential substance abuse treatment for Latino men - English for Speakers of Other Languages (ESOL) - Educational programs for literacy and GED completion - Physical fitness, nutrition education, and disease management - Alcoholics Anonymous, Narcotics Anonymous, and other 12 step programs - Vocational and social skills training 	<ul style="list-style-type: none"> - Spanish - Portuguese
<p>Jewish Community Center</p> <p>633 Salisbury Street Worcester, MA 01609 508-756-7109</p> <p>worcesterjcc.org</p>	<ul style="list-style-type: none"> - Health and fitness classes - Summer camp - Childcare - Teen events and sports - Programs for elders - Cultural arts 	

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<p>Kiva Center</p> <p>209 Shrewsbury Street Worcester, MA 01604 508-751-9600</p> <p>centralmassrlc.org</p>	<ul style="list-style-type: none"> - Mental health peer support - Support groups - Social events - Arts, Yoga, and Zumba 	<ul style="list-style-type: none"> - American Sign Language (ASL) - Spanish - Portuguese
<p>Latino Health Insurance Program</p> <p>88 Waverly Street, 1st Floor Framingham, MA 01702 508-875-1237</p> <p>Locations in Milford and Worcester</p> <p>lhiprogram.org</p>	<ul style="list-style-type: none"> - Community health education - Chronic disease self-management program - Medical clinic - Social services navigation: SNAP/food stamps, WIC application assistance - Health insurance navigation - Care coordination 	<ul style="list-style-type: none"> - Spanish - Portuguese
<p>Learning Center for the Deaf</p> <p>848 Central Street Framingham, MA 01701 508-879-5110 Video Phone: 774-999-0941</p> <p>tlcdeaf.org</p>	<ul style="list-style-type: none"> - American Sign Language classes (ASL) - Audiology - Walden Community Services: Comprehensive services to families with a Deaf or Hard of Hearing member - Public school partnerships - Interpreting services 	<ul style="list-style-type: none"> - American Sign Language (ASL)
<p>LUK Crisis Center</p> <p>545 Westminster Street Fitchburg, MA 01420 978-345-0685</p> <p>251 Main Street Webster, MA 01570 508-640-0011</p> <p>40 Southbridge Street Worcester, MA 01608 508-672-3000</p> <p>luk.org</p>	<ul style="list-style-type: none"> - Youth development - Substance abuse prevention - Psychiatry - Mental health assessment and treatment - Addictions treatment - Referrals - Foster care services - Residential programs - Young adult services 	<ul style="list-style-type: none"> - Spanish - Interpreter services available

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<p>Martin Luther King Jr. Opportunity Center, SMOC</p> <p>237 Chandler Street Worcester, MA 01609 508-756-6330</p> <p>mlkj-oc.org</p>	<ul style="list-style-type: none"> - Homeless services - Shelter - Housing services - Community outreach - Employment assistance 	<ul style="list-style-type: none"> - Spanish - Portuguese
<p>Multicultural Wellness Center</p> <p>250 Commercial Street Worcester, MA 01608 508-752-4665</p> <p>515 Main Street, 1st Floor Fitchburg, MA 01420 978-343-3336</p> <p>multiculturalwellness.org</p>	<ul style="list-style-type: none"> - Outpatient therapy - In-home therapy - Culturally centered counseling - Balancing Life and Recovery support group - Therapeutic Mentoring - Substance abuse services 	<ul style="list-style-type: none"> - Arabic - Bangladeshi - Cape Verdean - French - Haitian Creole - Hindi - Japanese - Patois - Punjabi - Portuguese - Russian - Spanish - Swahili - Ibo-Nigerian - Twi
<p>Our Deaf Survivors Center</p> <p>12 Meade Street Worcester, MA 01610 978-451-7225</p> <p>Email: CBosdc414@gmail.com</p> <p>odscunity.org</p>	<ul style="list-style-type: none"> - Sexual violence and domestic violence services - Advocacy - Website has list of Signing Therapists in Massachusetts - Trainings for culturally and linguistically accessible services for Deaf victims/survivors 	<ul style="list-style-type: none"> - American Sign Language (ASL)

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<p>Pathways for Change: Deaf Survivors Program</p> <p>588 Main Street Worcester, MA 01608 Video Phone: 508-502-7681 24 hour Hotline: 800-870-5905</p> <p>pathwaysforchange.help/pfc/agency-programs/deaf-survivors-program</p>	<ul style="list-style-type: none"> - Culturally appropriate and accessible crisis counseling and advocacy services for survivors of sexual violence who are Deaf and Hard of Hearing - Medical, police, and court accompaniment - Workshops and consultation - Support groups 	<ul style="list-style-type: none"> - American Sign Language (ASL) - Spanish
<p>Refugee & Immigrant Assistance Center</p> <p>340 Main Street, Suite 802 Worcester, MA 01608 508-756-7557</p> <p>riacboston.org</p>	<ul style="list-style-type: none"> - Youth enrichment - Civics tutoring, citizenship, and Green Card services - Domestic violence advocacy - Community support program - Employment services - Extended case management - Refugee resettlement - Community mental health clinic 	<ul style="list-style-type: none"> - Somali - Arabic - Farsi - Spanish - Swahili - French
<p>Riverside Community Care</p> <p>270 Bridge Street, Suite 301 Dedham, MA 02026 781-329-0909</p> <p>riversidecc.org</p>	<ul style="list-style-type: none"> - Outpatient counseling - Emergency services - Early childhood services and early intervention - Home-based services - Community living services - Suicide prevention education - Domestic violence services - Employment services - Therapeutic Mentoring - Family support 	<ul style="list-style-type: none"> - Cantonese Chinese - Mandarin Chinese - Korean - Portuguese - Russian - Spanish - Arabic - Greek - French

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<p>Sarah Care /Adult Day Health</p> <p>1217 Grafton Street Worcester, MA 01604 508-756-7272</p> <p>sarahcare.com/Worcester</p>	<ul style="list-style-type: none"> - Adult day services - Customized programs of individual and group activities - Nursing services - Ancillary care - Transportation 	<ul style="list-style-type: none"> - Vietnamese - Chinese
<p>SMOC Behavioral Health Services</p> <p>7 Bishop Street Framingham, MA 01702 508-872-4853</p> <p>255 Main Street, Suite 113 Marlborough, MA 01752 508-460-9699</p> <p>smoc.org</p>	<ul style="list-style-type: none"> - Adult mental health services - Child, adolescent, and family counseling - Family shelter - Rape crisis services - Emergency housing for women - Substance abuse services - Domestic violence and sexual assault services - Young adult residential services and case management - Recovery programs 	<ul style="list-style-type: none"> - Spanish - Portuguese
<p>Southeast Asian Coalition of Central Massachusetts</p> <p>484 Main Street, Suite 400 Worcester, MA 01608 508-791-4373</p> <p>seacma.org</p>	<ul style="list-style-type: none"> - Youth groups - Refugee assistance - Cultural arts - Referrals - Health and wellness programs - Economic development - Language classes - Career services 	<ul style="list-style-type: none"> - Laotian - Cambodian - Vietnamese - Thai

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<p>Spanish American Center</p> <p>112 Spruce Street Leominster, MA 01453 978-534-3145</p> <p>spanishamericancenter.org</p>	<ul style="list-style-type: none"> - Asthma awareness - Breast cancer education - English for Speakers of Other Languages (ESOL) - Food pantry - Domestic violence services and counseling - After school program - Elders program - Homeless services 	<ul style="list-style-type: none"> - Spanish
<p>UMass Memorial Health Care Behavioral/Psychiatric Services</p> <p>281 Lincoln Street Worcester, MA 01605 508-334-1000</p> <p>Other locations in Worcester</p> <p>umassmemorialhealthcare.org</p>	<ul style="list-style-type: none"> - Outpatient and inpatient psychiatry - Substance abuse services - Depression Specialty Clinic - Individual and family therapy - Psychopharmacology - Women’s behavioral health program - Neuropsychology - Emergency mental health care 	<ul style="list-style-type: none"> - American Sign Language (ASL) - Interpreter services available
<p>United Hmong of Massachusetts, Inc.</p> <p>21 Culley Street, Suite 104 Fitchburg, MA 01420 978-343-3831</p> <p>unitedhmong.org</p>	<ul style="list-style-type: none"> - Social services - Translation services - Cultural events - Community advocacy 	<ul style="list-style-type: none"> - Hmong

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<p>Worcester Adult Day Health/Renaissance</p> <p>81 Lafayette Street Worcester, MA 01608 508-831-7500</p> <p>daycarein.com/adult-daycare/worcester_ma_city.html</p>	<ul style="list-style-type: none"> - Adult day services - Customized programs of individual and group activities - Nursing services - Ancillary care - Transportation 	<ul style="list-style-type: none"> - Russian - Albanian - Spanish
<p>Youth Opportunities Upheld, Inc.</p> <p>81 Plantation Street Worcester, MA 01604 508-849-5600</p> <p>youinc.org</p>	<ul style="list-style-type: none"> - Outpatient individual and family therapy - Early childhood mental health consultation - Substance abuse program for adolescents ages 13-18 - Residential mental health treatment - Therapeutic Day Treatment 	<ul style="list-style-type: none"> - Spanish - Portuguese - American Sign Language (ASL) and other services for those with impaired hearing
<p>Zia Access Center</p> <p>At The Bridge of Central MA 4 Mann Street Worcester, MA 01602 508-751-9600</p> <p>At the Kiva Center 209 Shrewsbury Street Worcester, MA 01602 774-242-6364</p> <p>centralmassrlc.org</p>	<ul style="list-style-type: none"> - Young adult peer support - Employment assistance - LGBTQIA+ services - Research opportunities with paid stipends 	<ul style="list-style-type: none"> - Spanish