



MASSACHUSETTS

Department of Early Education and Care

Child Care Provider Safe Sleep Pledge to Reduce the Risk of Sudden Infant Death Syndrome (SIDS)

All child care providers caring for infants must pledge that they are adhering to EEC's Safe Sleep regulations, policies, and procedures for each infant in their care that is under 12 months of age.

These include but are not limited to:

Talking about safe sleep with families by:

- Discussing Safe Sleep practices with parents and providing Safe Sleep information;
- Informing parents about the program's obligations to abide by EEC's Safe Sleep policies and regulations; and
- Informing parents about the program's procedures should an emergency occur.

Making sleep a safe time by:

- Always putting all infants under 12 months of age to sleep on their back;¹
- Always putting infants in a crib, bassinet, or port-a-crib (never in a bed, car seat, swing, sofa, or chair) that contains no toys, no stuffed animals, and no soft bedding;
- Never covering an infant's head;
- Keeping all sleeping infants where they can be heard and checked on frequently while they sleep; (Note: all infants enrolled in the child care program under 6 months of age must be in direct visual supervision at all times for the first six weeks they are in care)
- Keeping the room temperature comfortable (between 68-72 degrees Fahrenheit); and
- Keeping the sleep environment smoke free.

In case of an emergency, we will:

- Call 911 immediately.
- Ensure that at least one person with current CPR and First Aid certification is always on the premises when children are present.

I understand that EEC may take swift and significant adverse action if any further violations related to Safe Sleep are found at my child care program, including freezing enrollment of infants, revocation, suspension, and/or refusal to renew my program's license.

Licensee or Designee Signature

Date

¹ Unless the infant's health practitioner has ordered an alternative sleeping position in writing, or the infant can turn on their own and had turned onto their back under their own power.