Childhood Trauma Task Force

January 3rd 11am – 12:30 pm



Agenda

- Welcome and Introductions
- Review of the Open Meeting Law
- Review of Statute (Task Force Charge)
- Review and Discussion of Proposed Year 1 Work Plan
- Presentation on State Agency Survey Results



Introductions

Name	Organization
Maria Mossaides	Child Advocate, <i>Chair</i>
Representative Carolyn Dykema	House of Representatives (Majority)
Awaiting Designee	House of Representatives (Minority)
Senator Joseph Boncore	Senate (Majority)
Awaiting Designee	Senate (Minority)
Thomas Capasso	Chief Justice, Juvenile Court
John Millett	Designee, Massachusetts Probation Services
Yvonne Sparling	Designee, Department of Youth Services
Linda Spears	Commissioner, Department of Children & Families
Laura Brody	Designee, Department of Children & Families
Nancy Connolly	Designee, Department of Mental Health
Babanina James	Designee, Department of Public Health

Introductions

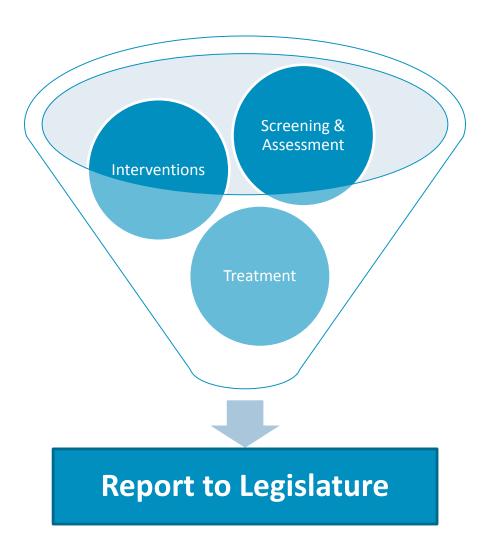
Name	Organization
Stacy Cabral	Designee, Executive Office of Education
Claudia Dunne/Barbara Kaban	Designee, Committee for Public Counsel
	Services
Awaiting Designee	Massachusetts District Attorneys
	Association
Ruth Budelmann	Chair, Juvenile Justice Advisory Committee
Kate Lowenstein	Designee, Citizens for Juvenile Justice
Tammy Mello	Designee, Children's League of
	Massachusetts
Chief Kevin Kennedy	Designee, Massachusetts Chiefs of Police
	Association
Awaiting Designee	Parent Representative
Awaiting Designee	Parent Representative
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Awaiting Designee	Data Systems Representative

Summary of Statutory Requirements

- Review current processes for identifying school-aged children who have experienced trauma
- Review current means of providing services to help children recover from the psychological damage caused by trauma
- Examine the feasibility of providing school-based trainings on trauma screening, assessment, and interventions as well as the need for diagnostic tools
- Study **gender-responsive and trauma-informed approaches** to treatment services for youth in the juvenile justice system make recommendations for improvements

PROPOSED YEAR 1 CTTF WORK PLAN

What's the End Goal?





Proposed Year 1 Objectives

Understand & Document Current Practices

Identify Gaps and Areas for Improvement

Develop Policy & Budget Recommendations



Questions to Be Answered:

How are we identifying children who have experienced trauma?

- How do we define trauma?
- Who/where do we identify children?
- What methods or tools do we use and in what settings?
- Once we have identified trauma, what comes next?

What services do we provide to help children recover from effects of trauma?

- How do we determine what services are necessary?
- Who provides services, and where are they provided?
- What types of services are provided?
- How do we measure if they are effective?

How are we adapting our processes and practices to be more trauma-informed?

- What training and tools do we provide for staff?
- What policies and processes are we changing and developing as our understanding of trauma grows?
- Given how widespread trauma/the experience of ACES is, how are we building resiliency in all our children?
- What data are we collecting to measure scope of problem and/or progress?



Who Has a Role to Play? *

Families Parents Extended Family

Communities **Schools** Community **Providers** Family Resource Centers

State **Agencies** DCF **DMH** DPH **DESE** DYS

Justice System Law Enforcement Courts **Probation Defense Attorneys District Attorneys**



Potential Methods for Gathering Information:

Surveys

- **□**Schools
- ☐ Community Providers
- ☐State Agencies
- ☐ Justice System
 Practitioners

Regional Meetings or Focus Groups

- **□** Families
- ☐ School Leaders
- ☐ Justice System
 Practitioners



Discussion Questions:

- Do we need to narrow our focus for the first year? Ways to narrow could include:
 - Setting (e.g. schools)
 - Timeframe (e.g. post-arrest)
 - Process point (e.g. screening & assessment)
- Are there additional questions to be answered? (see slide 9)
- Are there additional methods for gathering information about current practices we should consider? (see slide 11)
 - Are there data sets we should be aware of?



Identify Gaps & Areas for Improvement

Develop Shared Goals & Vision

- Understanding of Current System & CTTF Member Expertise
- Promising Practices & Research

Identify Gaps

• e.g. Services; Training

Identify Barriers to Improvement

- Statutory
- Financial



Identify Gaps & Areas for Improvement

Engaging Outside Expertise & Learning About Promising Practices

Examples of potential invited presenters:

- Center on the Developing Child
- Trauma and Learning Policy Initiative
- UMass Child Trauma Training Center
- Child Trauma Institute
- Alliance for Inclusion & Prevention
- Institute for Health & Recovery
- The Trauma Center
- National Center for Mental Health and Juvenile Justice
- A "Trauma Sensitive" School District



Identify Gaps & Areas for Improvement

Discussion Questions:

- Would invited presentations help the CTTF achieve objectives?
- If so, are there particular presenters we should prioritize (or avoid)? Who is missing from the list?
- Are there particular topics the group would like presentations on?
- What other supports would help this group identify areas for improvement and ideas for change?

Develop Policy & Budget Recommendations

Questions to Be Answered:

- What role can/should state government play in identifying and addressing childhood trauma?
- What are the CTTF's Year 1 Recommendations?
- What information will best support those recommendations?



Draft Timeline to Produce Legislative Report

• Design/distribute surveys Invited speakers January Regional Meetings/Focus Groups May: • Develop shared goals Set priorities • Discuss gaps and barriers June - Refine priorities August: • Identify potential action steps • Finalize recommendations September-November: • Review/Edit Draft Report Issue Report



Overall Discussion Questions

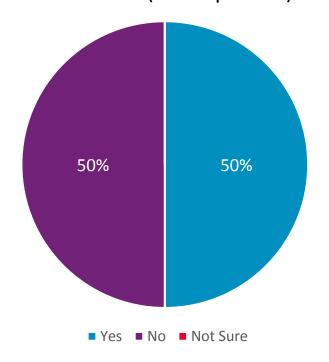
- Are these the right objectives?
- Will this process help us achieve these objectives?
- Does this timeline seem feasible?
 - Are ~monthly meetings reasonable?
- Are there key voices missing from the table? If so, how should we include them?



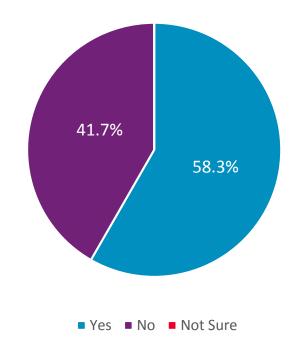
SURVEY FINDINGS

Defining Trauma

Does your agency or office define "trauma"? (12 responses)



Does your agency or office define "trauma-informed care" or "trauma-informed approach"? (12 responses)





Defining Trauma

Similarities	Differences
Trauma is the <u>response</u> a person has to one or more events	Descriptions/examples of what the responses might look like: physically harmful, emotionally harmful, "strong reactions," decrease in daily functioning skills
Precipitating events described as overwhelming and/or stressful	2. Descriptions of the long-term impact of trauma



Defining Trauma-Informed Care

Understand the Impact of Trauma

Proper Response to Trauma

Trau

- Clients
- Providers

Impact on Who?

Others?

Trauma-Informed Trauma-Sensitive

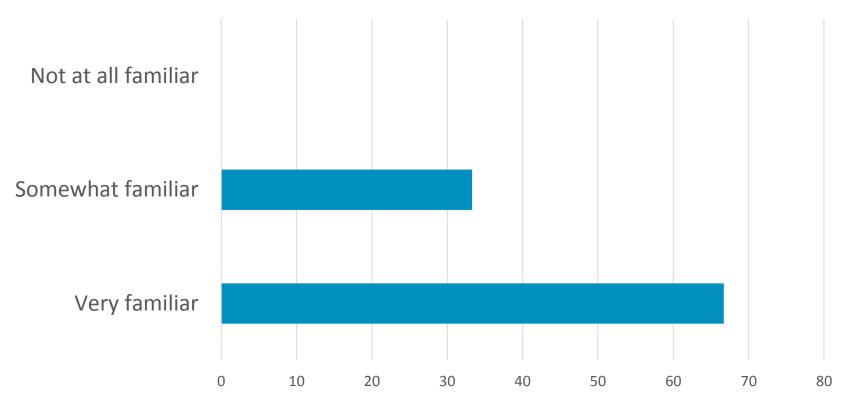
What kind of trauma?

- Individual experiences
- Historical
- Institutional
- Structural
- Others?



ACEs Knowledge

How familiar are you with the ACES studies?





Trauma Training

Who?

- All staff required
- Voluntary
- Voluntary for some staff, required for others
- Different trainings for different populations served

When?

- New staff orientation
- Annual trainings
- Core training
- Forums

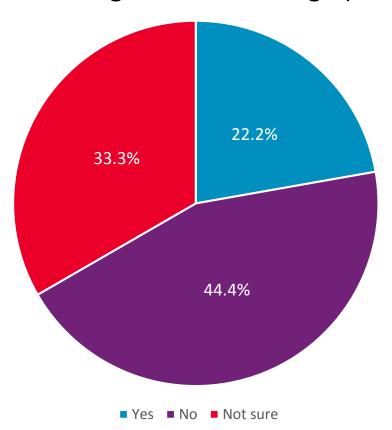
How often?

- Annually (required)
- Annually (optional)
- Ongoing



Quality Assurance

Do you have any quality assurance procedures in place to support staff in implementing the trauma-informed care/approach taught in the training? (9 responses)





Other Trauma-Related Initiatives



Questions/Comments?



Contact

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