**Healthy Snack**

Chocolate Chip Cheerios Muffins

Serves 12

**Ingredients**

2 cups Cheerios cereal

1¼ cups all-purpose flour

1/3 cup light brown sugar, packed

1 teaspoon baking powder

1 teaspoon ground cinnamon

¾ teaspoon baking soda

1 cup applesauce

1/3 cup fat-free milk

2 tablespoons vegetable oil

1 egg

1/3 cup miniature semisweet chocolate chips

**Preparation**

Preheat the oven to 400˚F. Place paper baking cups in a regular 12 muffin pan.

Place cereal in a resealable plastic bag and seal bag. Using a rolling pin, crush cereal.

Pour into a large bowl. Add flour, brown sugar, baking powder, cinnamon and baking soda. Mix well.

Stir in remaining ingredients, just until moistened.

Divide batter evenly among muffin cups.

Bake 18-22 minutes or until golden brown.

Immediately remove from muffin tins. Cool 5 minutes before serving.

*Adapted with permission from Delaware WIC program.*