You can beat the heat and stay safe by:

Looking for signs that say "No Swimming." If you see a sign, don’t go into the water past your ankle.

Know the signs of drowning: it’s quieter and faster than you think.

Call 911 immediately if you think someone is drowning.

Do not try to rescue someone from the water unless you are trained in water rescue.

What’s Hiding Under the Surface?

Hidden dangers can be deadly, even for experienced swimmers.

Steep drop-offs that can take you by surprise

Invisible currents that can sweep you away or tire you out

More distance to reach that island than you think

Cold water that can shock your system and impair your ability to react

Tree limbs, plants, rocks and other obstacles that you can get stuck on

Mass.gov/WaterSafety