

# Community-Based Services and Supports for Massachusetts Residents Living with Dementia and Their Care Partners

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## Accessing Phone Referrals

**MassOptions** - A free call center in Massachusetts that connects older adults, people of any age living with disabilities (including dementia), and their caregivers with agencies and organizations that can best meet their needs. To speak to a MassOptions specialist, call **800-243-4636** Monday-Friday, 9:00 am to 5:00 pm.



## Exploring Options Online

**Alzheimer's Disease and Related Dementias, Executive Office of Aging & Independence** - A website listing services, information, and resources for Massachusetts residents living with dementia and their caregivers.

<https://www.mass.gov/alzheimers-disease-and-related-dementias>

**MassOptions** - A website where older adults, individuals with disabilities (including dementia), and their caregivers can find information about services in Massachusetts that can best meet their needs. A chat feature and online referral option are also available for easy access to this information.

<https://www.massoptions.org/massoptions/long-term-supports-and-services/>



## Attaining 24/7 Support and Advice

**The Alzheimer's Association Helpline** - A free service in which specialists and clinicians offer confidential support and information to people living with Alzheimer's Disease and all other forms of dementia, caregivers, families, and the public. Additionally, helpline staff are available to answer questions around any brain health concerns. The Association also offers education programs, support groups, and social events. To speak with someone directly, call the Association's 24/7 Helpline at **800-272-3900**.