



**Outpatient Mental Health & Substance Abuse Treatment.** Individual, family & group **therapy; parent** consultation; integrated mental health/addictions treatment; short term treatment; psychiatric evaluation; medication management. **Services provided in either clinic or school settings.** While we are working remotely, Call: 508-374-3383. Once in person services resume, our walk-in hours for intake are M-Th 9AM-4PM and Fr 9AM-3PM.

**Driver Alcohol Education.** CCBC is a [BSAS (Bureau of Substance Abuse Services)](http://www.mass.gov/eohhs/gov/departments/dph/programs/substance-abuse/) approved provider for DUI Offender Programs in MA, for both first and second offense DUI/OUI convictions. By Referral only.\

**Elder Services.** *Elder Mobile Outreach Team*.Outreach; crisis intervention; individual/family/group therapy; consultation for caregivers; education, psychiatric evaluation; medication management. 508-828-9116

*Elder Partial Hospital Program*. Assessment; psychiatric evaluation and consultation; individual and group therapy; expressive arts therapy, family conferences and therapy; medication monitoring and training. 508-977-8070

**HIV Case Management Services.** Assessment and referral; outreach; case management; short term individual counseling; support groups for HIV positive persons; housing services; food services; psychiatric evaluation and medication services; care coordination with Morton Hospital infectious disease physicians. 508-977-8142

**Partial Hospitalization Program.** Intensive services for individuals whose mental status has destabilized but who can benefit from intensive treatment on a daily basis in a community-based setting. Services include: diagnostic assess-ment; psychiatric evaluation and consultation; treatment planning and coordination; group psychotherapy; individual therapy; family conferences and therapy; expressive therapy; crisis stabilization; medication monitoring and training; case management; aftercare planning; referrals for home health care and psychological testing. 508-823-6124

**Pathways Day Treatment.** A structured environment designed to treat individuals with serious mental illness and co-occurring substance abuse issues. Services include: diagnostic assessment; individualized treatment planning and coordination; group therapy; psycho-education; expressive therapy; crisis stabilization; dual recovery programming; Dialectical Behavior Therapy (DBT); and aftercare planning. 508-823-6124

**Emergency Services Program/Mobile Crisis Intervention.** CCBC operates the Emergency Service Program/Mobile Crisis Intervention (ESP/MCI) in Taunton/Attleboro (Norton site) and Brockton, MA. Services include: crisis assessment, intervention, and stabilization services (24/7/365) to individuals of all ages with mental health, substance use disorder, and/or co-occurring conditions who are experiencing a behavioral health crisis. Crisis Lines: Taunton/Attleboro 800-660-4300, Brockton 833-222-2103.

**Children’s Outpatient Services**. Services for children, from birth to 19 years, with emotional, developmental, and behavioral problems, including treatment for anxiety; mood disorders; family conflict; depression; obsessive-compulsive disorder; eating disorders; and substance abuse. 508-977-8041

**Community Service Agency (CSA).** CCBC is the CSA for the Taunton/Attleboro area. We facilitate access and coordination of care **for youth birth to 21,** with serious emotional disturbance who need or are using multiple child-serving systems. CSA provides Intensive Care Coordination using the *Wraparound process*, which puts the family at the center of the planning process and builds a team around their vision for their child’s future. Family Support and Training is delivered by Family Partners (FPs). FPs are parents/caregivers of children with special needs. A care coordinator works with the FP to help teach parents/caregivers how to navigate the child-serving systems by identifying services, forming connections, and reaching goals identified on the individual care plan. 508-977-8185

**School Based Counseling.** The school-based counseling program works with many local school systems to provide individual, family and group counseling, as well as assistance in a crisis. We also work with teachers through consultation services. All services are aimed at helping children live up to their potential by altering problematic behaviors, resolving peer difficulties, and improving academic performance. 508-977-8040

-OVER-

**ADULT**

**BEHAVIORAL HEALTH**

**ACUTE**

**CARE**

**SERVICES**

**CHILD &**

**FAMILY**

**SERVICES**

OUR SERVICES INCLUDE:

### **In-Home and In-Community Therapeutic Services.** In-Home Therapy (IHT) is a therapeutic relationship between a master's level clinician and a youth/family to treat the youth's behavioral health needs, including the family's ability to support the youth to promote healthy functioning within the family. The IHT provider develops a treatment plan and uses psychotherapeutic techniques and intensive therapy to implement interventions and behavioral methods**.** Therapeutic Mentoring (TM)offers services between a therapeutic mentor and a youth to address living, social, and communication needs. The TM supports, coaches, and trains the youth in age-appropriate behaviors, interpersonal communications, problem-solving and conflict resolution through a treatment plan developed by provider(s) working with the youth. 508-977-8124

**Community Support Program (CSP).** A short-term program offered to most MassHealth members to deliver intensive case management services to clients. CSP offers support and follow-up on a client's care, delivered by *community support providers* that are mobile, flexible, and person centered. CSP offers support for clients who have had multiple hospitalizations or poor treatment experiences. Staff work with clients to help them develop the resources to live successfully in the community. 508-828-9218

**Behavioral Health Community Partner (BH CP).** A long-term care coordination program providing services to contracted MassHealth ACOs and MCOs. BH CPs provide supports to certain members with significant behavioral health needs, including serious mental illness and addiction. When members have other state agency or provider supports, CPs supplement and coordinate with those supports but do not duplicate the functions provided by them. Referral from members ACO/MCO required. 508-828-9218

**Supported Housing Services**. Assists in the recovery of persons struggling with serious mental illness and/or addiction who have become homeless. Programs provide housing, care coordination, and integrated mental health/ substance abuse treatment. Services are customized in a plan developed by the client and staff. A peer network also helps clients by utilizing their unique skills and resources. Housing supports include site-based group living arrangements and rental supports for those that qualify. 508-821-3937

### **Dr. Robert Smith Supportive Case Management Housing Program.** A recovery house in Taunton which provides case management services in a safe, stable living environment. The program focuses on relapse prevention and helps individuals to develop employment and long-term skills to live successfully in the community. 508-977-8123

**Adult Community Clinical Services (ACCS).** ACCS services provide rehabilitation interventions and supports in partnership with clients and their families to promote and facilitate recovery. Services include, but are not limited to, interventions and supports that manage psychiatric symptoms in the community, restore or maintain independent living in the community, promote wellness, manage co-occurring medical conditions, and assist clients to obtain and maintain employment. DMH Referral only.

**Program of Assertive Community Treatment (PACT).** A community based, multi-disciplinary team which provides treatment, rehabilitation and support services to enable adults with serious mental illness to engage in a process of recovery. The team organizes and provides all services in partnership with the participant. Most services are delivered in the individual’s home and include: psychiatric evaluation; medication management, counseling/ support; structured alternative to hospitalization; 24/7 triage pager support; care coordination; housing supports; and advocacy. *The ACCS and PACT programs operate under contract with the Department of Mental Health.*

**CHILD &**

**FAMILY**

**SERVICES**

**continued**



**REHAB & RECOVERY**

**COMMUNITY SUPPORT SERVICES**

### HAVING A MENTAL HEALTH EMERGENCY?

### **Contact the Crisis Line:**

**1-800-660-4300 or 508-285-9400**

For emergency fire, police, or medical help

**CALL 911**

#### Mill River Professional Center, One Washington Street, Taunton, MA 02780 / 508-828-9116 / www.comcounseling.org

SERVICES continued