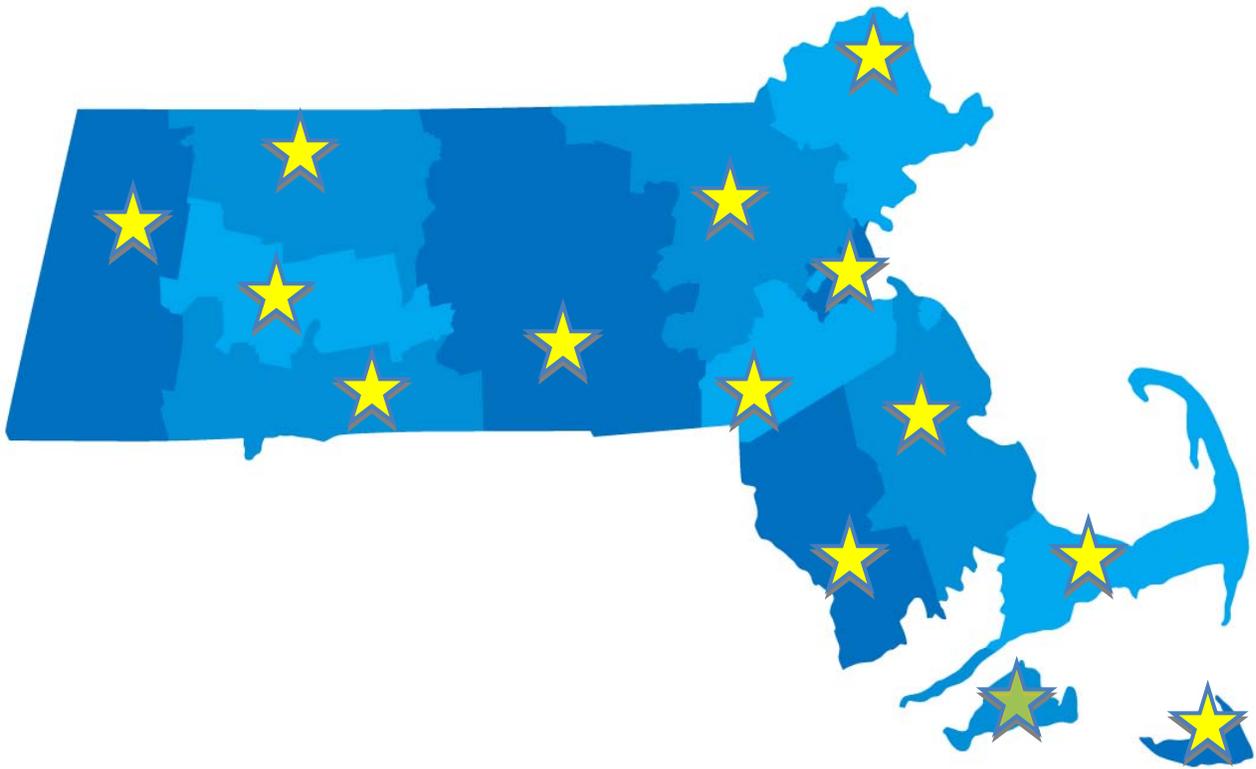




Massachusetts Community Health Center Dental Program Directory



**Massachusetts Department of Public Health
Office of Oral Health
July 2012**



INTRODUCTION

The first community health center in the United States was established in Boston, Massachusetts in 1965, and is known today as the Geiger-Gibson Community Health Center. Community health centers are programs developed by the residents of a community to provide culturally and linguistically responsive comprehensive and coordinated primary care to community residents regardless of their ability to pay. Many community health centers in Massachusetts also provide dental care as part of their primary care health services.

While the City of Boston established free dental programs for children as early as 1916, the first health center dental program was developed in the late 1960's. Today there are more than 50 community health centers and satellites providing comprehensive dental services statewide. In 2010, these health centers had more than 381,000 dental patient visits. Community health centers accept most forms of insurance, including MassHealth, Commonwealth Care, Health Safety Net, as well as private insurances. A sliding-fee schedule is also available for those residents who are low income.

The Massachusetts Department of Public Health Office of Oral Health has developed this comprehensive directory of community health center dental programs to help improve access for residents of the state who may have difficulty obtaining dental services.

For more information:

Contact the Office of Oral Health at oral.health@state.ma.us

Contact the Massachusetts League of Community Health Centers at 617-523-3609

HOW TO USE THE DIRECTORY

The following directory of Massachusetts's community health center dental programs is organized by the county in which each dental program is located. The counties are listed in alphabetical order.

Each listing provides information specific to that dental program including:

- **Location**
- **Phone Number**
- **Languages Spoken**
- **Hours of Operation**
- **Whether it is Accepting New Patients**
- **Dental Services Provided**
- **Population Treated**
- **Web Site**

This directory contains information that was available as of July 2012.



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BARNSTABLE COUNTY



Community Health Center of Cape Cod

- **Located at:** 107 Commercial Street, Mashpee 02649
- **Phone:** (508) 477-7090
- **Languages Spoken:** English, Portuguese and Spanish
- **Open:** Monday, Thursday & Friday: 8AM to 4PM; Tuesday and Wednesday: 8AM to 8PM
- **Accepting New Patients?** Yes, if an established patient of the health center.
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.chcofcapecod.org>

Ellen Jones Dental Clinic

- **Located at:** Route 124, Harwich 02645
- **Phone:** (508) 430-7710
- **Languages Spoken:** English and Portuguese.
- **Open:** Monday and Friday: 8AM to 4PM; Tuesday, Wednesday & Thursday: 12PM to 8PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals (limited), Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.hhsi.us/>



Drinking fluoridated water helps prevent tooth decay.

BARNSTABLE COUNTY

Harbor Community Health Center

- **Located at:** 30 Elm Avenue, Hyannis 02601
- **Phone:** (508) 778-5440
- **Languages Spoken:** English, Portuguese and Spanish are provided on site. All other languages are provided through the Language Line
- **Open:** Monday through Friday: 8AM to 5PM; Saturday: 8AM to 1PM; Sunday: 8AM to 8PM.
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.hhsi.us/>

Outer Cape Community Health Center

- **Located at:** 49 Harry Kemp Way, Provincetown 02657
- **Phone:** (508) 487-9395
- **Languages Spoken:** English
- **Open:** Thursday through Saturday: 8:20AM to 5PM
- **Accepting New Patients?** Yes, and there is a waiting list
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.outercape.org>

BERKSHIRE COUNTY



Community Health Programs Dental Center

- **Located at:** 343 Main Street (Rear)
Great Barrington 01230
- **Phone:** (413) 528-5565
- **Languages Spoken:** English and Spanish
- **Open:** Monday through Friday: 8:30AM to 5:00PM
- **Accepting New Patients?** No
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Extractions
- **Population treated:** Special Needs, Children, Adults and Seniors
- **Web Site:** http://www.communityhealthprograms.org/pg_dental.php



BRISTOL COUNTY



Greater New Bedford Community Health Center

- **Located at:** 874 Purchase Street, New Bedford 02740
- **Phone:** (508) 984-7031
- **Languages Spoken:** English, Portuguese and Spanish
- **Open:** Monday, 8AM to 7PM; Tuesday & Wednesday, 8AM to 6PM; Thursday 8AM to 5PM; Friday: 8AM to 4PM; Saturday: 8AM to 12PM
- **Accepting New Patients?** Yes, but there is a wait list.
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.gnbchc.org>

Health First Family Care Center

- **Located at:** 387 Quarry St, Fall River 02723
- **Phone:** (508) 679-8111 x362
- **Languages Spoken:** English, Portuguese, Spanish and Tele-Language Line
- **Open:** Monday through Thursday: 8AM to 8PM; Friday: 8AM to 5 PM; Saturday and Sunday: 9AM to 1PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.healthfirstfr.org>

Dentures should be removed each night to allow the gum tissue to rest.



BRISTOL COUNTY

Taunton Oral Health Center

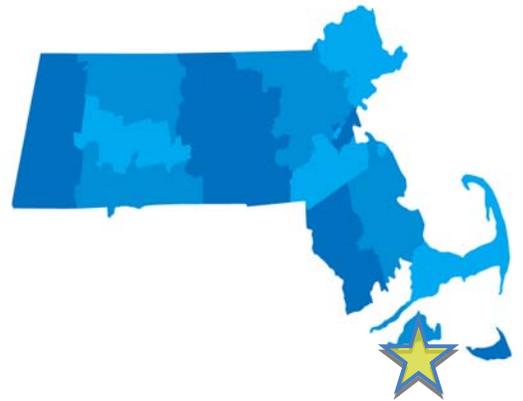
- **Located at:** 80-86 Main Street, Taunton 02780
- **Phone:** 508-821-9041
- **Languages Spoken:** English, Hindi, Spanish, Vietnamese
- **Open:** Monday, Tuesday & Friday: 8AM to 4PM; Wednesday: 8AM to 7PM; Saturday: 9AM to 1 PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** No web site available



DUKES COUNTY

Martha's Vineyard Hospital Dental Center

- **Located at:** One Hospital Drive, Vineyard Haven 02568
- **Phone:** (508) 693-6872
- **Languages Spoken:** English, uses an Interpreter Line for other language needs
- **Open:** Monday through Friday: 8AM to 6PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://mvhospital.com/2011/12/dental-center>



ESSEX COUNTY



Gloucester Family Health Center

- **Located at:** 302 Washington Street, Gloucester 01930
- **Phone:** (978) 282-8899
- **Languages Spoken:** English, Portuguese, Spanish
- **Open:** Monday through Friday: 8:30AM to 5PM; Tuesday, Open until 7PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.nschi.org/>

Lynn Community Health Center

- **Located at:** 269 Union Street, 2nd Floor, Lynn 01901
- **Phone:** (781) 581-9832
- **Languages Spoken:** English, Haitian, Portuguese, Russian, Spanish, Persian/Farsi. They also use the certified Language International phone line system for those languages not spoken by their staff.
- **Open:** Monday and Tuesday: 8AM to 8PM; Thursday: 10AM to 8PM; Wednesday and Friday: 8AM to 5PM; Saturday: 8AM to 2PM
- **Accepting New Patients?** Yes.
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions, Crowns and Gum Surgery.
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.lchcnet.org>

ESSEX COUNTY

Salem Family Health Center

- **Located at:** 47 Congress Street, Salem 01970
- **Phone:** (978) 744-8388
- **Languages Spoken:** English, Spanish and Portuguese (translation service available)
- **Open:** Monday through Friday: 8:30AM to 5 PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.nschi.org>



FRANKLIN COUNTY



Community Health Center of Franklin County

- **Located at:** 338 Montague City Road, Turner Falls 01376
- **Phone:** (413) 774-2615
- **Languages Spoken:** English, Spanish, American Sign Language through the Commission for the Deaf, Thai, Laotian and Tagalog
- **Open:** Monday, Wednesday, Thursday, Friday: 8AM to 4:30PM; Tuesday: 8AM to 9PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.chcfc.org>

Desmond Callen Community Health Center

- **Located at:** 450 West River Street, Orange 01364
- **Phone:** (978) 544-1576, press 4 for Dental
- **Languages Spoken:** English, Spanish, Tagalog and Hindi
- **Open:** Monday through Friday: 8AM to 4:30PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.chcfc.org>

Brush your teeth and gums twice a day, most importantly at bed time.



HAMPDEN COUNTY



Caring Health Center

- **Located at:** 532 Sumner Avenue, Springfield 01103
- **Phone:** (413) 693-1045
- **Languages Spoken:** English, Arabic, Haitian, Portuguese, Russian, Spanish, Vietnamese, Somalian, American Sign Language. The Caring Health Center has 19 languages on staff and is contracted with Pacific Interpreters, a telephone interpreting service.
- **Open:** Monday through Friday: 8AM to 6PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Extractions, Limited Root Canals and Crowns
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.caringhealth.org>

Chicopee Health Center – Holyoke Health Center

- **Located at:** 505 Front Street, Chicopee 01013
- **Phone:** (413) 420-2222
- **Languages Spoken:** English and Spanish
- **Open:** Monday through Friday 8AM to 6PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.hhcinc.org>



Always use a SOFT bristled toothbrush.

HAMPDEN COUNTY

Chicopee Dental Center – Holyoke Health Center

- **Located at:** 601 Memorial Drive, Chicopee 01013
- **Phone:** (413) 420-2222
- **Languages Spoken:** English and Spanish
- **Open:** Monday through Friday, 8AM to 6PM
- **Accepting New Patients?** Yes.
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.hhcinc.org>

Holyoke Health Center

- **Located at:** 230 Maple Street, Holyoke 01040
- **Phone:** (413) 420-2200
- **Languages Spoken:** English and Spanish.
- **Open:** Monday through Friday: 8AM to 6PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.hhcinc.org>



HAMPDEN COUNTY

Springfield Health Services for the Homeless

- **Located at:** 755 Worthington Street, Springfield 01105
- **Phone:** (413) 731-9575
- **Languages:** English and Spanish
- **Open:** Tuesdays and Thursdays: 9AM to 4PM; Walk-ins accepted Tuesday mornings.
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions (limited)
- **Population treated:** Homeless Adults
- **Web Site:** <http://www3.springfield-ma.gov/hhs>

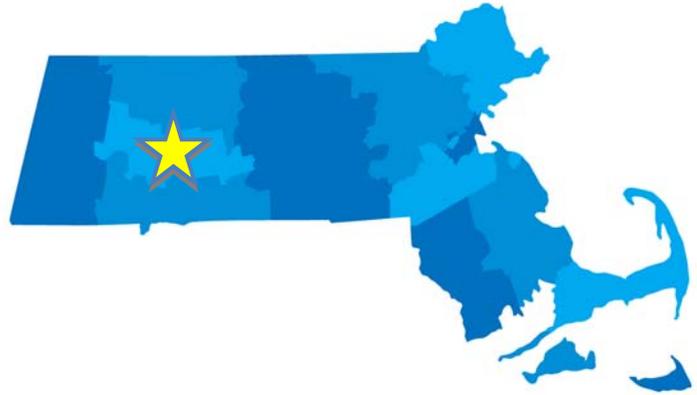
Springfield Technical Community College Dental Clinic – Holyoke Health Center

- **Located at:** 1 Armory Square, Springfield 01102 (Bldg #20; room 212)
- **Phone:** 413-420-6250
- **Languages:** English and Spanish
- **Open:** Monday through Friday, 8AM to 4PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.hhcinc.org>

Eating a balanced diet helps to maintain health teeth and gums.



HAMPSHIRE COUNTY



Huntington Health Center

- **Located at:** 73 Russell Road, Huntington 01098
- **Phone:** (413) 667-3009
- **Languages Spoken:** English, Spanish and Hindi
- **Open:** Monday through Friday: 8AM to 5PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.hchcweb.org>

Worthington Health Centers

- **Located at:** 58 Old North Road, Worthington 01098
- **Phone:** (413) 238-5511
- **Languages Spoken:** English, Spanish and Hindi
- **Open:** Monday through Friday: 8AM to 5PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.hchcweb.org>

Children need assistance in tooth brushing until they are at least 7 years old.



MIDDLESEX COUNTY



Edward M. Kennedy Community Health Center - Framingham

- **Located at:** 32 Concord Street, Framingham 01702
- **Phone:** (508) 270-2635
- **Languages Spoken:** English, Portuguese, and Spanish, as well as interpreting for other languages is available.
- **Open:** Open Monday through Thursday: 8AM to 7PM; Friday: 10AM to 5PM; Alternate Saturdays: 7:30AM to 5PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.kennedychc.org>



MIDDLESEX COUNTY

Joseph M. Smith Community Health Center - Waltham

- **Located at:** 564 Main Street, Waltham 02452
- **Phone:** (781) 693-3800
- **Languages Spoken:** English, Haitian, Spanish, Portuguese and Russian.
- **Open:** Monday, Tuesday, Thursday: 8:30AM to 9PM; Wednesday and Friday: 8:30AM to 5PM; Saturday: 8:30AM to 1PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.jmschc.org>

Windsor Street Health Center

- **Located at:** 119 Windsor Street, 2nd Floor. Cambridge 02139
- **Phone:** (617) 665-3990
- **Languages Spoken:** English, Chinese, Haitian, Portuguese, Russian, Spanish, Vietnamese, American Sign Language.
- **Open:** Monday through Friday: 8AM to 5PM
- **Accepting New Patients?** Yes
- **Services Provided :** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.challiance.org/locations/WindsorStreetHealthCenter.aspx>

Be sure to discard toothbrushes when the bristles are bent or frayed, about every 3 to 4 months.



NORFOLK COUNTY

South Cove Community Health Center - North Quincy



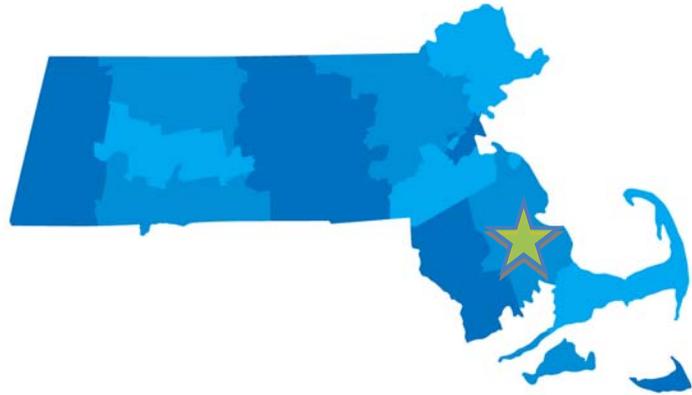
- **Located at:** 435 Hancock Street,
North Quincy 02171
- **Phone:** (617) 745-0280
- **Languages Spoken:** English, Chinese and Vietnamese.
- **Open:** Monday through Friday: 9AM to 5:30 PM; Saturday: 9AM to 3PM;
Sunday: 8:30AM to 12:30PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.scchc.org>



PLYMOUTH COUNTY

Brockton Neighborhood Health Center

- **Located at:** 63 Main Street, Brockton 02301
- **Phone:** (508) 894-3681
- **Languages Spoken:** English, Haitian, Portuguese, Spanish, Cape Verdian, French Creole, and Hindi.
- **Open:** Monday, Wednesday & Thursday: 8:30AM to 8PM; Tuesday and Friday: 8AM to 6 PM
- **Accepting New Patients?** No, but there is a waiting list
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.bnhc.org>



SUFFOLK COUNTY



Boston Health Care for the Homeless Program

- **Located at:** Jean Yawkey Place, 780 Albany Street, Boston 02118
- **Phone:** (857) 654-1885
- **Languages Spoken:** English, Chinese, Portuguese, Spanish
- **Open:** Monday through Friday: 7:30AM to 3:00PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Extractions
- **Population treated:** Homeless Adults only
- **Web Site:** <http://www.bhchp.org>

Brookside Community Health Center

- **Located at:** 3297 Washington Street, Jamaica Plain 02130
- **Phone:** (617) 983-6070
- **Languages Spoken:** English, Chinese, Haitian, Spanish, American Sign Language, French
- **Open:** Monday, Tuesday, Thursday: 8AM to 7PM; Wednesday: 9:30AM to 7PM; Friday: 8AM to 5PM; Saturday: 8AM to 12PM
- **Accepting New Patients?** No.
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions, Braces
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.brighamandwomens.org/primarycare/Offices/Brookside.aspx>



If you experience dry mouth (less saliva) limit sugary foods.
Drink water instead of sugary drinks and soda.

SUFFOLK COUNTY

Codman Square Health Center

- **Located at:** 637 Washington Street, Dorchester 02122
- **Phone:** (617) 825-9660
- **Languages Spoken:** English, Haitian and Spanish.
- **Open:** Monday through Thursday: 9AM to 8PM; Friday: 9AM to 5PM; Saturday: 9AM to 2PM, 2 Saturdays a month.
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.codman.org/medical-services/dental-care>

Dimock Community Health Center

- **Located at:** 55 Dimock Street, Roxbury 02119
- **Phone:** (617) 442-8800
- **Languages Spoken:** English, Spanish and telephone interpreter services available for 50 different languages
- **Open:** Monday through Thursday: 9AM to 7PM; Friday: 9AM to 4PM; Saturday: 9AM to 1PM
- **Accepting New Patients?** No.
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals (front teeth only), Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://dimockcenter.org>

Ask your physician or dentist about fluoride varnish to prevent tooth decay.



SUFFOLK COUNTY

Dorchester House Multi-Service Center

- **Located at:** 1353 Dorchester Avenue, Dorchester 02122
- **Phone:** (617) 288-3230
- **Languages Spoken:** English, Spanish, Vietnamese, French, Arabic, Cape Verdean, Creole, Turkish and Croation.
- **Open:** Monday through Thursday: 8AM to 8PM; Friday: 8AM to 4PM; Saturday: 9AM to 1PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.dorchesterhouse.org>

East Boston Neighborhood Health Center

- **Located at:** 79 Paris Street, East Boston 02128
- **Phone:** (617) 568-4515
- **Languages Spoken:** English, Haitian, Portuguese, Russian, Spanish, Vietnamese, Italian, Arabic, Somalian, Chinese and Filipino
- **Open:** Monday, Tuesday: 8AM to 4PM; Thursday: 12PM to 8PM; Wednesday and Friday: 8AM to 12PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Extractions
- **Population treated:** Children from age 0-18 year old
- **Web Site:** <http://www.ebnhc.org>

Use a mouth rinse with fluoride to prevent tooth decay.



SUFFOLK COUNTY

Fenway Health

- **Located at:** 1340 Boylston Street, Boston 02215
- **Phone:** (617) 927-6127
- **Languages Spoken:** English, Spanish and Vietnamese
- **Open:** Monday, Wednesday and Friday: 8AM to 5PM; Tuesday & Thursday: 8AM to 7Pm.
- **Accepting New Patients?** No
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.fenwayhealth.org>

Geiger-Gibson Community Health Center

- **Located at:** 250 Mount Vernon Street, Dorchester 02125
- **Phone:** (617) 288-1140
- **Languages Spoken:** English and Spanish with ability to use the Interpreter Telephone Line.
- **Open:** Monday, Wednesday and Thursday: 7:30AM to 9PM; Tuesday: 8:30AM to 9PM; Friday and Saturday: 8:30AM to 4PM
- **Accepting New Patients?** Yes, on 30 day rolling basis.
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals (limited), Extractions (limited), and Crowns. *If limited, you may be referred out depending on the severity.
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.hhsi.us/index.php>

It's important to use a mouthguard while playing contact sports to protect the teeth and gums from injury.



SUFFOLK COUNTY

Greater Roslindale Medical & Dental Center

- **Located at:** 4199 Washington Street, Roslindale 02131
- **Phone:** (617) 323-4440
- **Languages Spoken:** English, Spanish, Greek, and Albanian
- **Open:** Monday through Wednesday: 9AM to 9PM; Thursday and Friday: 9 AM to 5 PM
Saturday: 9AM to 3PM
- **Accepting New Patients?** No
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals (limited), Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://bmc.org/roslindale>

Harvard Street Neighborhood Health Center

- **Located at:** 632 Blue Hill Avenue, Dorchester 02121
- **Phone:** (617) 822-5535
- **Languages Spoken:** English, Haitian, Portuguese, and Spanish
- **Open:** Monday through Thursday: 8:30AM to 8PM; Friday: 9:30AM to 4:30PM; alternate Saturdays: 9AM to 3PM
- **Accepting New Patients?** Yes, but there is a waiting list.
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals (limited), Extractions,
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.harvardstreet.org>

Even if you have no natural teeth, it's important to get a dental examination at least one time per year.



SUFFOLK COUNTY

Joseph M. Smith Community Health Center-Allston

- **Located at:** 287 Western Avenue, Allston 02134
- **Phone:** (617) 783-0500
- **Languages Spoken:** English, Haitian, Portuguese, Russian, Spanish and Vietnamese.
- **Open:** Monday, Tuesday, Thursday: 8:30AM to 9PM; Wednesday & Friday: 8:30AM to 5PM; Saturday: 8:30AM to 1PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Crowns
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.jmschc.org>

Mattapan Community Health Center

- **Located at:** 1425 Blue Hill Avenue, Mattapan 02126
- **Phone:** (617) 296-0061
- **Languages Spoken:** English, Chinese, Haitian Creole, Spanish, French and Hindi plus Translation Telephone Line to use as needed.
- **Open:** Monday, Thursday and Friday: 8:30AM to 5PM; Tuesday and Wednesday: 8AM to 8PM; Saturday: 9AM to 1PM
- **Accepting New Patients?** Yes
- **Services Provided :** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.mattapanchc.org>

Visit a dental professional; regular cleanings and oral exams
can prevent problems or spot them early.



SUFFOLK COUNTY

North End Community Health Center

- **Located at:** 332 Hanover Street, Boston 02113
- **Phone:** (617) 643-8070
- **Languages Spoken:** English, Russian, Armenian and Italian
- **Open:** Monday, Wednesday and Friday: 8AM to 5:30PM; Tuesday: 8AM to 5PM; Thursday: 8AM to 8PM; Saturday: 8AM to 12PM.
- **Accepting New Patients?** Yes, from Boston and North End medical patients only.
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions, Implants
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www2.massgeneral.org/northend>

Roxbury Comprehensive Community Health Center

- **Located at:** 435 Warren Street, Roxbury 02119
- **Phone:** (617) 442-7400
- **Languages Spoken:** English, Spanish
- **Open:** Monday and Wednesday through Friday: 8AM to 5PM; Tuesday: 11AM to 7PM.
- **Accepting New Patients:** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** www.roxcomp.org

Having difficulty grasping or holding a toothbrush?

Place the toothbrush into a tennis ball or bicycle handle to make it easier to hold.



SUFFOLK COUNTY

South Boston Community Health Center

- **Located at:** 386 West Broadway, South Boston 02127
- **Phone:** (617) 464- 5825
- **Languages Spoken:** English, Spanish, Albanian and Polish.
- **Open:** Monday and Tuesday: 8AM to 7PM; Wednesday and Thursday: 8AM to 5PM; Friday: 8AM to 2PM
- **Accepting New Patients?** No, only children.
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.sbchc.org>

South Cove Community Health Center

- **Located at:** 145 South Street, Boston 02111
- **Phone:** (617) 521-6760
- **Languages Spoken:** English, Chinese and Vietnamese.
- **Open:** Monday through Friday: 9AM to 5:30PM; Saturday: 9AM to 3PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.scchc.org>

Flossing is as important as brushing because it cleans the tight spaces between your teeth.



SUFFOLK COUNTY

South End Community Health Center

- **Located at:** 1601 Washington Street, Boston 02118
- **Phone:** (617) 425-2000
- **Languages Spoken:** English and Spanish.
- **Open:** Monday through Friday: 9AM to 6PM
- **Accepting New Patients?** Yes
- **Services Provided :** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.sechc.org>

Upham's Corner Health Center

- **Located at:** 636 Columbia Road, Dorchester 02125
- **Phone:** (617) 287-9839
- **Languages Spoken:** English, Portuguese, Spanish
- **Open:** Monday: 9AM to 8PM; Tuesday through Friday: 9AM to 5PM; Saturday: 9AM to 12PM
- **Accepting New Patients?** No.
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.uphamscornerhealthctr.com>

Fluoridated water benefits everyone in a community regardless of age or income.



SUFFOLK COUNTY

Whittier Street Health Center

- **Located at:** 1290 Tremont Street, Roxbury 02120
- **Phone:** (617) 989-3240
- **Languages Spoken:** English, Chinese, Haitian Creole, Portuguese, Spanish, Italian, Somali, Swahili, Arabic, Bosnian, Krio, Yoruba, Russian, Farsi.
- **Open:** Monday through Thursday: 8:30AM to 8 PM; Friday & Saturday: 8:30AM to 5PM
- **Accepting New Patients?** Yes
- **Services Provided :** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.wshc.org>



WORCESTER COUNTY



Fitchburg Community Health Center - Community Health Connections

- **Located at:** 275 Nichols Road, Fitchburg
01420
- **Phone:** (978) 878-8100
- **Languages Spoken:** English, Portuguese, Spanish and American Sign Language.
- **Open:** Monday and Friday: 8AM to 5PM; Tuesday, Wednesday and Thursday: 8AM to 8PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.chcfhc.org>

Greater Gardner Community Health Center – Community Health Connections

- **Located at:** 175 Connors Street, Gardner 01440
- **Phone:** (978) 410-6100
- **Languages Spoken:** English and Spanish
- **Open:** Monday through Friday: 8AM to 5PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.chcfhc.org>

Dental sealants placed on the chewing surface of back teeth
help prevent tooth decay.



WORCESTER COUNTY

Leominster Community Health Center - Connections Health Connections

- **Located at:** 14 Manning Avenue, 4th floor, Leominster 01453
- **Phone:** (978) 847-0110
- **Languages Spoken:** English, Portuguese and Spanish.
- **Open:** Monday through Friday: 8AM to 5PM
- **Accepting New Patients?** Yes
- **Services Provided :** Exams, Cleanings, Fillings, Dentures, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.chcfhc.org>

Edward M. Kennedy Community Health Center - Worcester

- **Located at:** 19 Tacoma Street, Worcester 01605
- **Phone:** (508) 595-1115
- **Languages Spoken:** English, Albanian, Portuguese, Russian, Spanish, Vietnamese and American Sign Language if requested.
- **Open:** Monday through Friday: 8AM to 7PM; Saturday: 8AM to 5PM
- **Accepting New Patients:** Waiting list is six months to one year, but people with emergencies may call at 7:30AM for a same day appointment.
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.gbvhc.org>

Brush your dentures as you would brush your teeth; twice each day with a soft brush and a non-abrasive cleanser.



WORCESTER COUNTY

Edward M. Kennedy Community Health Center - Clinton

- **Located at:** 200 High Street, Clinton 01510
- **Phone:** (978) 368-0340
- **Languages Spoken:** Spanish, English and Portuguese
- **Open:** Monday through Friday: 8AM to 7PM; Saturday: 8 to 5 PM
- **Accepting New Patients?** No. There is a 4 month waiting list. Walk-ins accepted Monday through Friday 8AM to 9AM AND 1PM to 3PM.
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.gbvhc.org>

Family Health Center of Worcester

- **Located at:** 26 Queen Street, 3rd Floor, Worcester 01610
- **Phone:** (508) 860-7910
- **Languages Spoken:** English, French, Chinese, Haitian, Portuguese, Spanish, Vietnamese, American Sign Language, Albanian, Farci & Napoli. Language Link available for other languages.
- **Open:** Monday, Tuesday, Wednesday, Friday: 7AM to 6:30PM; Thursday: 7AM to 6:30PM
- **Accepting New Patients?** Yes
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, adults and seniors. Patients under the age of 21 are accepted immediately for comprehensive care. Walk-ins of all ages accepted from 7AM to 9AM daily. Admission to comprehensive care for adults is on a space-available basis.
- **Web Site:** <http://www.fhcw.org>

WORCESTER COUNTY

Norwich Dental Care (Edward M. Kennedy Community Health Center)

- **Located at:** 11 Norwich Street, Suite 3, 3rd floor, Worcester 01608
- **Phone:** (508) 755-1119
- **Languages Spoken:** English, Spanish and Portuguese
- **Open:** Monday, Tuesday and Thursday: 8AM to 7PM; Wednesday and Friday: 8AM to 5PM
- **Accepting New Patients:** Yes.
- **Services Provided:** Exams, Cleanings, Fillings, Dentures, Root Canals, Extractions
- **Population treated:** Children, Adults and Seniors
- **Web Site:** <http://www.gbvhc.org>



INFORMATION ON MASSHEALTH

The public or government supported health insurance in Massachusetts is called MassHealth. Qualifying Massachusetts residents may be enrolled in one of the following MassHealth coverage types: MassHealth Standard, MassHealth CommonHealth or MassHealth Family Assistance.

Call 1-888-665-9993 to find out if you meet the eligibility requirements for MassHealth, or visit the MassHealth website at: www.mass.gov/masshealth

The health center in your community can also provide you help with eligibility and signing up for insurance.

Basic Income Eligibility:

Eligibility Criteria	Premiums (No copayments for dental services)
<p>MassHealth Standard Age <1: <200% FPL and not eligible for Title XIX (Medicaid) Age >1 <19: <150% FPL and not eligible for Title XIX (Medicaid)</p>	<ul style="list-style-type: none"> • No Premiums
<p>MassHealth CommonHealth (for members with disabilities) Age <19: <300% FPL and not eligible for Title XIX or SCHIP Coverage under MassHealth Standard</p>	<ul style="list-style-type: none"> • Premiums start at \$15/month and increase with income
<p>MassHealth Family Assistance (for members without disabilities) Age <19: <300% FPL and not eligible for Title XIX (Medicaid)</p>	<ul style="list-style-type: none"> • Premiums start at \$15/month and increase with income

COMMON DENTAL TERMS

DENTAL ANATOMY:

- **Alveolar bone:** the bone surrounding the root of the tooth, anchoring it in place.
- **Deciduous teeth:** commonly called "baby teeth" or primary teeth; the first set of 20 teeth.
- **Edentulous:** having no teeth.
- **Enamel:** the hard, mineralized material that covers the outside portion of the tooth that lies above the gum line (the crown).
- **Gingiva:** the soft/pink tissue that surrounds the base of the teeth.
- **Mandible:** the lower jaw.
- **Maxilla:** the upper jaw.
- **Occlusion:** the relationship of the upper and lower teeth when the mouth is closed.
- **Oral cavity:** the mouth.
- **Root:** tooth structure that connects the tooth to the jaw.
- **Wisdom teeth:** third (last) molars that usually erupt at age 18-25.

COMMON DENTAL PROBLEMS:

- **Abscess:** an infection of a tooth, soft tissue, or bone.
- **Bone resorption:** decrease in the amount of bone supporting the roots of teeth; a common result of periodontal (gum) disease.
- **Bruxism:** grinding or gnashing of the teeth, most commonly during sleep.
- **Calculus:** hard, yellow or brown calcium-like deposits that form on teeth due to inadequate plaque removal.
- **Canker sore:** sores or small shallow ulcers that appear in the mouth and are often painful.
- **Caries:** an infectious disease which destroys the tooth structure caused by toxins produced by bacteria in the mouth resulting in a cavity or hole
- **Cavity:** tooth decay
- **Demineralization:** an early stage of tooth decay where the enamel may appear whiter and rougher than the rest of the tooth. Sometimes called "white spots."

- **Dry mouth:** a condition in which the flow of saliva is reduced and there is not enough saliva to keep the mouth moist. Also called xerostomia.
- **Dry socket:** a common complication that occurs when either a blood clot has failed to form in an extracted tooth socket or the blood clot that did form has been dislodged.
- **Fistula:** channel emanating pus from an infection site; a gum boil.
- **Gingivitis:** inflamed, infected, swollen, and reddish gum tissue that may bleed easily when touched or brushed.
- **Gum recession:** exposure of dental roots due to shrinkage of the gums as a result of abrasion, periodontal disease, or surgery.
- **Halitosis:** bad breath of oral or gastrointestinal origin.
- **Hypersensitivity:** a sharp, sudden painful reaction in teeth when exposed to hot, cold, sweet, sour, salty, chemical, or mechanical stimuli.
- **Impacted tooth:** a tooth that is partially or completely blocked from erupting through the surface of the gum. Often times, impacted teeth must be surgically removed.
- **Periodontitis:** a more advanced stage of periodontal disease in which the inner layer of the gum and bone pull away from the teeth and form pockets and alveolar bone is destroyed.
- **Plaque:** a colorless, sticky film composed of undigested food particles mixed with saliva and bacteria that constantly forms on the teeth. Plaque left alone eventually turns in to tartar or calculus and is a major factor in causing dental caries and periodontal disease.
- **Stomatitis:** an inflammation of the tissue underlying a denture. Ill-fitting dentures, poor dental hygiene, or a buildup of the fungus *Candida albicans* cause the condition.
- **Tartar:** common term for dental calculus, a hard deposit that adheres to teeth; produces rough surface that attracts plaque.
- **Xerostomia:** dry mouth or decrease in the production of saliva.

DENTAL PROCEDURES/TREATMENTS:

- **Amalgam:** a common filling material used to repair cavities. "silver fillings"
- **Anesthesia:** a type of medication that results in partial or complete elimination of pain sensation; numbing a tooth is an example of local anesthesia; general anesthesia produces partial or complete unconsciousness.
- **Antibiotic:** a drug that stops or slows the growth of bacteria.
- **Antiseptic:** a chemical agent that can be applied to living tissues to destroy germs.
- **Bite-wing:** a single X-ray that helps diagnose tooth decay between the teeth. Usually a set of four is taken, two for each side of the mouth.
- **Bonding:** the covering of a tooth surface with a tooth-colored composite to repair and/or change the color or shape of a tooth.
- **Braces:** devices (bands, wires, ceramic appliances) put in place by orthodontists to gradually reposition teeth to a more favorable alignment.
- **Bridge:** stationary dental prosthesis (appliance) fixed to teeth adjacent to a space; replaces one or more missing teeth, cemented or bonded to supporting teeth or implants adjacent to the space. Also called a fixed partial denture.
- **Cap:** common term for a dental crown.
- **Cleaning:** removal of plaque and calculus (tarter) from teeth, generally above the gum line.
- **Composite resin filling:** tooth-colored restorative material composed of plastic with small glass or ceramic particles. An alternative to silver amalgam fillings.
- **Conventional denture:** a denture that is ready for placement in the mouth about eight to 12 weeks after the teeth have been removed.
- **Crown:** (1) the portion of a tooth above the gum line that is covered by enamel; (2) dental restoration covering all or most of the natural tooth; the artificial cap can be made of porcelain, composite, or metal and is cemented on top of the damaged tooth.
- **Denture:** a removable replacement of artificial teeth for missing natural teeth and surrounding tissues. Two types of dentures are available -- complete and partial. Complete dentures are used when all the teeth are missing, while partial dentures are used when some natural teeth remain.
- **Extraction:** removal of a tooth.
- **Filling:** restoration of lost tooth structure with metal, porcelain, or resin materials.
- **Fluoride:** a mineral that helps strengthen teeth enamel making teeth less susceptible to decay. Fluoride is ingested through food or water, is available in most toothpaste, or can be applied as a gel or liquid to the surface of teeth by a dentist.

- **Fluoride Varnish:** a topical form of fluoride which is painted on the teeth and left until the following morning when it may be brushed off.
- **Flap surgery:** lifting of gum tissue to expose and clean underlying tooth and bone structures.
- **Gingivectomy:** surgical removal of gum tissue.
- **Gingivoplasty:** a procedure performed by periodontists to reshape the gum tissue.
- **Gold fillings:** an alternative to silver amalgam fillings.
- **Implant:** a metal rod (usually made of titanium) that is surgically placed into the upper or lower jawbone where a tooth is missing; it serves as the tooth root and anchor for the crown, bridge, or denture that is placed over it.
- **Impression:** mold made of the teeth and soft tissues.
- **Mouth guard:** a soft-fitted device that is inserted into the mouth and worn over the teeth to protect them against impact or injury.
- **Night guard:** a removable acrylic appliance that fits over the upper and lower teeth used to prevent wear and temporomandibular damage caused by grinding or gnashing of the teeth during sleep.
- **Nitrous oxide:** a gas (also called laughing gas) used to reduce patient anxiety.
- **NSAID:** a nonsteroidal anti-inflammatory drug, often used as a dental analgesic.
- **Partial denture:** a removable appliance that replaces some of the teeth in either the upper or lower jaw.
- **Periapical X-rays:** X-rays providing complete side views from the roots to the crowns of the teeth.
- **Pontic:** a replacement tooth mounted on a fixed or removal appliance.
- **Prophylaxis:** the cleaning of the teeth for the prevention of periodontal disease and tooth decay.
- **Prosthetics:** a fixed or removable appliance used to replace missing teeth (for example, bridges, partials, and dentures).
- **Restorations:** any replacement for lost tooth structure or teeth; for example, bridges, dentures, fillings, crowns, and implants.
- **Retainer:** a removable appliance used to maintain teeth in a given position (usually worn at night).
- **Root canal therapy:** procedure used to save an abscessed tooth in which the pulp chamber is cleaned out, disinfected, and filled with a permanent filling.

- **Scaling and root planing:** a deep-cleaning, nonsurgical procedure whereby plaque and tartar from above and below the gum line are scraped away (scaling) and rough spots on the tooth root are made smooth (planing).
- **Sealants:** a thin, clear or white resin substance applied to the biting surfaces of teeth to prevent decay.
- **Tooth whitening:** a chemical or laser process to lighten the color of teeth.
- **Topical anesthetic:** ointment that produces mild anesthesia when applied to a soft tissue surface.
- **Veneer:** a thin, custom-made shell of tooth-colored plastic or porcelain that are bonded directly to the front side of natural teeth to improve their appearance.

DENTAL PROFESSIONAL PERSONNEL:

- **DDS:** Doctor of Dental Surgery -- equivalent to DMD, Doctor of Dental Medicine.
- **DMD:** Doctor of Medical Dentistry; equivalent to DDS, Doctor of Dental Surgery.
- **Endodontist:** a dental specialist concerned with the causes, diagnosis, prevention, and treatment of diseases and injuries of the human dental pulp or the nerve of the tooth.
- **General Dentist:** the primary care dental provider. This dentist diagnoses, treats, and manages overall oral health care needs, including gum care, root canals, fillings, crowns, veneers, bridges, and preventive education.
- **Dental Assistant:** a person who is qualified by education, training or experience to directly assist the dentist in providing dental care.
- **Dental Hygienist:** a licensed, auxiliary dental professional who is both an oral health educator and clinician who uses preventive, therapeutic, and educational methods to control oral disease.
- **Oral Surgeon:** the oral health care provider who performs many types of surgical procedures in and around the entire face, mouth, and jaw area.
- **Orthodontist:** the oral health provider who specializes in diagnosis, prevention, interception, and treatment of malocclusions, or "bad bites," of the teeth and surrounding structures. This is the specialist whose responsibility it is to straighten teeth by movement of the teeth through bone by the use of bands, wires, braces, and other fixed or removable corrective appliances or retainers.
- **Pedodontist/Pediatric Dentist:** the oral health care provider who specializes in the diagnosis and treatment of the dental problems of children from infancy to early adulthood.
- **Periodontist:** the dental specialist who specializes in diagnosing, treating, and preventing diseases of the soft tissues of the mouth (the gums) and the supporting structures (bones) of the teeth (both natural and man-made teeth).

- **Prosthodontist:** a dental specialist who is skilled in restoring or replacing teeth with fixed or removable prostheses (appliances), maintaining proper occlusion; treats facial deformities with artificial prostheses such as eyes, ears, and noses.
- **Public Health Dental Hygienist:** a dental hygienist who is authorized by the State to provide evidence-based oral disease prevention strategies in a public health setting (schools, nursing homes, community settings, etc.) without supervision by a dentist



July 2012
Office of Oral Health
Massachusetts Department of Public Health
250 Washington Street
Boston, MA 02108

**Additional and related information is also available from the
Massachusetts Department of Public Health Office of Oral Health website:
www.mass.gov/dph/oralhealth**