



PROTECT YOUR COMMUNITY DURING HEAT WAVES

Heat waves can make people sick. Here is how you can help your community:



Spread the word

Alert your community about upcoming high temperatures.



Promote calling 2-1-1

2-1-1 call centers can connect people to cooling resources, including extended pool hours, splash pads, senior centers, libraries, and more.



Identify who is more likely to get sick during a heat wave:

- + pregnant people
- + people 65 and over
- + people with disabilities or medical conditions
- + children
- + unhoused people
- + people who work outside



Check on families and seniors

Take notice of those who may not have access to air conditioning.



Share extreme heat tip sheets

Download tips on how to prepare, plan, and stay safe.

