

COMMONWEALTH OF MASSACHUSETTS

Middlesex, SS.

Board of Registration in Medicine

Adjudicatory Case No. 2025-006

In the Matter of Courtney E. Barrows, M.D.)))))
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CONSENT ORDER

Pursuant to G.L. c. 30A, § 10, Courtney E. Barrows, M.D. ("Respondent") and the Board of Registration in Medicine ("Board") (hereinafter referred to jointly as the "Parties") agree that the Board may issue this Consent Order to resolve the above-captioned adjudicatory proceeding. The Parties further agree that this Consent Order will have all the force and effect of a Final Decision within the meaning of 801 C.M.R 1.01(11)(d). The Respondent admits to the findings of fact specified below and agrees that the Board may make the conclusions of law and impose the sanction set forth below in resolution of investigative Docket number 21-417.

Findings of Fact

1. The Respondent graduated from New York Medical College in 2012. She was licensed to practice medicine in Massachusetts under license number 265425 in 2015. However, her Massachusetts license to practice medicine lapsed on October 13, 2020.
2. The Respondent is licensed to practice medicine in Tennessee and New Hampshire. Her Ohio license expired on July 20, 2022.
3. On April 14, 2021, the State Medical Board of Ohio ("OH Board") imposed discipline on Respondent's license in Ohio due to Respondent's violation of Ohio state

law governing the practice of medicine.

4. Specifically, the OH Board disciplined the Respondent for "impairment of ability to practice according to acceptable and prevailing standards of care because of habitual or excessive use or abuse of drugs, alcohol, or other substances that impair ability to practice."

5. Respondent admitted to the OH Board that, prior to practicing in Ohio, she became addicted to Adderall, in Massachusetts, while working in a research position on a break from her residency. As a result, Respondent was evaluated by Physician Health Services ("PHS") and referred for treatment. Respondent completed a one-month intensive outpatient treatment program and subsequently entered into a three-year monitoring agreement with PHS for mental health and substance abuse monitoring.

6. The OH Board disciplined the Respondent for the following conduct:

- a. On or about August 1, 2020, Respondent entered a clinical fellowship in Cleveland, Ohio, having obtained an Ohio medical license.
- b. Respondent also entered into a monitoring contract with Ohio Physicians Health Program.
- c. In or around February 2021, Respondent relapsed on alcohol.
- d. Upon learning of her positive test, Respondent stopped practicing and was placed on medical leave by her employer.
- e. On or about March 24, 2021, Respondent entered inpatient treatment at an OH board-approved hospital

7. On or about April 14, 2021, Respondent entered into a Step I Consent Agreement with the OH Board, which indefinitely suspended Respondent's medical license for a period of not less than ninety days, set general probationary requirements, and outlined

the conditions for Respondent's reinstatement/restoration to the practice of medicine.

8. Respondent fulfilled the aforementioned conditions for reinstatement, including evaluations by three independent psychiatrists, all of whom found her capable of practicing medicine and surgery according to acceptable and prevailing standards of care.

9. On or about September 8, 2021, Respondent's OH medical license was reinstated, and she entered into a Step II consent agreement with the OH board on September 8, 2021, which is a five-year probationary agreement with standard substance use monitoring terms and conditions.

10. On or about December 3, 2021, The Respondent entered into an agreement with the New Hampshire Professionals Health Program (NHPHP) to transfer her monitoring from OH upon permanently relocating to NH. The NHPHP agreement runs concurrently with the five-year OH Step II agreement. The OH Medical Board approved the Respondent's relocation and NHPHP agreement on January 13, 2022.

11. The NHPHP and the OH Medical Board have confirmed Respondent has been compliant with the terms of her monitoring agreements.

Conclusions of Law

A. Respondent violated G.L. c. 112, § 5, eighth par. (h) when she violated 243 C.M.R. 1.03(5)(a)(12), by having been disciplined by the OH Board for reasons substantially the same as those set forth in G.L. c. 112, § 5 or 243 C.M.R. 1.03(5). More specifically, the reason discipline was imposed by the OH Board is substantially the same as Respondent having violated:

1. G.L. c. 112, § 5, eighth par. (d) and/or 243 C.M.R. 1.03(5)(a)(4) by practicing medicine while the ability to practice is impaired by alcohol, drugs, physical disability or mental instability.

Order

The Respondent's inchoate right to renew her medical license is hereby SUSPENDED, indefinitely. The Respondent is GRANTED leave to petition for a stay of the suspension upon demonstrating her fitness to practice, including but not limited to: documenting consistent compliance for twelve (12) months with her September 8, 2021 Ohio Medical Board Substance Abuse Monitoring Agreement; and submitting documentation from her treating therapist that she is fit to practice medicine. Any stay of the suspension would be at the Board's discretion and contingent upon the Respondent entering into a 5-year Probation Agreement with standard substance abuse terms and conditions. This sanction is imposed for each violation of law listed in the Conclusion section and not a combination of any or all of them.

Execution of this Consent Order

Complaint Counsel and the Respondent agree that the approval of this Consent Order is left to the discretion of the Board. The signature of Complaint Counsel and the Respondent are expressly conditioned on the Board accepting this Consent Order. If the Board rejects this Consent Order, in whole or in part, then the entire document shall be null and void; thereafter, neither of the parties nor anyone else may rely on these stipulations in this proceeding.

As to any matter in this Consent Order left to the discretion of the Board, neither the Respondent, nor anyone acting on her behalf, has received any promises or representations regarding the same.

The Respondent waives any right of appeal that she may have resulting from the Board's acceptance of this Consent Order.

The Respondent shall provide a complete copy of this Consent Order within ten (10) days by certified mail, return receipt requested, or by hand delivery to the following designated entities: any in- or out-of-state hospital, nursing home, clinic, other licensed facility, or

municipal, state, or federal facility at which the Respondent practices medicine; any in- or out-of-state health maintenance organization with whom the Respondent has privileges or any other kind of association; any state agency, in- or out-of-state, with which the Respondent has a provider contract; any in- or out-of-state medical employer, whether or not the Respondent practices medicine there; the state licensing boards of all states in which the Respondent has any kind of license to practice medicine; the Drug Enforcement Administration Boston Diversion Group; and the Massachusetts Department of Public Health Drug Control Program. The Respondent shall also provide this notification to any such designated entities with which the Respondent becomes associated for the duration of the suspension and any subsequent Probation Agreement. The Respondent is further directed to certify to the Board within ten (10) days that the Respondent has complied with this directive.

The Board expressly reserves the authority to independently notify, at any time, any of the entities designated above, or any other affected entity, of any action it has taken.



Courtney E. Barrows, M.D.
Licensee

06/09/2024

Date



W. Scott Liebert, Esq.
Attorney for the Licensee

June 10, 2024

Date



Erik R. Bennett, Esq.
Complaint Counsel

3/10/2025

Date

So ORDERED by the Board of Registration in Medicine this 13th day of April 2025.



Booker T. Bush, M.D.
Board Chair