**Massachusetts Rehabilitation Commission**  
Pre-Employment Transition Services (Pre-ETS)  

**What are Pre-ETS?**  
Pre-ETS programming is available to students aged 14 - 21 (until turning 22) with a documented disability who are enrolled in high school or post-secondary education/training.

The goal of Pre-ETS is to help students with disabilities explore, increase awareness, and prepare for post-secondary employment and education options through 5 core services.

**Pre-ETS 5 Core Services**

<table>
<thead>
<tr>
<th>Service</th>
<th>Description</th>
</tr>
</thead>
<tbody>
<tr>
<td>Job Exploration Counseling</td>
<td>Seminars or workshops on careers and required skills, career ladders, and interest inventory</td>
</tr>
<tr>
<td>Workplace Readiness Training</td>
<td>Development of transferable work skills which may include resume writing, interview skills, and professionalism</td>
</tr>
<tr>
<td>Work-based Learning Experiences</td>
<td>Opportunities to job shadow, complete informational interviews, volunteer opportunities, and internships</td>
</tr>
<tr>
<td>Counseling on Post-secondary Education or Training</td>
<td>Counseling and guidance about options upon exiting high school which may include academic or vocational programs</td>
</tr>
<tr>
<td>Self-advocacy and Peer Mentoring</td>
<td>Peer mentoring, development of individual advocacy skills, and rights and responsibilities</td>
</tr>
</tbody>
</table>

Need help deciding if MRC Pre-ETS programming is right for you? Check out our flow chart on the reverse side of this paper!

MRC Pre-ETS programming is available throughout the Commonwealth of Massachusetts. To learn more about MRC Pre-ETS programming contact your local MRC office, speak with your school’s MRC liaison, or visit our website at: [https://www.mass.gov/service-details/pre-employment-transition-services-pre-ets-0](https://www.mass.gov/service-details/pre-employment-transition-services-pre-ets-0)
Student aged 14-22 years old with a documented disability

I have an interest in learning more about work and gaining some soft skills through Pre-Employment Transition Services (Pre-ETS).

Participate in Pre-Employment Transition Services as a Potentially Eligible Student with a community Pre-ETS provider (access services directly through provider).

Will you need support in order to obtain or maintain employment after exiting school due to your disability?

Yes
- Apply to vocational rehabilitation services at MRC. You can apply directly to your local area office, or if appropriate, have the school submit a Chapter 688 referral two years before you graduate or turn 22.

No
- Great! You are self-sufficient! Consider connecting with your Independent Living Center or Local Career Center!

I DO NOT have an interest in Pre-Employment Transition Services (Pre-ETS).

Will you need support to obtain or maintain employment after exiting school due to your disability?

Yes
- Great! You are self-sufficient! Be sure to connect with your Independent Living Center or Local Career Center!

No
- Chapter 688 Referrals can be sent to MRC, Department of Development Services (DDS), Department of Mental Health (DMH), and Massachusetts Commission for the Blind (MCB), Massachusetts Commission for Deaf and Hard of Hearing (MCDHH), Department of Children and Family (DCF), and Department of Youth Service (DYS).