

Childhood Trauma Task Force

June 10, 2024

1pm-2.30pm

Agenda

- Welcome & Introductions
- Approval of December 2023 Meeting Minutes
- CTTF Celebrates 5 Years!
- Presentation of Other States' Trauma-Informed and Responsive Strategies
- Discussion of CTTF 2024-2025 Work Plan
- Presentation of CCWT/EEC Collaboration on Building Trauma-Informed and Responsive Early Childhood Education

CTTF Leadership Transition

- Center on Child Wellbeing & Trauma became a division of OCA in December 2023
- Leveraging the Center's subject matter expertise and work with state agencies
- Same vision, fresh perspective!

CTTF Celebrates 5 Years!

CTTF Accomplishments:

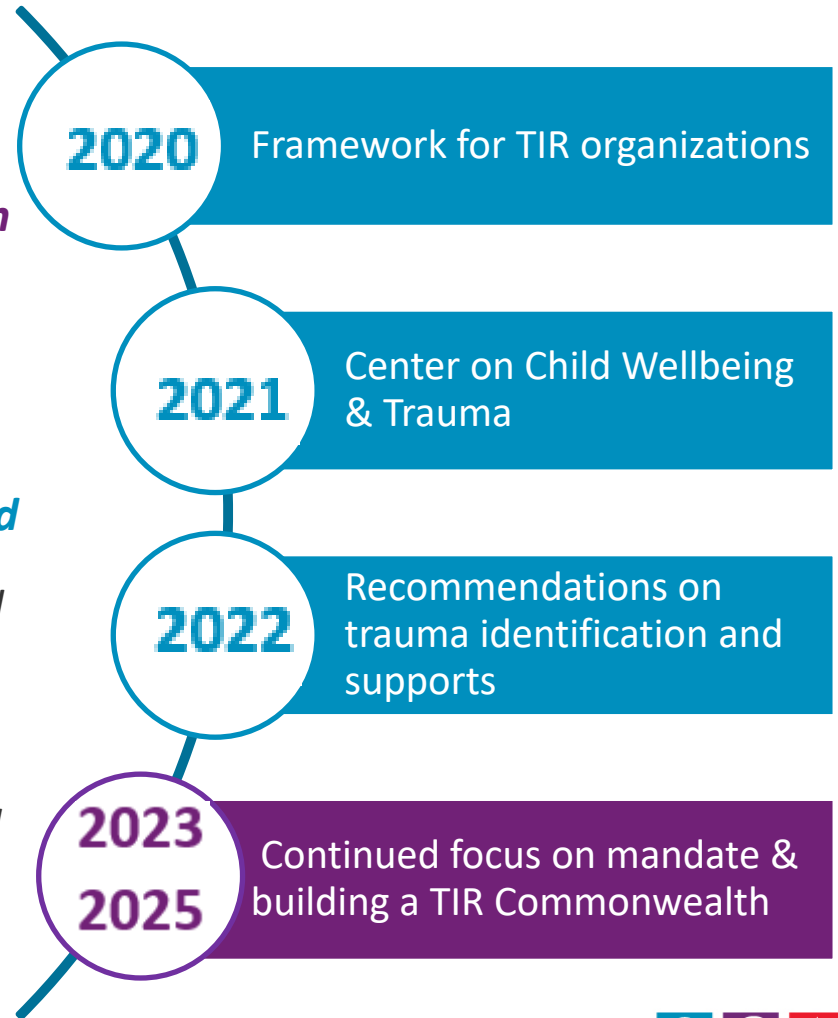
- *Framework for Trauma-Informed and Responsive Organizations* (i.e., “TIR Framework”)
- 6 reports on ways to
 - Implement the *TIR Framework*
 - Identify trauma across child-serving sectors
 - Support children during the COVID-19 pandemic
- Establishment of the Center on Child Wellbeing & Trauma

CTTF Legislative Mandate: Our Work To Date

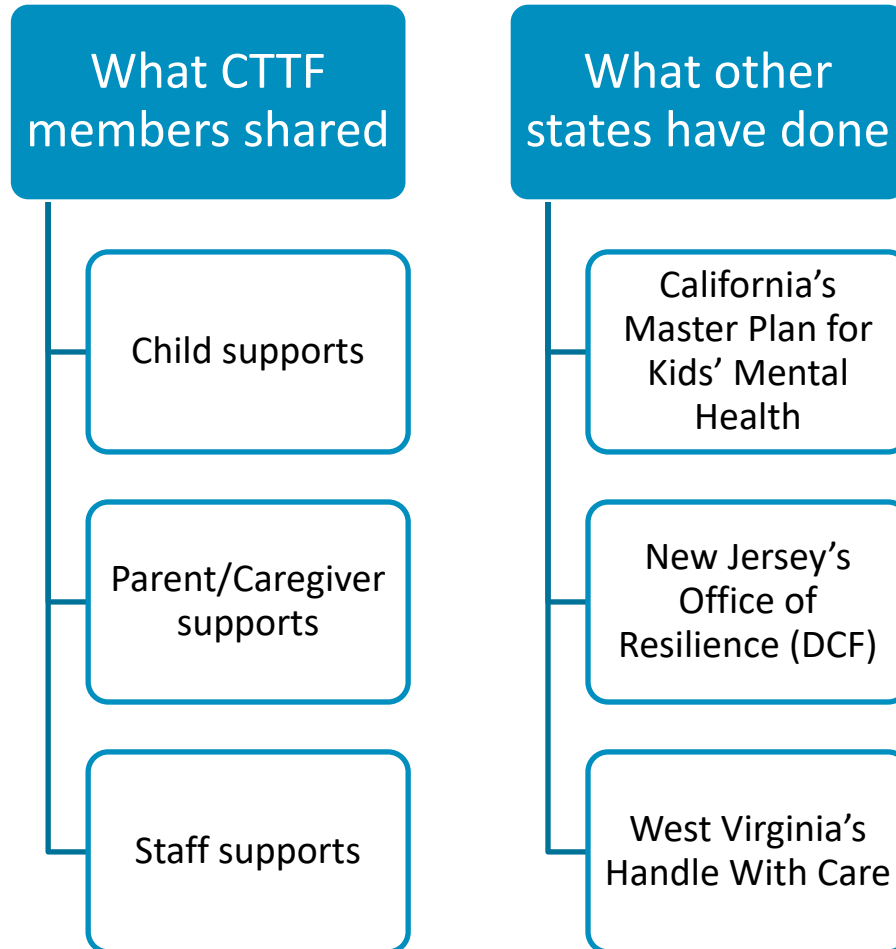
... Review the current means of (i) **identifying school-aged children who have experienced trauma**, particularly undiagnosed trauma, and (ii) **providing services to help children recover from the psychological damage caused by such exposure to violence, crime or maltreatment.**

The task force shall consider the feasibility of providing school-based trainings on early, trauma-focused interventions, **trauma-informed screenings and assessments**, and the recognition of reactions to victimization, as well as the **necessity for diagnostic tools.**

A priority shall be placed on juvenile or youthful offender's **pathways into the juvenile justice system** with the goal of reducing the likelihood of recidivism by addressing the unique issues associated with juvenile or youthful offenders ...



CTTF 2024-2025 Work Plan: Building a TIR Commonwealth



Building a TIR Commonwealth: What Other States are Doing

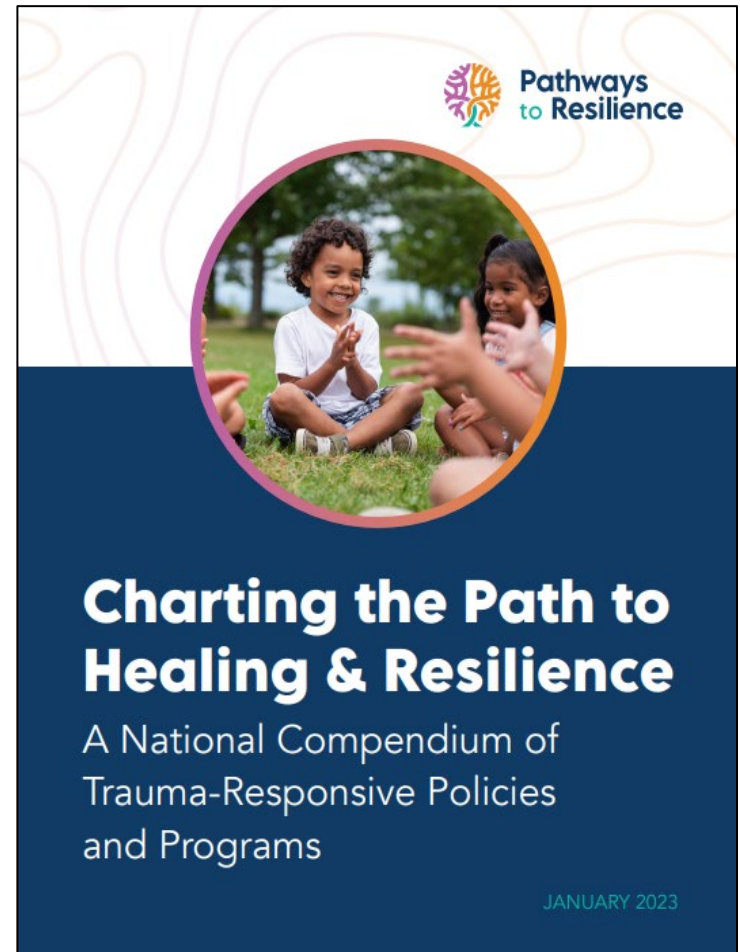
1. Governance models that focus on trauma and/or resilience

- Statewide offices
- Cabinets, commissions, task forces
- Staff positions

2. National, state, and local policies and programs

- Prevention programs/policies (incl. early intervention)
- Training
- Identification (assessing/screening)
- BH supports & navigation
- Data collection

Access Pathways to Resilience report [here](#)



Building a TIR Commonwealth: What Other States are Doing

Spotlight 1: California's [Master Plan for Kids' Mental Health](#)

- Five-year plan to increase children's behavioral health supports (ages 0-25) across state government
- \$4.7 billion investment
- Across sectors:
 - School BH services
 - Workforce development
 - Increased insurance coverage
 - Public campaign to destigmatize MH concerns

Building a TIR Commonwealth: What Other States are Doing

Spotlight 2: New Jersey's Trauma-Focused Governance Efforts

As part of its Statewide PACEs Action Plan, in 2018 NJ DCF established four “transformational offices” to focus on prevention:

- Office of Family Voice
- Office of Diversity, Equity, and Belonging
- Office of Staff Health & Wellness
- Office of Resilience
 - Achieve trauma-informed and healing -centered state designation
 - Conduct a PACEs public awareness and mobilization campaign
 - Maintain community-driven policy and funding priorities
 - Provide cross-sector PACEs training
 - Promote trauma-focused services and supports

Building a TIR Commonwealth: What Other States are Doing

Spotlight 3: West Virginia's Handle With Care

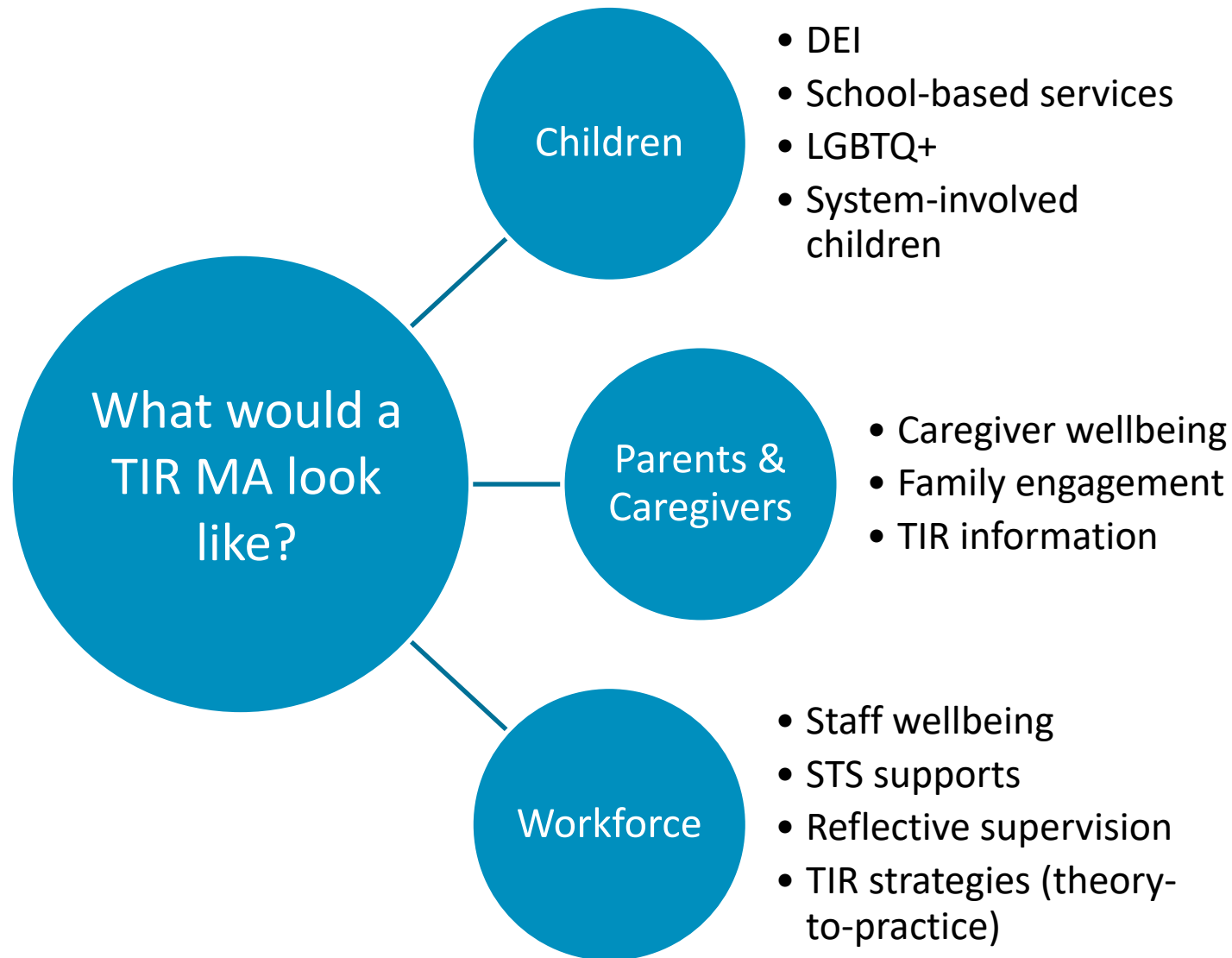


- Simple 3-part program:
 1. HWC notice (child's name, age, school). The notice goes to child's teacher, school nurse, and counselor (*not* in child's record).
 2. Creating trauma-sensitive classrooms
 3. Therapy services on-site at school
- Now implemented in at least 7 other states (Massachusetts, Ohio, Virginia, Maryland, Colorado, Michigan, Florida)

Discussion

- What are important takeaways from these spotlights?
- What similar work has Massachusetts done?
 - What is working well?
 - What could be improved?

Building a TIR Commonwealth: What CTTF Members Shared



Discussion of CTTF Work Plan 2024-2025

Poll Questions:

1. *Who?* What population would you like the CTTF to focus on in the coming year?
 - Children
 - Parents & caregivers
 - Workforce

2. *Where?* What sector would you like the CTTF to focus on in the coming year?
 - Early childhood (0-5)
 - K-12
 - Child welfare
 - Juvenile justice
 - Health care
 - Community level

Center on Child Wellbeing & Trauma Update

Center on Child Wellbeing & Trauma

Mission: CCWT supports child-serving organizations and systems in becoming trauma-informed and responsive through trainings, technical assistance, communities of practice, and coaching.

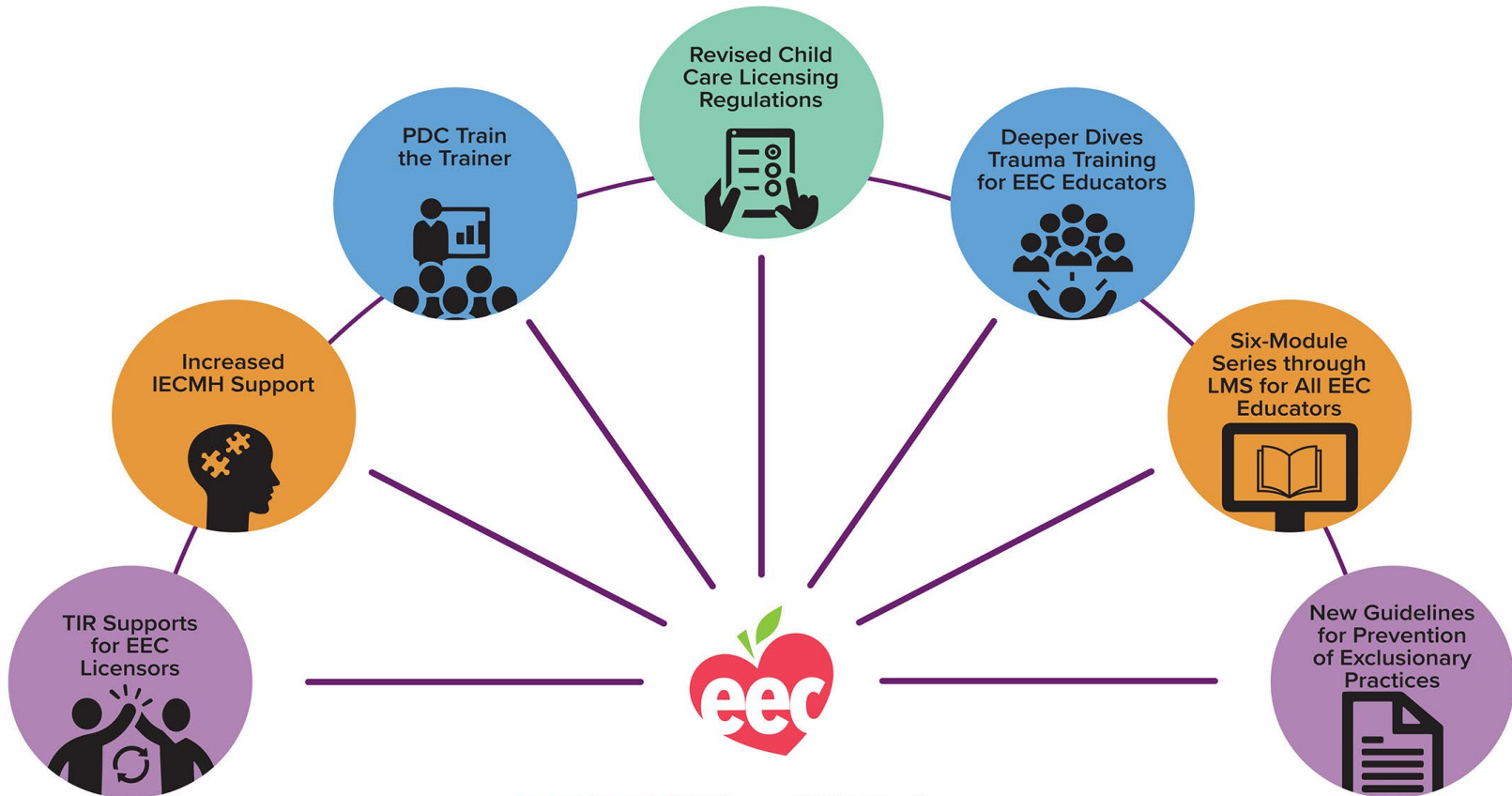
- Provision of training, coaching, and technical assistance
- Partnerships with:
 - DCF
 - DTA/DPH
 - HLC/CFCEs/New Arrivals
 - EEC
 - Schools
- More to come!



Building a TIR Workforce

- CCWT and EEC are partnering to promote TIR education and foster resilience in EEC settings:
 - Six-module series through LMS for all EEC educators
 - Train-the-trainer series for PDC Academy with deep dives on select trauma-related topics
 - Training for EEC licensing specialists
- Goals of these professional development opportunities:
 - Define trauma and resilience, and understand their impact on childhood development
 - Identify common signs of trauma in young children
 - Learn concrete TIR strategies to implement the Guiding Principles in early education and child care programs

Building a TIR Workforce



Building a TIR Workforce

Questions? Comments?

Next Meeting

Monday September 9, 2024
1.00-2.30pm

Contact

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