# Childhood Trauma Task Force

## September 2, 2020
1-3pm

Agenda

- Welcome and Introductions

- Review/Approval of Minutes from June Meeting

- Announcements

  – CTTF Covid Report Recommendations Follow up

  – DPH Grant Award

- Framework for TIR Organizations: Feedback

- Next Steps/ Next Meeting

Covid Report Recommendations Follow-Up

1) Support for Child-Serving Professionals:

OCA & UMass Medical *Covid-19 Resources for Early Childhood Educators*
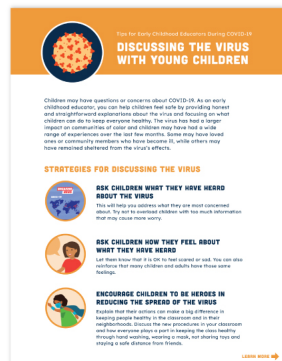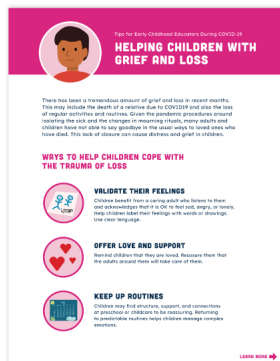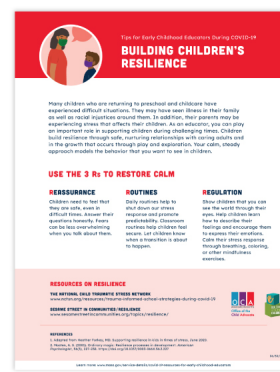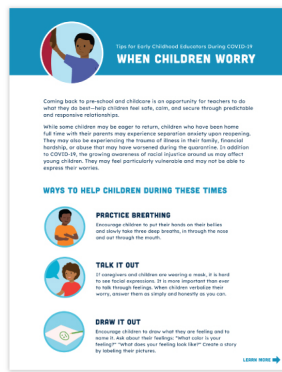
Videos by Dr. Heather Forkey:

- **Supporting Resilience in Kids' Time of Stress**

- **Supporting Resilience in Kids through Caregiver Regulation**

https://www.mass.gov/info-details/covid-19-resources-for-early-childhood-educators

Covid Report Recommendations Follow-Up

2) Additional Training/Coaching Support for Child-Serving Professionals:

- Funding for the Worcester Trauma & Resilience Collaborative included in COVID-19 Federal Reimbursement Supplemental Budget *(Thanks Senator Chandler & staff!)*

- Continued advocacy for funding to support efforts in FY21 budget process

Covid Report Recommendations Follow-Up

3) Interactive website for parents/caretakers and front-line child-serving professionals

- DMH + OCA + MassHealth/CBHI partnered with IDEO to develop Phase I site for parents → launching very soon!

- Funding to support expansion for additional audiences included in recent IT Bond Bill (*Thanks Senator Boncore & staff!*)

Covid Report Recommendations Follow-Up

4) Increase Availability of Mental and Behavioral Health Services and Supports for Students

- OCA partnered with MASMHC on survey of schools re: interest in specific school training & coaching needs for social-emotional learning and mental health
  - Strong interest in <u>becoming trauma-sensitive school</u>, <u>choosing and implementing behavioral health screening tools</u>, and <u>implementing specific behavioral health interventions</u>

- DESE offering Youth Mental Health First Aid training

# Preventing Adverse Childhood Experiences Data to Action Grant Overview

GUN VIOLENCE
PREVENTION
PROGRAM

Child Youth Violence Unit
Division of Violence and Injury Prevention
Bureau of Community Health and Prevention
250 Washington Street, Boston MA, 02108

Overview

❑ $1.5 Million ($500,000 per year)

❑ 3-year grant

❑ Surveilling Adverse Childhood Experiences (ACES) and Positive Childhood Experiences (PCES)

❑ Use data to create population level activities to mitigate the impact of ACES and/or prevent ACES

Grant Foci
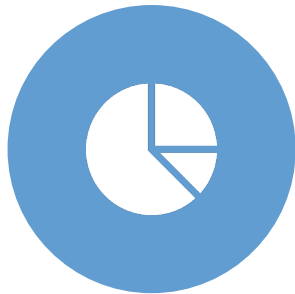
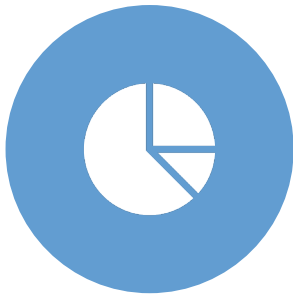ACE SURVEILLANCE
INFRASTRUCTURE BUILDING
AND DATA COLLECTION

IMPLEMENTATION OF ACES
PREVENTION STRATEGIES

DATA TO ACTION
FOUNDATIONAL ACTIVITIES

Deliverables

YEARLY STATE PROFILE REPORT
&
STATE-WIDE ACES STRATEGIC PLAN

ACES PREVENTION AND PCES
PROMOTION TRAININGS AND
COMMUNITY TOOL KITS

ENGAGING MEN AND BOYS SOCIAL
MARKETING CAMPAIGN

Thank you to the Planning Team

INTERNAL PARTNERS

Karin Downs (DPH, BFHN)

Larisa Mendez-Penate (DPH, BFHN)

Candace Nelson (DPH, Office of Population Health)

Maria McKenna (DPH, Office of Population Health)

Lauren F Cardoso (DPH, BCHAP)

Jill Clark (DPH, BCHAP)

Judy Benitez-Clancy (DPH, BCHAP)

Kelley Cunningham (DPH, BCHAP)

EXTERNAL PARTNERS

Dina Bernstein (Tufts)

Dr Robert Sege (Tufts)

Chiniqua Milligan (DESE)

Karyl Resnick (DESE)

Olga M. Lopez (DESE)

Heidi Holland (DMH)

Framework for TIR Orgs Feedback Process

- Framework Survey distributed broadly through OCA & CTTF member networks
  - 47 Responses, plus a handful of emails

- OCA and CTTF members also distributed copies to variety of subject matter experts with request for detailed review
  - Responses received from experts at UMass (Child Trauma Training Center), Judge Baker Children's Center, Refugee Trauma & Resilience Center, JRI, Boston Youth Sanctuary

- OCA presented and solicited feedback from several groups, including:
  - NCTSN Grantees Group
  - Mass School Administrator's Association
  - Trauma-Informed Hampden and Berkshire County groups
  - Plymouth County DECI Initiative

○

Positive Feedback

Survey Results

Overall very positive feedback:

- The Framework is clear and comprehensive: 100% said, after reading the Framework, that they had a "better understanding of what it means to be 'trauma-informed and responsive' as an organization."

- The Framework is applicable for child-serving organizations across sectors: 100% of respondents felt that the Framework is generally applicable for organizations like theirs.

- There is a strong interest in making organizations TIR
  - 42% (n=18) said they were interested in making their organization TIR
  - 53% (n=23) said their organizations were already TIR
  - Only 2 respondents stated they were not interested in their organizations becoming TIR.

47 respondents representing state agencies (33%), community social services providers (33%), juvenile justice system (8%), and other child-serving organizations (e.g. education, Early Intervention, CAC).

OCA
MASSACHUSETTS
Office of the Child Advocate

Suggested Edits

1. Edits added to Framework (*go to working document*)

   1. Clarity (terminology, word choice, document purpose and audience)

   2. Additional examples

   3. Added emphasis

2. Feedback on terminology re: cultural competence and cultural inclusivity

Survey Results - Implementation

What would organizations need to implement the Framework and become TIR?

1. Organizational assessment that could identify areas for improvement (53%)
2. A "TIR" resource website (49%)
3. Support identifying/implementing services for staff to address/prevent STS (40%)

Organizations also need support with:

- Reviewing and modifying current policies and practices (23%)
- Identifying/implementing specific trauma screenings/assessments/interventions (28%)
- Developing/implementing ongoing evaluation of TIR policies and services (21%)
- Connecting with other TIR organizations in their community/field (19%)
- Incorporating staff and children/families in creating and reviewing organization's TIR policies and services (19%)
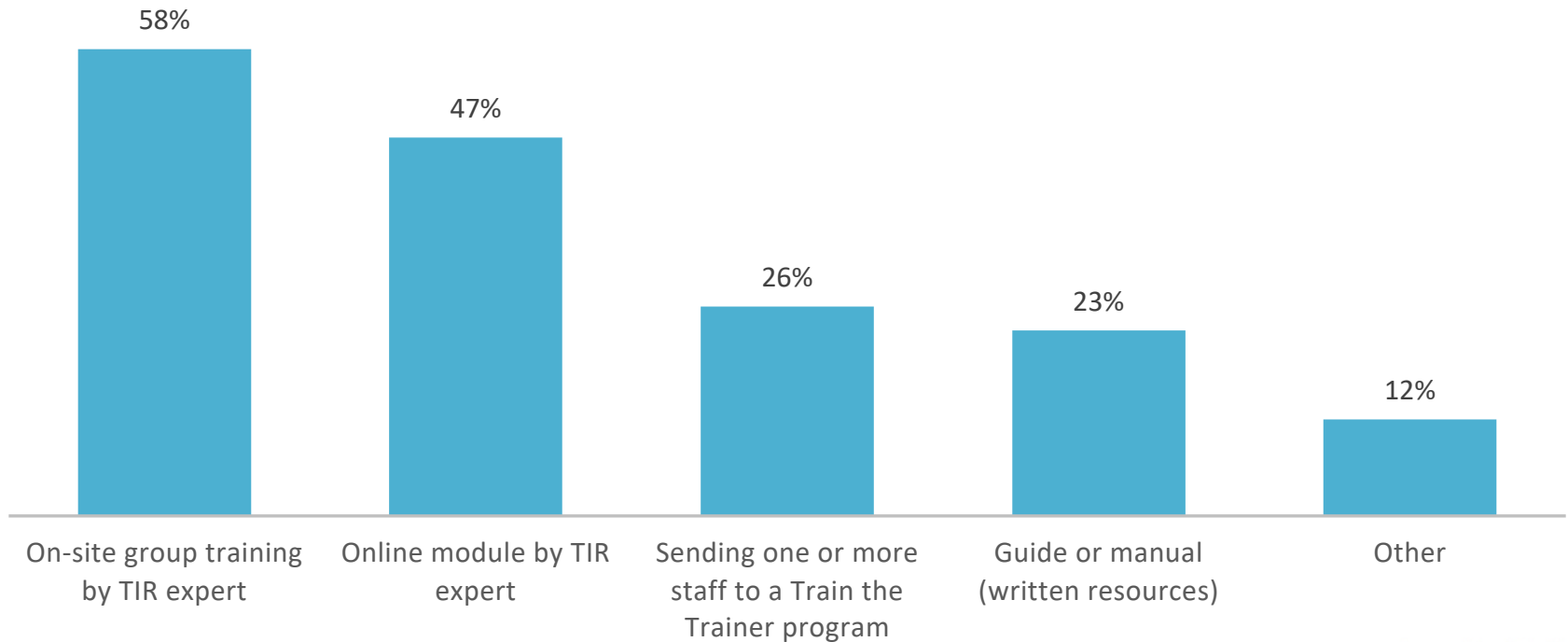- Transforming organization's physical environment (16%)

Survey Results - Implementation

Barriers & challenges to organizations becoming TIR

Answer Choices	Responses	
Training and workforce development	52%	22
Staff turnover	50%	21
Changing organizational culture	26%	11
Too many competing priorities/not enough time	24%	10
Other (please elaborate)	21%	9
Physical space difficult/impossible to change	14%	6
Cost	12%	5
Insufficient support from organizational leadership	5%	2

Survey Results

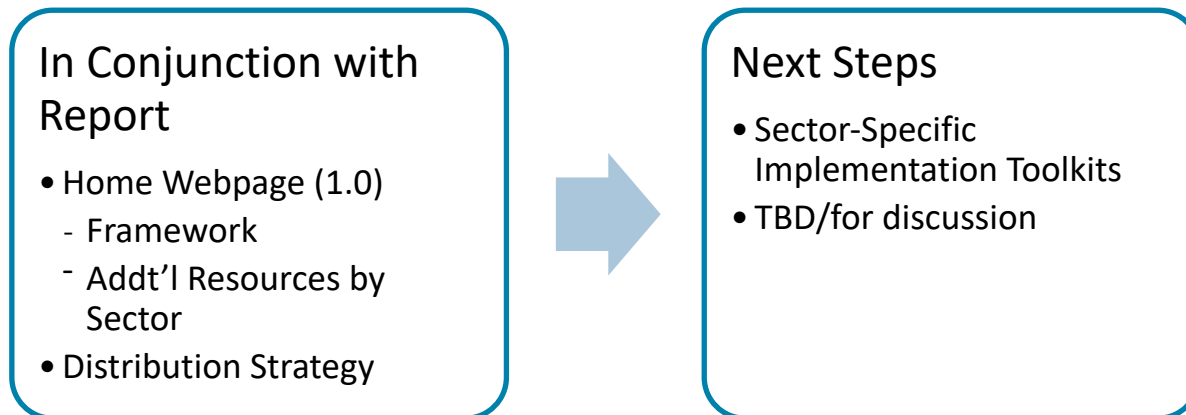Preferred method for training staff on the "TIR" approach

Next Steps

Framework Report

| Today/October: Finalize Framework for TIR Organizations | → | October: Review Draft on Implementation Recommendations | → | November: Review Draft Legislative Report | → | December: Finalize & Submit Report |

Framework Launch

In Conjunction with Report

- Home Webpage (1.0)
  - Framework
  - Addt'l Resources by Sector
- Distribution Strategy

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Next Steps

- Sector-Specific Implementation Toolkits
- TBD/for discussion
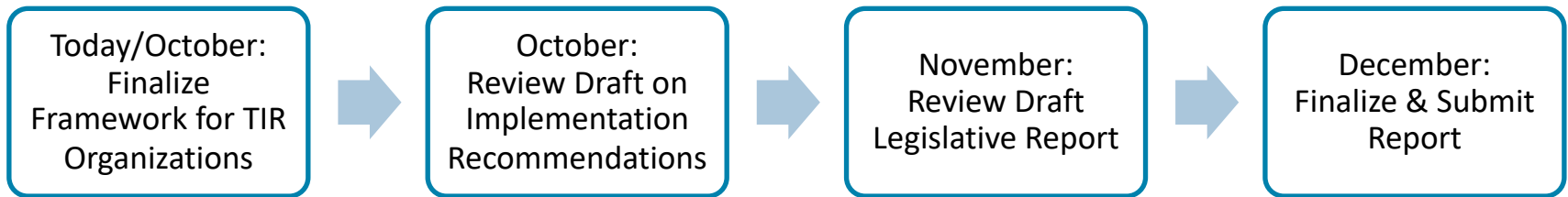
Next Meeting

Please fill out the Doodle by COB!