### **Childhood Trauma Task Force**

September 9, 2024

1:00 pm- 2:30 pm



# **Agenda**

- Welcome and Introductions
- Approval of June 10, 2024 Meeting Minutes
- Presentation and Discussion of CTTF 2024-2025 Work Plan
- Department of Youth Services (DYS) Presents: Trauma and Racial Equity Empowerment (TREE) Academy



# Background for Proposed Work Plan

#### 2022 Report:

Recommends the state increase the availability of supports for children who have experienced trauma

#### June 5, 2023 Meeting:

Members highlight the need for more training of child-serving professionals

#### August 7, 2023:

Members agree on child-serving training mapping project, specifics TBD



# Proposed CTTF 2024-2025 Work Plan

# Mapping out trainings provided by state agencies on childhood trauma and resilience.

- Short term goal: Assess whether state agencies have adequate resources and capacity to increase childserving professionals' knowledge of childhood trauma and resilience and related topics.
- Longer term goal: Support agencies in their capacity to offer trauma and child wellbeing training to their staff and provider agencies through the development of recommendations on training topics, quality measures, and frequency.



### Task Force Questions

- If you could choose training focus areas (e.g. child welfare, juvenile justice, child behavioral health) for all MA child-serving state agency employees and contracted providers, what would they be?
- If you could pick a few training topics that all MA child-serving state agency employees were required to take, what would they be?
- If you could pick a few training topics that all MA child-serving state agency contracted providers were required to take, what would they be?
- Are there any state agencies, training providers, or advocacy organizations that came to mind during this conversation that are strong in this area?

# **Project Methodology**









Review of what other states are doing

Analysis of available documentation (e.g., policies, regulations, agency training plans)

Stakeholder interviews (including with CTTF members!)

Summary and Recommendations



## **Next Steps**

- Develop a key questions for agencies
- Identify interview participants from state agencies
- Identify and analyze available resources and documentation for each agency
- CTTF discussion of interview tool
- Conduct interviews
- Develop findings and recommendations



# Department of Youth Services



# Trauma and Racial Equity Empowerment (TREE) Academy

Massachusetts' Juvenile Detention Alternatives Initiative, in collaboration with the Department of Youth Services and the OCA's Center on Child Wellbeing & Trauma, has created the JDAI Trauma and Racial Equity Empowerment Academy (TREE).

TREE offers a unique opportunity for MA child-serving state employees and community partners to:

- train members of their workforce to utilize trauma-informed and responsive strategies with children, youth, and families
- understand how racial trauma and racism affect individuals and systems and where solutions may be possible
- build internal capacity in their agency that sustains and promotes trauma-informed and responsive practices



# Trauma and Racial Equity Empowerment (TREE) Academy

Applications for TREE Academy will be accepted from staff at some of the following MA state agencies (and more!):

- Department of Youth Services (DYS)
- Massachusetts Probation Services (MPS)
- Department of Children and Families (DCF)
- Committee for Public Counsel Services (CPCS)
- Department of Mental Health (DMH)
- Department of Elementary and Secondary Education (DESE)
- Juvenile Court Judges



# **DRAFT** TREE Academy Curriculum

Module 1: Trauma Foundations	Modules 2, 3, & 4 Equity, Race, Culture, and Trauma	Module 5: Secondary Traumatic Stress and the Workforce	Module 6: Resilience and Protective Factors	Module 7: General Training and Facilitation Skills	Seeing RED: Changing the Narrative
					Think Trauma
Focus: connections between trauma, ACES, PCES, toxic stress, and the long-term impacts on children, youth, families, and staff	Focus: Connections between race, culture, and trauma including oppression trauma, racial identity development, and resilience/ resistance.	Focus: factors contributing to secondary traumatic stress in themselves and others and strategies to mitigate harmful effects of workplace stress and build resiliency.	Focus: connection s between resilience, hope and agency and promoting positive childhood experiences	Focus: Connections between race, culture, and trauma including oppression trauma, racial identity development, and resilience/ resistance.	Participants will complete train-the- trainer in specialized curricula and prepare to facilitate 3 sessions of Seeing RED or 3 series of Think Trauma training

#### Discussion

- What is best way to market TREE to solicit the most participation?
- What is the most useful application criteria?
- Any feedback on training series?



## **Next Meeting**

Monday, Dec. 9, 2024 1:00 pm -2:30pm



#### **Contact**

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