



DCR PUBLIC HOCKEY RULES

- Visitors must comply with the directions Of the managers and skate guards
- Session Max: 30 Skaters & 2 Goalies
- All participants must provide and wear Full equipment (HECC approved helmet, Shin pads, elbow pads, shoulder pads, Hockey pants and hockey gloves.)
- No contact or checking
- No coach – lead organized team practices
- Participation is on first-come, first-served basis