

# Department of Conservation and Recreation

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## FOR IMMEDIATE RELEASE:

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## DCR Recreational Advisory: Cold Water Temperatures

**WHAT:** Despite warm weather temperatures, the Department of Conservation and Recreation (DCR) would like to remind all recreational users that water temperatures remain cold. Swimming in cold water is dangerous and can quickly lead to “cold shock” or hypothermia. DCR’s designated swimming areas will open for the season on Memorial Day Weekend, when lifeguard services are scheduled to begin at select waterfronts. For more information on the dangers of cold water visit the National Weather Service [website](#).

**WHERE:** DCR managed water bodies

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