



# Workforce Issuance

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**100 DCS 05.200**

☐ Policy ☒ Information

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**To:** MassHire Workforce Board Chairs  
MassHire Workforce Board Directors  
MassHire Career Center Directors  
MassHire Fiscal Officers  
MassHire DCS Operations Managers

**cc:** WIOA State Partners

**From:** Beth Goguen, Director  
MassHire Department of Career Services

**Date:** December 18, 2025

**Subject:** **SNAP Work Rules Volunteer Site Opportunity**

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**Purpose:** To inform MassHire Workforce Boards, MassHire Career Center Operators and other local workforce partners of the opportunity to become a SNAP (Supplemental Nutrition Assistance Program) Work Rules Volunteer Site.

**Background:** Federal regulations make work rules a condition of eligibility for SNAP benefits. Able Bodied Adults without Dependents (ABAWDs) are restricted to 3 months of eligibility for SNAP benefits during a 3-year period, unless these individuals qualify for exemption or comply with the ABAWD work rules. To meet the work rules, ABAWDs must work or participate in approved education or training activity for 20 hours per week or perform volunteer work for up to 19 hours per month.

Organizations interested in partnering with the Department of Transitional Assistance (DTA) to serve as a community volunteer site for SNAP recipients, must please fill out the appropriate form at: [Become a Provider – SNAP Path to Work](#). Organizations will be listed on the DTA website at

An equal opportunity employer/program.

Auxiliary aids and services are available upon request to individuals with disabilities.

TDD/TTY 1-800-439-2370 - Voice 1-800-439-0183

[www.snappathtowork.org](http://www.snappathtowork.org) and remain on the list unless DTA is notified otherwise.

**Action**

**Required:** Please share this information as appropriate.

**Effective:** Immediately.

**Inquiries:** For questions on community volunteer requirements please email - [DTA.ABAWDvolunteersite@mass.gov](mailto:DTA.ABAWDvolunteersite@mass.gov).

**Attachment:** SNAP Work Rules Volunteer Flyer and FAQ