



Workforce Issuance

100 DCS 14.301

☐ Policy ☒ Information

To: Chief Elected Officials
MassHire Workforce Board Chairs
MassHire Workforce Board Directors
Title I Administrators
MassHire Career Center Directors
Title I Fiscal Officers
MDCS Operations Managers

cc: WIOA State Partners

From: Alice Sweeney, Director
MassHire Department of Career Services

Date: October 9, 2019

Subject: **Psych Hub – Mental Health Resources Available**

Purpose: To notify MassHire Workforce Boards, MassHire Career Center Operators and other workforce partners of an available resource, [Psych Hub](#), that offers individuals and providers videos, tools and information around mental health, substance use and suicide prevention.

Background: Psych Hub is an online platform providing free, engaging videos about mental health, substance use, and suicide prevention. It aims to be the trusted resource for consumers, family members, healthcare professionals and anyone else seeking best in class content on evidence-based behavioral health and substance use disorders.

Psych Hub is reimagining behavioral health and substance use education through intentional and thoughtful design. Videos offered are unlike other educational content available in behavioral health. By combining clinical research and the art

of storytelling, the videos provide engaging and credible mental health, substance use, and suicide prevention information that is accessible to everyone.

The content is meant to help individuals better understand their health care journey, from identifying symptoms to setting expectations for their provider during treatment. The stories are brought to life through animated videos to effectively demonstrate the many faces of mental health and substance use disorders.

Action

Requested: Please share with staff, partners and customers as appropriate.

Effective: Immediately.

Attachment: Psych Hub Flyer