



DEPARTMENT OF
CAREER SERVICES

Workforce Issuance

100 DCS 14.617

☐ Policy ☒ Information

To: MassHire Workforce Board Chairs
MassHire Workforce Board Directors
MassHire Career Center Directors
MassHire Fiscal Officers
MDCS Operations Managers

cc: WIOA State Partners

From: Beth Goguen, Director
MassHire Department of Career Services

Date: October 28, 2025

Subject: **Resilience Workshop for People Impacted by Cuts to Federal Programs – Fall 2025**

Purpose: To notify MassHire Workforce Boards, MassHire Career Center Operators and other local workforce partners of FREE Resilience workshops for federal workers who have recently lost their jobs and others who been affected by cuts to federal programs.

Workshops are available to support impacted individuals with tools for navigating change, rebuilding confidence, and exploring next steps in their career journey.

Please help spread the word and ensure these workshops are visible across your networks. Sessions are designed to complement existing career center services and may be especially valuable for those not yet connected to MassHire.

Background: [The Center for Grounded Action](#) is offering FREE Resilience Workshops for people who've lost jobs or have been otherwise impacted by cuts to Federal Programs. Workshop participants are met with compassion and skillful support to develop grounded resilience.

Upcoming Free Resilience workshop:

Tuesday, November 11, 2025 (Veteran's Day)

1:00pm - 4:30pm (In person)

At Lasell University, 1844 Commonwealth Avenue, Newton, 02466

To learn more about the organization – visit their landing page:

<https://lp.constantcontactpages.com/ev/reg/kgbsdxf/lp/0527bb84-6325-4796-a8cb-a3d316d5bf2b>

To **register** for the workshop please visit:

<https://lp.constantcontactpages.com/ev/reg/kgbsdxf>

Action

Required: Please share this information with staff, managers, and partners as appropriate.

Effective: Immediately.

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