

PROVIDER REPORT FOR

DDS Central State Op 324 Clark Street Worcester, MA 01606

November 16, 2022

Version

Public Provider Report

Prepared by the Department of Developmental Services
OFFICE OF QUALITY ENHANCEMENT

SUMMARY OF OVERALL FINDINGS

Provider DDS Central State Op

Review Dates 10/13/2022 - 10/19/2022

Service Enhancement

Meeting Date

11/2/2022

Survey Team Andrea Comeau

Ken Jones

Eric Lunden

Danielle Robidoux (TL)

Brenda Cole

Citizen Volunteers

Survey scope and findings for Residential and Individual Home Supports Service Group Type Sample Size Licensure Certification Certification Licensure Scope Level Scope Level 8 location(s) 23 / 26 Residential and Full 80/87 2 Year **Individual Home** 8 audit (s) Review Certified License Supports 11/02/2022 -11/02/2022 -11/02/2024 11/02/2024 Residential Services 8 location(s) Full Review 17 / 20 8 audit (s) Planning and Quality Full Review 6/6

Management

EXECUTIVE SUMMARY:

Central Residential Services (CRS) is a state operated cluster of 31 homes located in the central area of Massachusetts that provide twenty-four-hour residential services to adults with DD/ID. These services are administered by the DDS Central/West Regional office. In May 2022, CRS was reorganized by geography and oversight authority, with the transfer of 19 homes to Templeton Community Services, another state-operated service group. Additional reorganization of leadership occurred within CRS, and new positions were created to strengthen oversight roles and responsibilities.

The scope of this survey was a full licensure and certification review of these residential supports. The review was a hybrid model of surveying, where most tasks were conducted in-person while some were conducted through remote technologies. For this survey, interviews with key administrative and supervisory staff occurred virtually through Microsoft (MS) Teams. Observations, interviews with individuals and staff, review of environmental safety, and review of relevant documentation occurred on-site.

Central Residential Services demonstrated success in meeting licensure requirements in several areas, including personal and environmental safety, promotion of ISP development and goals, workforce competency, and healthcare oversight. Onsite review of homes found that environments were clean and well-maintained, appliances were working, and all required inspections were current. CRS utilized various oversight methods to ensure that homes were safe and in good repair, including quarterly inspection checklists that addressed a comprehensive list of elements related to home safety. In addition, procedures for transmission prevention and sanitation of environments were implemented consistently. Survey findings further showed that individuals' ISP assessments and support strategies were submitted within required timelines. The agency ensured that ISP goals were implemented in accordance with support strategies, and data on goal accomplishment was consistently tracked for all sampled individuals.

Central Residential Services demonstrated effective healthcare oversight. Onsite reviews showed that individuals' medical appointments and treatment recommendations were consistently tracked to ensure that appointments were kept, and follow-up care was addressed. Communication between nurses and residential staff effectively addressed individuals' ongoing medical conditions as well as their well-being day to day. Regular oversight of medication administration procedures occurred, and staff training required for ancillary procedures such as the taking of vital signs was addressed.

The survey team found that agency systems ensured workforce competency through a comprehensive employee orientation process, oversight of mandated trainings, and ongoing supervision and support of staff. Trainings reviewed for a sample of staff found that all mandatory training requirements were met. Onsite reviews indicated that staff were trained and knowledgeable in location-specific trainings as well as individual-specific supports, including healthcare protocols and supportive devices, among other supports unique to specific individuals. CRS also used various methods of keeping staff informed of agency procedures and expectations as well as change in individuals' needs for support.

Among the certification domains reviewed for the agency's residential services, the team found that individual choice and control was consistently supported. Individuals were making their own decisions about what they wanted to do, including choices in household chores, menu planning, and how to spend free time. The agency maintained regular communication with guardians and effectively supported individuals to visit and communicate with their families and friends.

In addition to the positive findings highlighted above, the review identified specific licensure outcomes in need of further attention. Within the context of personal safety, timelines for submission and review of incident reports and physical restraint reports must improve. Among other areas for focused

attention, strengthened oversight of required updates of individuals' Health Care Records is needed; medication treatment plans must address all required elements, including strategies to reduce reliance on sedatives prior to medical treatment; and funds management plans must be developed with agreement from individuals or guardians, when the agency has funds management responsibilities. In addition, the agency's human rights committees must address requirements for meetings and fulfil responsibilities for review of physical restraints, agency systems for human rights education, and review of agency policies that impact human rights.

Among areas subject to certification of residential services, CRS is encouraged to strengthen supports to individuals in expanding their networks of social contacts and relationships, assisting individuals to explore and identify their interests in community-based activities, and in ensuring that individuals have frequent, ongoing opportunities to participate in those interest areas in the community.

As a result of this review, Central Residential Services will receive a Two-Year License for its Residential and Individual Home Support service group with a service group score of 92% of licensure indicators met. In addition, this service group is certified with an overall score of 88% of certification indicators met. Follow-up will be conducted by CRS and reported to OQE within 60 days on those licensing indicators that received a rating of not met.

LICENSURE FINDINGS

| | Met / Rated | Not Met / Rated | % Met |
|--|-------------|-----------------|-------|
| Organizational | 7/10 | 3/10 | |
| Residential and Individual Home Supports | 73/77 | 4/77 | |
| Residential Services | | | |
| Critical Indicators | 8/8 | 0/8 | |
| Total | 80/87 | 7/87 | 92% |
| 2 Year License | | | |
| # indicators for 60 Day Follow-up | | 7 | |

Organizational Areas Needing Improvement on Standards not met/Follow-up to occur:

| Indicator # | Indicator | Area Needing Improvement |
|-------------|--|--|
| L48 | The agency has an effective Human Rights Committee. | Central Residential Services had three human rights committees that oversaw service locations within three geographical areas. Two of the committees did not meet quarterly and one committee lacked regular attendance of members with required expertise for the majority of the meetings. In addition, one of the committees was not fulfilling its responsibility for reviewing restraints, and all three committees were not reviewing the agency's system for training individuals in human rights, or agency policies that impact individuals' rights. The agency needs to ensure that its human rights committees meet quarterly, that each committee has the required membership, and that members are supported to attend the majority of scheduled meetings. The agency also needs to ensure that reports of physical restraint are reviewed by the human rights committee as well as the agency's human rights curriculum and agency policies that impact individuals' rights. |
| L65 | Restraint reports are submitted within required timelines. | During the period reviewed, there were 11 restraints that were not reported or reviewed within the required timelines. The agency needs to ensure that all restraint reports are reported within 3 days of the occurrence and are reviewed by the agency restraint manager within 5 days of the event. |

Organizational Areas Needing Improvement on Standards not met/Follow-up to occur:

| Indicator # | Indicator | Area Needing Improvement |
|-------------|-----------------------------------|--|
| L66 | by the Human Rights Committee. | Review of restraint reports generated over the past 13 months identified 23 restraints that had not been reviewed by the human rights committee within the timelines required for this review. The agency needs to ensure that all reports of physical restraint are reviewed by the agency human rights committee within 120 days of the event. |

Residential Areas Needing Improvement on Standards not met/Follow-up to occur:

| Indicator # | Indicator | Area Needing Improvement |
|----------------|--|---|
| L43 | The health care record is maintained and updated as required. | For two Healthcare Records reviewed, there was pertinent medical information that had not been included or updated. The agency needs to ensure that Health Care Records are updated annually or when significant medical information changes throughout the year, including hospitalization, vaccinations, and new diagnoses. |
| L63 | Medication treatment plans are in written format with required components. | For seven individuals, medication treatment plans did not address one or more required components, including measurable target behaviors, measurable criteria for consulting with the prescriber about medication adjustment, or strategies to reduce use of sedative medication prior to medical appointments. The agency needs to ensure that medication treatment plans address all required components. |
| L67 | There is a written plan in place accompanied by a training plan when the agency has shared or delegated money management responsibility. | For three individuals, funds management plans had not been developed as required or agreement to the plan had not been obtained from the individual or his/her guardian. The agency needs to ensure that the funds management plans address all required components, including plans for training individuals in handling and managing their personal funds. In addition, the agency must obtain annual signed agreement to the funds-management plan from the individual or the individual's guardian. |
| L91 | Incidents are reported and reviewed as mandated by regulation. | At six locations, incident reports were not submitted or reviewed within HCSIS within required timelines. The agency needs to ensure that incident reports are submitted to DDS and are reviewed within required timelines. |

CERTIFICATION FINDINGS

| | Met / Rated | Not Met / Rated | % Met |
|---|-------------|-----------------|-------|
| Certification - Planning and Quality Management | 6/6 | 0/6 | |
| Residential and Individual Home Supports | 17/20 | 3/20 | |
| Residential Services | 17/20 | 3/20 | |
| Total | 23/26 | 3/26 | 88% |
| Certified | | | |

Residential Services- Areas Needing Improvement on Standards not met:

| Indicator # | Indicator | Area Needing Improvement |
|-------------|---|--|
| C9 | Staff (Home Providers) act as bridge builders and provide opportunities to develop, and/or increase personal relationships and social contacts. | For four individuals, there was no evidence that the agency had supported the individuals to develop new relationships and/or increase personal relationships and social contacts. The agency needs to ensure that it is providing all individuals with opportunities to develop new relationships and/or to increase existing personal relationships and social contacts. |
| C16 | Staff (Home Providers) support individuals to explore, discover and connect with their interests for cultural, social, recreational and spiritual activities. | Two individuals were not supported to explore and discover their interests for cultural, social, recreational, and spiritual activities. The agency needs to ensure that all individuals have the support necessary to explore, discover and connect with their interests for cultural, social, recreational, and spiritual activities. |
| C17 | Community activities are based on the individual's preferences and interests. | Two individuals did not have frequent opportunities to engage in community activities that reflected their preferences and interests. The agency needs to ensure that all individuals are supported to regularly engage in community activities that are based on individuals' preferences and interests. |

MASTER SCORE SHEET LICENSURE

Organizational: DDS Central State Op

| Indicator # | Indicator | Met/Rated | Rating(Met,Not Met,NotRated) |
|-------------|-------------------------|-----------|---------------------------------|
| ₽ L2 | Abuse/neglect reporting | 8/8 | Met |
| L3 | Immediate Action | 15/15 | Met |
| L4 | Action taken | 15/15 | Met |
| L48 | HRC | 0/3 | Not Met(0 %) |
| L65 | Restraint report submit | 18/29 | Not Met(62.07 %) |
| L66 | HRC restraint review | 0/23 | Not Met(0 %) |
| L74 | Screen employees | 7/7 | Met |
| L75 | Qualified staff | 7/7 | Met |
| L76 | Track trainings | 20/20 | Met |
| L83 | HR training | 20/20 | Met |

Residential and Individual Home Supports:

| Ind.# | Ind. | Loc. or Indiv | Res. Sup. | Ind. Home Sup. | Place. | Resp. | ABI- MFP Res. Sup. | ABI- MFP Place. | Total Met/Rat ed | Rating |
|------------------|-------------------------------------|---------------------|--------------|----------------------|--------|-------|-----------------------------|-----------------------|------------------------|---------------------|
| L1 | Abuse/n eglect training | I | 8/8 | | | | | | 8/8 | Met |
| L5 | Safety Plan | L | 8/8 | | | | | | 8/8 | Met |
| ₽ L 6 | Evacuat ion | L | 8/8 | | | | | | 8/8 | Met |
| L7 | Fire Drills | L | 8/8 | | | | | | 8/8 | Met |
| L8 | Emerge ncy Fact Sheets | I | 7/8 | | | | | | 7/8 | Met (87.50 %) |
| L9 (07/21) | Safe use of equipm ent | I | 8/8 | | | | | | 8/8 | Met |
| L10 | Reduce risk interven tions | I | 5/5 | | | | | | 5/5 | Met |
| ₽ L11 | Require d inspecti ons | L | 8/8 | | | | | | 8/8 | Met |
| ₽ L12 | Smoke detector s | L | 8/8 | | | | | | 8/8 | Met |
| [№] L13 | Clean location | L | 8/8 | | | | | | 8/8 | Met |
| L14 | Site in good repair | L | 5/5 | | | | | | 5/5 | Met |
| L15 | Hot water | L | 8/8 | | | | | | 8/8 | Met |
| L16 | Accessi bility | L | 8/8 | | | | | | 8/8 | Met |
| L17 | Egress at grade | L | 8/8 | | | | | | 8/8 | Met |
| L18 | Above grade egress | L | 3/3 | | | | | | 3/3 | Met |

| Ind.# | Ind. | Loc. or Indiv | Res. Sup. | Ind. Home Sup. | Place. | Resp. | ABI- MFP Res. Sup. | ABI- MFP Place. | Total Met/Rat ed | Rating |
|-------|---|---------------------|--------------|----------------------|--------|-------|-----------------------------|-----------------------|------------------------|--------|
| L19 | Bedroo m location | L | 8/8 | | | | | | 8/8 | Met |
| L20 | Exit doors | L | 8/8 | | | | | | 8/8 | Met |
| L21 | Safe electrica I equipm ent | L | 8/8 | | | | | | 8/8 | Met |
| L22 | Well- maintai ned applianc es | L | 8/8 | | | | | | 8/8 | Met |
| L23 | Egress door locks | L | 8/8 | | | | | | 8/8 | Met |
| L24 | Locked door access | L | 8/8 | | | | | | 8/8 | Met |
| L25 | Danger ous substan ces | L | 8/8 | | | | | | 8/8 | Met |
| L26 | Walkwa y safety | L | 8/8 | | | | | | 8/8 | Met |
| L28 | Flamma bles | L | 8/8 | | | | | | 8/8 | Met |
| L29 | Rubbish /combu stibles | L | 8/8 | | | | | | 8/8 | Met |
| L30 | Protecti ve railings | L | 8/8 | | | | | | 8/8 | Met |
| L31 | Commu nication method | I | 8/8 | | | | | | 8/8 | Met |
| L32 | Verbal & written | I | 8/8 | | | | | | 8/8 | Met |
| L33 | Physical exam | ı | 8/8 | | | | | | 8/8 | Met |
| L34 | Dental exam | I | 7/7 | | | | | | 7/7 | Met |

| Ind.# | Ind. | Loc. or Indiv | Res. Sup. | Ind. Home Sup. | Place. | Resp. | ABI- MFP Res. Sup. | ABI- MFP Place. | Total Met/Rat ed | Rating |
|----------------|------------------------------------|---------------------|--------------|----------------------|--------|-------|-----------------------------|-----------------------|------------------------|-------------------------|
| L35 | Preventi ve screenin gs | I | 7/7 | | | | | | 7/7 | Met |
| L36 | Recom mended tests | I | 7/8 | | | | | | 7/8 | Met (87.50 %) |
| L37 | Prompt treatme nt | ı | 8/8 | | | | | | 8/8 | Met |
| ₽ L38 | Physicia n's orders | I | 8/8 | | | | | | 8/8 | Met |
| L39 | Dietary require ments | I | 2/2 | | | | | | 2/2 | Met |
| L40 | Nutrition al food | L | 8/8 | | | | | | 8/8 | Met |
| L41 | Healthy diet | L | 8/8 | | | | | | 8/8 | Met |
| L42 | Physical activity | L | 8/8 | | | | | | 8/8 | Met |
| L43 | Health Care Record | I | 6/8 | | | | | | 6/8 | Not Met (75.00 %) |
| L44 | MAP registrat ion | L | 8/8 | | | | | | 8/8 | Met |
| L45 | Medicati on storage | L | 8/8 | | | | | | 8/8 | Met |
| ₽ L46 | Med. Adminis tration | I | 8/8 | | | | | | 8/8 | Met |
| L49 | Informe d of human rights | I | 8/8 | | | | | | 8/8 | Met |
| L50 (07/21) | Respect ful Comm. | I | 8/8 | | | | | | 8/8 | Met |
| L51 | Possess ions | I | 8/8 | | | | | | 8/8 | Met |
| L52 | Phone calls | I | 8/8 | | | | | | 8/8 | Met |

| Ind. # | Ind. | Loc. or Indiv | Res. Sup. | Ind. Home Sup. | Place. | Resp. | ABI- MFP Res. Sup. | ABI- MFP Place. | Total Met/Rat ed | Rating |
|----------------|------------------------------------|---------------------|--------------|----------------------|--------|-------|-----------------------------|-----------------------|------------------------|-------------------------|
| L53 | Visitatio n | I | 8/8 | | | | | | 8/8 | Met |
| L54 (07/21) | Privacy | I | 8/8 | | | | | | 8/8 | Met |
| L56 | Restricti ve practice s | I | 3/4 | | | | | | 3/4 | Met |
| L57 | Written behavio r plans | Ι | 6/7 | | | | | | 6/7 | Met (85.71 %) |
| L60 | Data mainten ance | I | 7/7 | | | | | | 7/7 | Met |
| L61 | Health protecti on in ISP | I | 8/8 | | | | | | 8/8 | Met |
| L62 | Health protecti on review | I | 4/4 | | | | | | 4/4 | Met |
| L63 | Med. treatme nt plan form | I | 1/8 | | | | | | 1/8 | Not Met (12.50 %) |
| L64 | Med. treatme nt plan rev. | I | 8/8 | | | | | | 8/8 | Met |
| L67 | Money mgmt. plan | I | 4/7 | | | | | | 4/7 | Not Met (57.14 %) |
| L68 | Funds expendi ture | I | 6/7 | | | | | | 6/7 | Met (85.71 %) |
| L69 | Expendi ture tracking | I | 7/7 | | | | | | 7/7 | Met |
| L70 | Charges for care calc. | I | 7/8 | | | | | | 7/8 | Met (87.50 %) |
| L71 | Charges for care appeal | I | 8/8 | | | | | | 8/8 | Met |

| Ind.# | Ind. | Loc. or Indiv | Res. Sup. | Ind. Home Sup. | Place. | Resp. | ABI- MFP Res. Sup. | ABI- MFP Place. | Total Met/Rat ed | Rating |
|--------|---|---------------------|--------------|----------------------|--------|-------|-----------------------------|-----------------------|------------------------|-------------------------|
| L77 | Unique needs training | I | 8/8 | | | | | | 8/8 | Met |
| L78 | Restricti ve Int. Training | L | 6/6 | | | | | | 6/6 | Met |
| L79 | Restrain t training | L | 2/2 | | | | | | 2/2 | Met |
| L80 | Sympto ms of illness | L | 8/8 | | | | | | 8/8 | Met |
| L81 | Medical emerge ncy | L | 8/8 | | | | | | 8/8 | Met |
| P: L82 | Medicati on admin. | L | 8/8 | | | | | | 8/8 | Met |
| L84 | Health protect. Training | I | 8/8 | | | | | | 8/8 | Met |
| L85 | Supervi sion | L | 8/8 | | | | | | 8/8 | Met |
| L86 | Require d assess ments | I | 7/8 | | | | | | 7/8 | Met (87.50 %) |
| L87 | Support strategi es | I | 8/8 | | | | | | 8/8 | Met |
| L88 | Strategi es implem ented | I | 8/8 | | | | | | 8/8 | Met |
| L90 | Persona I space/ bedroo m privacy | I | 8/8 | | | | | | 8/8 | Met |
| L91 | Incident manage ment | L | 2/8 | | | | | | 2/8 | Not Met (25.00 %) |

| Ind.# | Ind. | Loc. or Indiv | Res. Sup. | Ind. Home Sup. | Place. | Resp. | ABI- MFP Res. Sup. | ABI- MFP Place. | Total Met/Rat ed | Rating |
|---------------------------------------|---|---------------------|--------------|----------------------|--------|-------|-----------------------------|-----------------------|------------------------|--------|
| L93 (05/22) | Emerge ncy back-up plans | I | 8/8 | | | | | | 8/8 | Met |
| L94 (05/22) | Assistiv e technol ogy | I | 8/8 | | | | | | 8/8 | Met |
| L96 (05/22) | Staff training in devices and applicati ons | I | 7/7 | | | | | | 7/7 | Met |
| L99 (05/22) | Medical monitori ng devices | I | 3/3 | | | | | | 3/3 | Met |
| #Std. Met/# 77 Indicat or | | | | | | | | | 73/77 | |
| Total Score | | | | | | | | | 80/87 | |
| | | | | | | | | | 91.95% | |

MASTER SCORE SHEET CERTIFICATION

Certification - Planning and Quality Management

| Indicator # | Indicator | Met/Rated | Rating |
|-------------|----------------------------------|-----------|--------|
| C1 | Provider data collection | 1/1 | Met |
| C2 | Data analysis | 1/1 | Met |
| C3 | Service satisfaction | 1/1 | Met |
| C4 | Utilizes input from stakeholders | 1/1 | Met |
| C5 | Measure progress | 1/1 | Met |
| C6 | Future directions planning | 1/1 | Met |

Residential Services

| Indicator # | Indicator | Met/Rated | Rating Met | |
|-------------|---|-----------|-------------------|--|
| C7 | Feedback on staff / care provider performance | 7/7 | | |
| C8 | Family/guardian communication | 8/8 | Met | |
| C9 | Personal relationships | 4/8 | Not Met (50.0 %) | |
| C10 | Social skill development | 8/8 | Met | |
| C11 | Get together w/family & friends | 8/8 | Met | |
| C12 | Intimacy | 7/8 | Met (87.50 %) | |
| C13 | Skills to maximize independence | 8/8 | Met | |
| C14 | Choices in routines & schedules | 8/8 | Met | |
| C15 | Personalize living space | 7/8 | Met (87.50 %) | |
| C16 | Explore interests | 6/8 | Not Met (75.00 %) | |
| C17 | Community activities | 6/8 | Not Met (75.00 %) | |
| C18 | Purchase personal belongings | 8/8 | Met | |
| C19 | Knowledgeable decisions | 8/8 | Met | |
| C46 | Use of generic resources | 8/8 | Met | |
| C47 | Transportation to/ from community | 8/8 | Met | |
| C48 | Neighborhood connections | 8/8 | Met | |
| C49 | Physical setting is consistent | 8/8 | Met | |
| C51 | Ongoing satisfaction with services/ supports | 8/8 | Met | |
| C52 | Leisure activities and free-time choices /control | 8/8 | Met | |
| C53 | Food/ dining choices | 8/8 | Met | |