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3 COMMONWEALTH OF MASSACHUSETTS

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5 EXECUTIVE OFFICE OF HEALTH AND HUMAN SERVICES

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 9 IN RE: Integrating Medicare and -
 10 Medicaid for Dual Eligible -
 Individuals -

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10 Public Hearing on Draft -
 Demonstration Proposal -

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12 Friday, December 16, 2011 -
 1:00 p.m. - 3:00 p.m. -
 Worcester Public Library, Saxe -
 Room -
 3 Salem Square -
 Worcester, Massachusetts -

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16 Moderated by: Robin Callahan, Deputy Medicaid
 Director, MassHealth

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21 Reporter: Cynthia C. Henderson, CSR/RPR

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1 MS. CALLAHAN: Before we get
2 started, just to make sure everybody has been
3 offered a chance to sign up and to speak today
4 by writing your name on a sign-in sheet, is
5 there anyone who wishes to speak today who
6 hasn't yet signed in on the sheet here? Okay.
7 Well, thanks a lot for coming. I am Robin
8 Callahan, and I am the Deputy Medicaid Director,
9 and I appreciate you all coming in today for
10 this public hearing about a proposal that we
11 have recently posted that would be our proposed
12 programs at CMS for integrating Medicaid and
13 Medicare services into one combined program. So
14 I trust you've all found the proposal, and we
15 really are looking forward to hearing from you
16 today.

17 Joining me when they get here, and
18 we have been told that there is a little delay
19 in transit, we are expecting to have the
20 Medicaid Director, Doctor Julian Harris, join
21 us, as well as Christine Griffin, Assistant
22 Secretary of Health and Human Services for
23 disability. So both of them are en route, so
24 they will join us when they can, and I believe

1 they will probably each have maybe some closing
2 remarks. Oh, I'm sorry. Was someone telling me
3 something? Christine is here. Very good.
4 Okay. Hi, Christine.

5 So this is the first of two public
6 hearings on the public comment period on the
7 draft proposal. The purpose of this meeting is
8 to give members of the public an opportunity to
9 present oral comments to the proposal and for us
10 to listen to those comments. So I guess before
11 I go any further, do you want me to keep going?

12 MS. GRIFFIN: (Christine Griffin)
13 Yes. You know, I think just on what Robin said,
14 we are really here to listen to people and we
15 want to hear what you have to say and we want to
16 make sure that the proposal reflects what you
17 tell us today. And we are really, really
18 interested in hearing from consumers, especially
19 those who are dual eligible, that can tell us
20 what works for you now and what doesn't. That
21 would be really key, and I know we have to limit
22 the time because but there is also opportunity
23 to comment after this, comment on the proposal,
24 by even just writing us and letting us know

1 what's working for you and what isn't. We truly
2 want to make this a proposal and ultimately
3 implementation of a system that works for you
4 and provides you what you need. So we are here
5 to listen.

6 MS. CALLAHAN: Just in terms of
7 general format, those of you that have attended,
8 we have had a series of open public meetings
9 over the last several months. This one will be
10 a little different. In the past we've done
11 quite a bit of back and forth, but again, we
12 really have reserved these two meetings to be
13 literally hearings that we are here to hear you,
14 so we don't have any presentations. We are not
15 going to do a lot of talking ourselves, and we
16 want to spend as much time at the hearing as
17 possible.

18 So I'm going to be calling names
19 in order of the sign-in sheet, and when your
20 name is called please let us know where you are
21 and someone will bring a microphone to you.
22 When you are speaking we really would appreciate
23 it if you would please restate your name. I
24 might not do a very good job of reading your

1 name off the sign-in sheet, and if you are
2 speaking on behalf of any group or organization,
3 we would appreciate knowing that as well, but
4 certainly you don't have to be speaking on
5 behalf of any organization. We are thinking
6 that, given the number of people who have signed
7 in, in order to make sure everybody gets heard
8 we are going to ask you to limit your comments
9 to four minutes or so, and we are going to, you
10 know, let you know when we are getting close to
11 that to encourage you to wrap up. Perhaps we
12 will have more time at the end once we've made
13 sure we've heard from everyone. If you wish to
14 submit written comments in addition to your oral
15 comments or instead of oral comments, we will be
16 taking written testimony today, but you also
17 will see on our web site where you can send
18 those comments throughout the whole comment
19 period.

20 This hearing is being transcribed
21 by a stenographer. Oral comments today are
22 considered official public comments and will be
23 considered in just the same way as written
24 comments are to us. There is no difference in

1 value on that. All comments received by us over
2 the public comment period will be thoroughly and
3 carefully considered, as Christine just said.
4 This is a true effort on our part to make sure
5 that the proposal that we put before CMS
6 reflects in the best way we can a program that
7 folks feel will be valuable to them. We expect
8 to revise the proposal that was posted based on
9 the comments that we receive before we submit
10 anything to CMS. The public comment period
11 closes at 5:00 p.m. on January 10th, 2012. The
12 handout you received at the sign-in desk
13 includes an e-mail address for anything you want
14 to send us and a mailing address for submitting
15 written comments.

16 So with that, I would like to
17 start the testimony. The first name I see is
18 Christa Brown.

19 MS. BROWN: (Christa Brown) Hi.
20 My name is Christa Brown. I work at Northeast
21 Independent Living program, an independent
22 living center in Lawrence, Massachusetts. I am
23 the staff interpreter there. I work within the
24 deaf and hard of hearing services program. I

1 wanted to bring up the point today that one of
2 the things that we want to point out is that
3 American sign language is often not recognized
4 as a true language, and it is, just like
5 Spanish, German, English, all of your first
6 languages.

7 One of our goals is to see that
8 American sign language gets the same recognition
9 as these other languages, so when you go into
10 your hospital or when you go into your doctor's
11 office the expectation is that you should be
12 able to communicate in your first language,
13 whatever that language happens to be, and for
14 the deaf and hard of hearing community that is
15 American sign language. So we want to see it
16 get the same recognition. And also, it's so
17 important for our independent living centers to
18 continue to be a strong advocate and presence in
19 your community, and we want to see those
20 continued as well.

21 MS. CALLAHAN: James Orlando.

22 MR. ORLANDO: (James Orlando) Hi.
23 My name is James Orlando, and I am a consumer at
24 Northeast Independent Living Program. I am also

1 dual eligible myself. One point I wanted to
2 mention is that the Beverly Hospital already has
3 interpreter services set up, so when you enter
4 the hospital there is already an interpreter
5 there, there is services provided for deaf and
6 hard of hearing people. So it makes the process
7 very smooth and very easy for us when we go into
8 the hospital, and we would like to see those
9 kind of services set up in other hospitals as
10 well.

11 Interpreters are important to be a
12 live, an actual live person, but if that's not
13 available you can also get interpreter services
14 through a laptop or through the Internet, and so
15 that would be a good second option. As myself,
16 I prefer to have a live interpreter. That's
17 better, but that's another option as well.
18 Thank you.

19 MS. CALLAHAN: Thank you very
20 much. Laurie Johnstone.

21 MS. JOHNSTONE: (Laurie Johnstone)
22 Hi, everybody. My name is Laurie Johnstone, and
23 I work at Northeast Independent Living Program
24 as a deaf specialist. I work with people to

1 stay in their homes, in their environment.

2 I just wanted to say that I live
3 in New Hampshire and I work in Massachusetts.
4 New Hampshire has a model already with American
5 Family Living interpreters. There are three
6 hospitals in New Hampshire that have that model,
7 emergency medical interpreter services, as well
8 as there are two or three hospitals that hire
9 interpreters who work with the deaf interpreters
10 as well as running services.

11 I have patients coming into the
12 emergency room, and the interpreter will be
13 right there in case you have an appointment, and
14 if they have no luck finding an interpreter,
15 that interpreter will be there.

16 Also, I just think that it's
17 important that the interpreter is available for
18 deaf and hard of hearing patients.

19 MS. CALLAHAN: Thank you very
20 much. If you will indulge us going out of order
21 for one moment. Speaking of translator
22 services, we had to pull the folks from the
23 library that have been gracious enough to offer
24 us some Spanish translation assistance, so if we

1 have someone who could use that. Is that okay
2 with everybody?

3 So we have Evan Arroyo?

4 TRANSLATOR: Her name is Evan
5 Arroyo. I am Iris, and I work at the library.
6 I just came here to help her translate. She
7 wanted to know first of all what this is all
8 about.

9 MS. CALLAHAN: Well, I guess you
10 can say we are here on a public hearing about a
11 proposal to have Medicare and Medicaid services
12 joined together in a program for people who are
13 eligible for both Medicaid and Medicare. There
14 is a new program that we are looking to start,
15 And the program is for a person with
16 disabilities who is eligible for both Medicare
17 and Medicaid, and we want people to tell us what
18 would be helpful to them about a program like
19 that.

20 MS. ARROYO: What would be the
21 benefits of combining both? You might have said
22 this, but I missed it.

23 MS. CALLAHAN: Yes. I'm sorry.
24 We didn't really do a presentation, but there is

1 a proposal we have out, and the benefits are
2 generally that people should be able to get both
3 sets of services in one program, and we are
4 trying to find a better way to do that than what
5 we do today. And you can let her know that we
6 will be more than happy to find a way to spend
7 time with her to talk about that after this.
8 Our purpose today is to hear people tell us what
9 they think about what we've proposed. Okay?
10 Thank you very much. Sharon Sachs.

11 MS. SACHS: My name is Sharon
12 Sachs, and I'm a consumer at the Northeast
13 Independent Living Program. I'm also deaf and
14 partially blind. I myself am a dual eligible.
15 So I had to go to physical therapy, and in that
16 situation they had requested an interpreter for
17 me, and they made the calls necessary, but there
18 were several times that they didn't show up so I
19 had to go without an interpreter. They only
20 came twice, so I had to go to my therapy with no
21 interpreter. So again it was a bad situation
22 because I didn't have interpretation that I
23 needed.

24 Also, I feel that deaf blind

1 consumers should be provided with interpreters
2 on a weekly basis so they are not isolated
3 because that's a human rights issue. That's a
4 violation of their human rights because they are
5 isolated, and we feel like to provide those
6 interpreters would help remedy that problem.

7 MS. CALLAHAN: Thank you. Deborah
8 Hallissey?

9 MS. HALLISSEY: Hi. My name is
10 Deborah Hallissey, and I'm a dual eligible. So
11 when you go to the hospital, whether it is for a
12 procedure or maybe just for regular
13 appointments, sometimes you can wait and wait
14 and wait to get an interpreter. It's best to
15 have a real person there to be with you during
16 that time, and it's very important that we don't
17 close down the IL centers. The independent
18 living centers need to partner with the ICOs.
19 Thank you.

20 MS. CALLAHAN: Thank you. Jill
21 Bower.

22 MS. BOWER: I am testifying today
23 as an advocate for those who are dual eligible
24 for Medicare and Medicaid. My name is Jill

1 Bower, and I am the Director of the Northeast
2 Recovery Learning community that serves people
3 with mental health conditions in the northeast
4 part of Massachusetts.

5 As a Medicaid recipient myself, I
6 have a secondary concern that some of the
7 provisions in this demonstration might one day
8 apply to me were I to become Medicare eligible
9 as well. One of the key things I want to say
10 today is that the recovery learning communities
11 and the independent living centers must be
12 contracted partners in this demonstration
13 because they are the bedrock of both peer
14 support and peer services for people with
15 disabilities, and there is no substitute for
16 these services in Massachusetts.

17 (Applause)

18 MS. BOWER: The right to choose
19 one's own services is a fundamental choice which
20 must not be compromised by the proposed
21 demonstration. It is the cornerstone of health
22 choice for all individuals. This lack of choice
23 can lead to disempowerment, misunderstanding,
24 disenfranchisement, and bad health care. Only

1 certain care providers have both the requisite
2 experience and expertise to meet the complex
3 needs of people with disabilities. Many
4 individuals have searched long and hard to find
5 these providers and would be outraged, not to
6 mention poorly served, were they to lose access
7 to their specialized care.

8 Second, neither health insurance
9 companies nor hospitals nor physician groups
10 have any experience in judging the quality or
11 efficacy of community programs. These entities
12 are far removed from the day-to-day work of
13 community providers, the challenges they face,
14 and whether they do a good job at the local
15 level. The world of insurance, medical and
16 hospital care are far removed from the realm of
17 community-based services.

18 Unfortunately, traditionally the
19 insurance companies have generally biased their
20 financial resources to the former and
21 shortchanged the latter. Recent efforts to
22 expand the community system are only beginning
23 to make headway. To hold fledgling gains
24 hostage to the medical community would be

1 terribly shortsighted.

2 As a person with multiple
3 disabilities, I would far and away prefer a
4 person from a recovery learning community or an
5 independent living center to coordinate my care
6 rather than a medical entity. This is because I
7 am more than my disability, and the medical
8 model looks only at the disability, the
9 pathology, rather than the mind, body, spirit
10 totality of the whole person that I am.

11 Finally, it is critical that the
12 Statewide network of recovery learning
13 communities and independent living centers be
14 one of the cornerstones of the dual eligible
15 demonstration because they provide vital
16 services and support in the community at lower
17 cost and a better quality of life, which is a
18 necessary complement to the medical services to
19 be provided in the ICOs. These agencies must
20 have central involvement in the demonstration
21 to ensure that the needs of the whole person are
22 met and are not dictated by agencies which are
23 based on the medical model alone. Thank you.

24 (Applause)

1 MS. CALLAHAN: Thank you very
2 much. Mike Allen.

3 MR. ALLEN: Hi. My name is Mike
4 Allen from the Northeast Independent Living
5 program in Lawrence, Mass. It is important that
6 all doctors are required to provide
7 interpreters. Without qualified ASL
8 interpreters, quality services cannot be
9 provided.

10 An example of this is that quality
11 medical interpretation increases insurance cost
12 and it increases personal medical problems and
13 pain. The IL philosophy is the rational choice
14 to correct the above-mentioned problems. The
15 Independent Living Centers in Massachusetts have
16 had decades of experience with helping the
17 disabled achieve their independence and should
18 be the first choice of this new program. Thank
19 you.

20 MS. CALLAHAN: Thank you. James
21 Lyons.

22 MR. LYONS: Good afternoon. I am
23 James Lyons. I am a community development and
24 advocacy director at the Northeast Independent

1 Living program from Lawrence, and I thank you
2 for the opportunity for us to come here today
3 and provide some very positive and very strong
4 recommendations for providing a program that
5 works for us and that provides the things that
6 we need.

7 My recommendation specifically is
8 that the ICOs, which are the integrated care
9 organizations, they need to provide actual
10 contractual relationships with the Bills*
11 (phonetic) programs, the deaf, hard of hearing
12 Independent Living Services programs in the
13 State, and that's to provide them with training
14 on the cultural interests and needs of the folks
15 who are deaf and hard of hearing and also
16 training on the assisted technology and
17 technological equipment that people may need,
18 and they are the best folks to provide training
19 and can provide really quality assurance, and I
20 think that would help quite a bit. Thank you
21 again.

22 MS. CALLAHAN: Thank you. Nanette
23 -- help me?

24 MS. GOODWIN: Thank you very much.

1 I am Nanette Goodwin, Assistant Director of the
2 Northeast Independent Living Program, and I'm
3 here today to express my concern with the
4 proposed plan that people who are deaf or hard
5 of hearing or who have a disability will lose
6 our ability to choose our health care providers,
7 the facilities that provide what we need, and
8 the types of services and equipment that we
9 need.

10 Also, I am concerned about the
11 peer support and services that RLCs and
12 independent living centers provide will no
13 longer be available to us. We need to preserve
14 the independent living center model, and what we
15 don't want is these services provided by ICOs
16 that don't have the knowledge and the experience
17 to provide these services. What we do want is
18 contractual relationships between ICOs, ILCs and
19 RLCs and an independent care coordinator on my
20 care team. Thank you.

21 MS. CALLAHAN: Thank you. Paula
22 Callinan.

23 MS. CALLINAN: Thank you for the
24 opportunity to speak to you. I work at

1 Northeast Independent Living Program and have
2 for quite some time, and looking at this
3 demonstration it is stated in the written
4 language that it's going to look like a SCO, and
5 we have had individuals at the IL center enroll
6 in a SCO, and unfortunately they were very
7 unhappy. They did not have a person that they
8 could call, they were no longer able to receive
9 services through an independent living center,
10 their personal care attendant program. So they
11 disenrolled.

12 The ICOs should have
13 representation on their care team,
14 representation from an independent living center
15 or an ROC. What will happen is the independent
16 living centers will become nonexistent. They
17 won't exist for individuals who are dual
18 eligible. Individuals that are in a facility
19 and are approached and asked if they want to
20 enroll in this demonstration are not going to
21 fully understand what that's all about, and it
22 hasn't worked with the SCO in the past, and I
23 don't think it will work with an ICO. Thank
24 you.

1 MS. CALLAHAN: Thank you very
2 much. Matt Pelligrino.

3 MR. PELLIGRINO: My name is Matt
4 Pelligrino. I work at Northeast Independent
5 Living. We think that medical coverage should
6 be based on the unique situation of each person
7 and their doctors. Brian was telling me that at
8 one point he was forced to take a certain
9 medicine that was difficult to take because of
10 swallowing issues he had, but Medicare only paid
11 for a capsule form. So despite his doctor's
12 request that he get a different type of this
13 medicine, he was not able to do so. So that is
14 an example of where they don't take the consumer
15 and the doctor's advice in considering whether
16 to cover something. I know I don't want to
17 repeat everything the other employees have said,
18 but consumer choice is a big issue.

19 Brian was saying how with durable
20 medical equipment he was trying to get a
21 wheelchair a little while ago and he had to pick
22 a certain vendor, and the vendor didn't really
23 understand his wishes on the type of wheelchair
24 he wanted. I don't know if they didn't care to

1 understand his wishes, but they gave him some
2 bad information on what wheelchairs were
3 available to him, and Brian was frustrated
4 because there weren't a lot of vendors in his
5 area that he could chose from.

6 I'm thinking with the ICOs -- I
7 was reading a proposal that with the ICOs they
8 are going to be separated by different areas,
9 and I am just thinking that consumer choice is
10 going to be limited even more, so that if they
11 only have one or two vendors in their coverage
12 that gives someone a wheelchair, that's not much
13 choice.

14 Also, like Brian, I am a dual
15 eligible. I am a PCA consumer myself. I would
16 not want to ever have to receive PCA services
17 from an organization that didn't have our
18 philosophy as its driving force, and I know
19 Brian agrees with that as well. Thank you.

20 MS. CALLAHAN: Thank you very
21 much. Florette Willis.

22 MS. WILLIS: Thank you. Hi. I'm
23 Florette Willis from the Disabilities Policy
24 Consortium, and I am also the coordinator of

1 Empower. And that's Massachusetts People
2 Empowered for Wellness and Rights. What I
3 wanted to comment on was the reduction of
4 long-term support services. I think that a
5 reduction would create a lot of problems for me
6 personally. My mother is dual eligible. My
7 mother has been sick for many years, and my
8 sister and I are her primary caretakers. If we
9 didn't have PCA services my sister and I would
10 not be able to work. Due to my mother being ill
11 for so many years, my sister and I suffer from
12 depression. We both are in recovery for mental
13 illness, and we work on our recovery, so we need
14 time to want to work to have a complete and
15 fulfilling life and also time for us to go out
16 and to access community services such as the
17 RLCs so that we can stay connected and take care
18 of her but be able to take care of ourselves as
19 well. If the PCA services were reduced or we
20 did not have services to cover us, my mother
21 would end up in a nursing home, and that's a
22 really big concern for me.

23 Over the years my mother has been
24 institutionalised, and she's not always done so

1 well there. At home my mother is doing very
2 well. She is thriving and she is happy, and to
3 me it means a lot, especially since growing up
4 as a child I was always prepared by members of
5 my family, for my mother to die and to not be
6 here. The fact that she is here today means a
7 whole lot to me, and her care has been properly
8 coordinated, and my family is very happy with
9 that. So we see a big need for these types of
10 services and peer support services as well.
11 Thank you.

12 MS. CALLAHAN: Thank you. Hasom
13 Hifal.

14 MR. HIFAD: My name is Hasom
15 Hifal. I was born in Palestine. I came to this
16 country back in 1980. I have a nurse. I am a
17 PCA beneficiary, the Center for Living and
18 Working.

19 What I wanted to say is this
20 program has saved my life. They did a
21 tremendous amount of change in my life. About
22 ten years ago I discovered this problem, and I
23 was on the verge of getting divorced, getting
24 kicked out of the house, almost died, and my

1 wife was coming down with depression. She
2 became also dependent on other things. My
3 children were too young to continue. Right now
4 since the program has been introduced to me I
5 have people that help me out. I am still alive.
6 I am almost fifty years old. My children when
7 they grow up, my oldest is on her way to law
8 school, Northeastern, and the second one is a
9 premed. I myself am a chemical engineer, but I
10 never worked in that field. I never have had
11 the opportunity to work. I came up with this
12 disease when I was 23. I am a very proud
13 citizen of the State. I just cannot tell you
14 enough the amount of changes that helped me. It
15 is the difference between me being dead,
16 divorced with nothing, nothing over my head, to
17 being a good citizen, having two children, being
18 a very great citizen.

19 Again, this is the United States.
20 For God sakes, we can't allow anything to happen
21 to make it Russia or other countries. This is
22 our choice, to be the best we can be, and I
23 don't know which direction we are going. If
24 this program is dissolved, I know I am dead. I

1 know I will be divorced. I know the whole thing
2 is going to fall down, everything will fall
3 apart. This is all we have. This is all I
4 have. Thank you.

5 (Applause)

6 MS. CALLAHAN: Thank you. Dennis
7 Sepe.

8 MR. SEPE: My name is Dennis Sepe,
9 and I am speaking as a citizen of Massachusetts
10 today and as a dual eligible, and I am going to
11 share a story of what happened when I became
12 part of an integrated care type entity. I had
13 been using a urologist for a number of years and
14 had a great relationship with this urologist,
15 and then I was told that I could no longer go to
16 that urologist because of the hospital that he
17 was in, that he did not have rights, and the
18 care plan that I belonged to didn't have rights
19 in that hospital, so I had to go see the doctor
20 within their plan. I went to this urologist,
21 and what would normally have taken twenty to
22 thirty minutes became an hour and a half and a
23 two-hour ordeal. I had to go to preop for a
24 simple urological exam, and I ended up bleeding

1 for two days.

2 I share this story because I am
3 deeply concerned as a dual eligible that my
4 current care provider will not be a part of the
5 integrated care organization and that I will not
6 get a contract and that I will be put into an
7 integrated care organization where I am told --
8 and this is what frightens me the most -- is the
9 paternalistic medical perception that a doctor
10 knows what's best for people with disabilities
11 and they can take care of us. I am deadly
12 petrified that for myself that I'll go into a
13 new ICO-type thing and then I will be required
14 to go see their specialists and I will lose
15 touch with the specialists I have and I will go
16 through similar nightmares that I did with this
17 urologist.

18 I am afraid of the medicalization
19 of the services that we receive, and that as a
20 PCA user I am also very much afraid of my
21 personal care attendant services being subsumed
22 into an ICO and that all the progress and
23 everything that I've fought for myself
24 personally over the last twenty-plus years will

1 disappear because of what with good intentions
2 is being put forward, and I just am afraid.
3 Thanks.

4 MS. CALLAHAN: Thank you. Joe
5 Bielette.

6 MR. BIELETTE: I am Joe Bielette.
7 First, I want to thank the Executive Office of
8 Health and Human Services for working on this,
9 especially the dual eligible initiative,
10 especially in the day with all these proposed
11 cuts, especially federal cuts, with hearing that
12 it doesn't look like the class act will go
13 through. I am glad we are talking about these
14 long-term care services. We support the
15 disability advocates advancing our healthcare
16 rights, priorities, and principals, which
17 include -- I just want to go into one of them,
18 the voluntary opt-in enrollment. I know that's
19 not the most favorable for insurance costs and
20 things like that, but at the same time to me,
21 which I've read many times about it being
22 person-centered, and thinking that if this is
23 really going to be a better program for folks,
24 then people should be wanting to opt in

1 voluntarily, and I think this is going to force
2 clearer instructions.

3 I don't know how many people have
4 received different types of medical information,
5 but a lot of times it is very complicated, and I
6 think we need to have it in more simplified
7 language, understanding clearly what benefits,
8 what choices a person has. I think people need
9 to understand that there are better services.
10 Why should I do this? I have talked to
11 different people who are dual eligible right now
12 and they're saying "Well, I get the services
13 right now. Why do I want anything different?
14 What's the benefit going to be?" And I think
15 it's also going to help push medical folks
16 really understanding or really needing to better
17 understand disabilities, and that includes
18 disability etiquette.

19 I think sometimes we're not seeing
20 that, the accessibility of locations. I think
21 whether it's everything from accommodations,
22 sign language interpreters, accessible scales to
23 other accessibility issues, needs to be
24 addressed, and I think that's going to be an

1 important piece that could help sell a person
2 into opting into a policy.

3 The other thing I am hearing
4 nowadays too is about the needs for -- people
5 with disabilities are aging, and I think it's
6 important that if there are specialists out
7 there that can say "Look, we have this kind of
8 knowledge on certain types of disabilities." I
9 mean, that could be a great selling point.

10 I think it's going to be important
11 to have these contractual relationships with
12 community members such as living centers, the
13 aging organizations, and other groups because I
14 think it's going to be important to be able to
15 talk to somebody else to get additional
16 information, some peer support, as to what's
17 going on. I think it's very important.

18 And as we're looking at this in
19 total, there are two pieces I didn't see in the
20 proposal, or at least see that often. First is
21 employment. I think as we look at folks who are
22 dual-eligible, we also should be thinking about
23 the possibilities of that individual working. A
24 lot of times I think people don't even think

1 about that, and I think it needs to be thought
2 about, and actually, I think the person should
3 be thought about working versus not working,
4 whether it's volunteer, part time, whatever. I
5 think that's an important piece of being
6 independent in the community.

7 The other aspect is the
8 recreation. A lot of times folks who are going
9 into medical facilities or whatever, their goal
10 is to be able to do what they were doing before,
11 participating in different activities and
12 things, and I think having the community
13 organizations being involved will also help in
14 the awareness of other recreational
15 opportunities. To me it's all part of life, so
16 I would just encourage those thoughts. Thank
17 you.

18 MS. CALLAHAN: Thank you. Nick
19 McNamara.

20 MR. McNAMARA: I thought I was
21 later on the list, but I am actually here as a
22 dual eligible individual, and I actually wanted
23 to start off by saying that I have been
24 receiving Medicare and Medicaid for the last ten

1 to twelve years, and I'm thinking maybe that --
2 and you don't hear this that often -- but I am
3 very satisfied with the care that I've received,
4 the freedom of choice. I am allowed to utilize
5 PCA services through Mass. Health, and my life
6 is going really well. I feel really good about
7 it, and I'm worried that with the proposed
8 changes that we have that these freedoms,
9 freedom of choice mainly, will no longer be
10 there.

11 I also work for an independent
12 living center, and I know that we should be
13 almost in a sense guaranteed a relationship, but
14 I didn't see in -- the proposal was talking
15 about contracted -- and there were some parts
16 that worried me where it said that the ICOs will
17 be encouraged to maintain these contracts, but I
18 didn't see anything that said absolutely the
19 independent living centers will be here and will
20 remain, and that worried me. Thank you for your
21 time.

22 MS. CALLAHAN: Thank you. Al
23 Norman.

24 MR. NORMAN: I am going to be

1 submitting a twelve-page statement, so I am just
2 going to summarize some thoughts. Number one,
3 Mass. Home Care is a network of thirty
4 nonprofits. They are controlled by local
5 senior citizens, and they were created by the
6 State. Our goal is to keep people living in the
7 community in the least restrictive setting
8 possible. This plan today is for people up to
9 age 64, but it's clear it will eventually be the
10 template for serving the elderly. The program
11 is designed as part of an initiative to provide
12 information as to how to enhance options for
13 people who are dual eligible for all ages.
14 That's why I am here today, because it will
15 affect the folks that I work with.

16 This plan by design gives all the
17 Medicare and Medicaid money to large
18 insurance-based or profit-based entities, most
19 of which have little or no experience with
20 long-term care and some of whom put shareholders
21 ahead of healthcare consumers. This ICO plan
22 will attract large investor-owned insurance
23 companies, and yet there is no medical loss
24 ratio on the plan to protect consumers from

1 excessive profit taking.

2 The ICO plan lets managed care
3 organizations do their own care coordination in
4 the community. It contains no independent,
5 conflict-free care manager to serve as the agent
6 for the consumer, despite the fact that the
7 federal government has suggested to states that
8 you ought to have that as part of any kind of
9 long-term support program in the state.

10 At a minimum, we at Mass. Home
11 Care want every member who joins an ICO and
12 turns sixty to have a geriatric services
13 coordinator provided under Chapter 19A. This is
14 current State law under the SCO program, and
15 this is what our plan mandate is to do, and
16 until you change that law, we want it to remain.

17 Coordination of benefits for the
18 elderly means including State-funded home care,
19 federally funded Older Americans Act, none of
20 which are coordinated under your plan. The ICO
21 plan guarantees members access to nursing
22 facility care, but it doesn't give them access
23 to equal community-based care under residential
24 services 24/7. So it maintains the bias

1 against keeping people in the community that I
2 thought we got rid of with the Equal Choice Law
3 in 2006, but here it is again.

4 We believe that under Section 1932
5 of the Social Security Act that people on
6 Medicare are exempted from being required to
7 enroll in a managed care plan, and they should
8 at all times have the right to get out of that
9 plan and go into an original fee for service
10 Medicare. If the Governor and the legislature
11 decide to end fee for service, then this plan
12 will look like a medical Hotel California where
13 you can check out any time you want but you can
14 never leave. This plan is predicated on
15 performance-based contracting objectives, and
16 yet there are no quality measures at all in
17 place that address long-term care functional
18 needs. It's all medical.

19 It also appears that people sixty
20 to sixty-four in the current frail elderly
21 waiver will be carved out in some way, but over
22 time when these people die that waiver would die
23 as well. The Commonwealth expects the
24 distinction between SCO and the new

1 demonstration to diminish over time. It looks
2 to me like SCO will also disappear.

3 We believe that any plan that will
4 impact a quarter of a million poor people in our
5 State and involve several billion dollars in
6 taxpayers' money should have a legislative
7 framework to protect consumers. So we will be
8 pushing the General Court to write a law to
9 protect people who will need these services long
10 after everyone in this room is gone.

11 Mass. Home Care has worked for
12 years to fully integrate health and long-term
13 care, but we cannot support a plan until major
14 design changes mentioned above are addressed.
15 This is not the plan that stakeholders
16 repeatedly asked you for and we believe that we
17 have lost, and that we must and can do better.
18 Thank you.

19 MS. CALLAHAN: Michael McGinnis.

20 MR. MCGINNIS: I am Michael
21 McGinnis. I am the Chief Relations Officer for
22 the Central Mass. Recovery Learning Community,
23 and we are located here in Worcester.

24 ICOs should be required to

1 contract with recovery learning communities,
2 independent living centers, and other community
3 organizations to provide PCA services, peer
4 support and ADA compliance. There also needs to
5 be a separate disability oversight organization
6 to ensure that the rights of all those with
7 disabilities are protected.

8 MS. CALLAHAN: Thank you. That's
9 the last name that I have. Let's raise hands
10 and do what we can. I'm sorry. Did I miss
11 someone? I have two pages.

12 ATTENDEE: We know you burned that
13 one!

14 MS. CALLAHAN: I swear, none of
15 them are on my list. We will just raise hands.
16 We've got plenty of time to get everybody.

17 MR. TRAPAZANO: Hi. I'm Peter
18 Trapazano from the UMass. MediPlan, and I just
19 wanted to echo a comment that I heard a little
20 earlier about importance of employment for
21 people with disabilities. I think it's crucial
22 for people's wellbeing to get back to work, and
23 I think it's also cost effective in that people
24 that are working often find themselves in a

1 situation where they are no longer receiving
2 benefits.

3 One of the things that we provide
4 at the plan, at the BETI plan is an important
5 service where we work with people so that they
6 understand the benefit system as they are going
7 back to work because of the complexity of the
8 healthcare system, both healthcare and Social
9 Security benefits. So we work with
10 beneficiaries so they are able to understand
11 these things and make important decisions so
12 they are able to get back to work effectively.

13 I would like to see in the
14 ultimate proposal that benefit counseling for
15 people with disabilities be included as a
16 service that's built into this program. It's a
17 very inexpensive service, but it's a crucial
18 service in helping people get back to work and
19 live fulfilling lives. Thank you.

20 MS. CALLAHAN: Thank you.

21 MS. CAROL: I am Martina Carol
22 from Stavros out in western Mass. We serve
23 about five thousand people with disabilities in
24 Franklin, Hampshire and Hampden Counties.

1 Much of what I am going to be
2 mentioning has been mentioned before, but for
3 rural concerns we simply don't have enough
4 primary care doctors and specialists, especially
5 to meet the complex care needs. I'm worried
6 about the ICOs denying transportation to Boston
7 to see a specialist when they say "Well, you can
8 see someone in Springfield." It's just not
9 safe. If cost is going to be a bottom line, I
10 am worried about this, and I think a lot of that
11 -- if ILCs and RLCs have contractual
12 arrangements with the ICOs, that will go a long
13 way towards solving that, but there has to be
14 some teeth in it for the ILCs and the RLCs. I
15 see no rural protections.

16 I would like to see an advisory
17 board made up of consumers and advocacy groups,
18 some kind of oversight over this. Call me
19 cynical, but I just don't believe that the big
20 insurance companies really care that much.
21 Their bottom line is cost. I don't know. Maybe
22 it's different in the Boston area, but we don't
23 have a whole lot of accessible medical settings,
24 whether it's a hospital clinic or doctor's

1 office, and I don't want even to start talking
2 about communication access.

3 We really need that independent
4 consumer-based review, especially denials of
5 service and modifications of service. We need
6 to have someone reviewing them other than the
7 ICOs. The care plans, I'm kind of interested in
8 how they are going to write 115,000 care plans
9 right away. I really think it makes a whole lot
10 of sense to roll this out slowly so that the
11 ICOs can actually learn how to serve people with
12 disabilities, which is complex care needs.

13 Long-term supports and services
14 aren't really medical, and we don't need them to
15 be medicalized. We don't think that -- the PCA
16 program, we want that to be based on functional
17 need, not medical need. Long term what's going
18 to happen is eventually the ICOs -- we see them
19 moving to an agency model PCA because they're
20 going to think they can save money. They'll be
21 switching services by trying to save money.

22 The other big concern is ICOs
23 co-own nursing homes, so what's going to keep
24 them from keeping them filled? They're going to

1 keep their bottom line, and it has been a little
2 disorganized. I'm sorry. I will be submitting
3 some comments as well.

4 MS. CALLAHAN: Thank you very
5 much.

6 MR. SPOONER: Thank you very much.
7 Good afternoon. My name is Paul Spooner. I am
8 the Director of the Metro West Center for
9 Independent Living. Let me say first I really
10 want to commend you all for coming up with a
11 very innovative idea or concept to try to solve
12 some of the inherent problems that have existed
13 due to different coverage issues, different
14 levels of eligibility, and different cost
15 factors that are related to dual eligibles.
16 There are many cases where things that are under
17 Medicare that aren't provided for that can only
18 be gotten through Medicaid and vice versa.

19 Now, this afternoon you have
20 obviously heard many stories of people's
21 concerns that they have already experienced as
22 being dual eligibles and the concerns that
23 they've seen in reviewing the draft proposal as
24 it's currently presented.

1 I would like to make a couple of
2 comments, but most everybody today has outlined
3 the specifics that I'm concerned about, such as
4 having independent care coordinators or maybe
5 independent long-term care coordinators would be
6 a better term. I don't think we want to care or
7 take care of people. We want to assist people
8 to ensure that they get the best quality
9 services that they are entitled to and want.

10 So there needs to be a component
11 in there that's going to be assisting these ICOs
12 to develop a truly person-centered,
13 person-driven plan of care for both their acute
14 care needs and long-term care needs. This is a
15 pretty bold step to be taking to actually have
16 the acute care world, better known as the
17 medical homes, actually embrace and provide
18 long-term care services.

19 To my knowledge, there is no
20 evidence that this has ever happened before, and
21 I think on a very positive level it's
22 encouraging to think about the possibility of
23 doing that, but at the same time it scares the
24 living piss out of me as to what might happen as

1 a result of this bold experiment.

2 My other big concern is I'm not a
3 dual eligible, but any time in the future due to
4 my progressive disability I will become a dual
5 eligible, and my concern is that I have spent
6 the last 32 years on the PCA program, I have a
7 relationship with my PCA agency, I have a
8 relationship with the evaluation nurse who has
9 seen me for the last I think six or seven
10 reevaluations. It's a program that has enabled
11 me to finish college, go to work and start
12 thinking about what my world will be after I
13 retire, if that ever happens. However, I don't
14 see nor have I seen in those past 32 years any
15 of my medical folks, whether they were doctors
16 or specialists or nurses, truly understand what
17 my PCA eval means or what those services really
18 mean that enable me to even come to their office
19 for a doctor's visit, and the fact that I need
20 people to get me up out of bed in order to do
21 that. So I'm very concerned that that blending
22 of long-term care and acute care is a great
23 design, but I'm scared of what it may actually
24 end up looking like.

1 In addition, you have proposed
2 some rather unique additional services that
3 would be offered to individuals in this
4 proposal, and I think those merit very strong
5 support. They include adding queueing and
6 supervision and monitoring for PCA services,
7 which will open up PCA services to so many more
8 people with disabilities who need and deserve
9 those services. There is some additional added
10 services that will be helpful for people in the
11 community. However, again, it comes revolving
12 back to the fact that your proposal requests or
13 encourages the care coordinator's medical staff
14 to be knowledgeable about all of these new
15 services and how they impact people's lives in
16 the community, and I think you are, quite
17 frankly, asking too much without having some
18 real strong incentives for community partners to
19 be on that team, whether it's folks from the
20 elder community, folks from the disability
21 community. They are the folks who are aware and
22 knowledgeable about community-based services,
23 including some of the proposed new models of
24 services that you've provided.

1 Two last things and I'll be quiet
2 for the moment. The first thing is it's clear
3 your proposal has kind of danced around the
4 issue about carving out waiver-based services
5 for being included in the capitation rate in
6 this proposed project. While you know from
7 reading this morning the CMS just approved
8 Tennessee to have that exact thing happen in the
9 State of Tennessee, and I think that's a smart
10 move because there are real concerns from
11 particularly the DD community and other folks on
12 waivers shouldn't be included in this proposed
13 capitation rate.

14 So I propose an additional group
15 to be added to this proposal, very specifically,
16 those folks are who are dual eligible and also
17 folks on the current PCA program. They should
18 be carved out, and their costs should not be
19 included in the capitation rate. However, I
20 will suggest that those same people be given an
21 opt-in option so that if those individuals feel
22 that they are going to get better PCA services
23 than they currently have, that they have that
24 opportunity to use those services provided by

1 the ICO, but it's imperative in my view that you
2 understand that the heart of the disability
3 community that we based our independence on for
4 the past 30-plus years is the PCA program, and
5 from my read that program is in severe danger
6 based on some of the language that's been put in
7 this proposal. Thank you.

8 MS. CALLAHAN: Thank you. We had
9 a gentlemen over here. Do you want to speak,
10 sir?

11 MR. LARANGE: Hi. My name is
12 Peter Larange. I am an independent living
13 specialist with the Center for Living and
14 Working. I am also a benefit specialist. I
15 assist my consumers with accessing different
16 programs of Mass. Health as well as through an
17 application for Social Security, allowing them
18 to access the Medicare program. I myself am
19 also a consumer for the Center of Living and
20 Working, a PCM consumer, and a dual eligible
21 individual myself.

22 Recently I experienced
23 neurological deficits in my hands from some
24 things that are going on in my cervical spine.

1 I sought out neurosurgeons to examine what the
2 possibility would be to surgically repair or
3 consolidate the situation in my cervical spine.
4 The local doctors said that there was really not
5 anything they could do surgically, so I sought
6 out my own surgeons at New England Baptist
7 Hospital where they had a spine clinic, and they
8 specialized in these neurological surgeries.
9 The only problem was they don't accept Mass.
10 Health, but being dual eligible I was able to
11 access them with my Medicare coverage.

12 If lumped into a managed care type
13 situation where I would only be able to access
14 services accepting of both coverages, I think
15 that would limit a lot of our options with
16 specialties. I am just looking out for our
17 consumers and I am trying to process all that
18 you have proposed so that I can interpret it and
19 share it with my consumers when they come to me
20 with questions, and I'm also agreeing with
21 Mr. Spooner in that the dual eligibles who are
22 currently on the PCM program should be given the
23 option of opting into this proposed program
24 versus having to opt out of it. Thank you.

1 MS. CALLAHAN: Is there anyone who
2 hasn't spoken who wants to speak?

3 MS. KOFFMAN: Hello. Can you hear
4 me? My name is Evelyn Koffman. I am 63 years
5 old living -- I am a psych survivor and living
6 with bipolar disorder, and I am also a dual
7 eligible, and the thing that concerns me is if
8 we have our things in one place we may not be
9 able to keep our providers. For the past 38
10 years I have had all my medical treatment almost
11 at Brigham and Women's Hospital, but for the
12 last seven years I have been seeing psychiatric
13 providers in a different location, and I'm
14 afraid that under the program that I might be
15 forced to leave for some other program. I feel
16 that's going to be catastrophic for me.

17 It's important that we keep
18 providers that we have rapport with and that we
19 trust and who are supportive of us. I might not
20 get that if I am forced into certain places and
21 certain areas, and I think a lot of other people
22 with psych disabilities feel the same way. I
23 feel that if we are torn off from providers that
24 we have a rapport with, a lot of us might not be

1 able to trust our new providers and will drop
2 out, will fall through the cracks, will
3 decompensate. They will turn to drugs and
4 alcohol to ease the pain, and some of them will
5 commit suicide or even worse, suicide by police
6 homicide, as Carol Kingsley did two summers ago.

7 I really feel it's important also
8 not to just embrace medical model services. I
9 feel it's important that we continue peer RLCs,
10 peer recovery programs, especially have
11 providers that deal with recovery models and
12 trauma-informed care models. I really feel
13 fortunate that in almost forty years I have only
14 had three hospitalizations, and that's because I
15 have had good providers, and I don't want to be
16 forced into a disempowering program. I feel
17 it's so important that peer-run programs,
18 peer-run that are not medical models with them
19 over us but are egalitarian such as respites,
20 that they be open to all dual eligibles. I feel
21 these are important. Our physical is one thing,
22 but we need to keep our mention options. Don't
23 force us out of our programs. Thank you.

24 MS. CALLAHAN: Anyone else who

1 hasn't spoken that wants to speak?

2 MR. CRATANIER: Thank you. My
3 name is Jim Cratanier, and I am from Stavros.
4 I didn't want the afternoon to go by without
5 somebody talking about Newt Gingrich. He did
6 recently warn about the dangers of right-wing
7 social engineering and included it as a danger,
8 along with left-wing social engineering.
9 Certainly the proposal that the Commonwealth is
10 putting forward is a huge example of social
11 engineering, and there are risks to that,
12 particularly with unintended consequences.

13 I am especially concerned about
14 the integrity of the PCA program going forward.
15 While I very much appreciate the intentions with
16 regard to the program -- Paul has mentioned the
17 addition of queueing and supervision, which is
18 going to be a huge benefit to many people. I am
19 also concerned about what has been sort of the
20 crown jewel of services for persons with
21 disabilities of Massachusetts could end up down
22 at the corner pawnshop, and I will say that
23 because you have got two pillars to that program
24 as far as I am concerned.

1 One is an assessment which is made
2 based on what an individual needs to live
3 independently that's independent of any other
4 considerations, medical costs, whatever. And so
5 people get what they needed for the most part.
6 And the other pillar has to do with consumer
7 control and the ability of the consumers to hire
8 the people that they want to hire and train them
9 the way that they want to be trained. My
10 concern is down the road what happens is when
11 you have a blended rate of long-term support
12 services, services and support, as well as
13 medical care and the costs on the medical side
14 go way, way, way up, as they have for many
15 years. There is no reason to expect that to
16 change.

17 What kind of pressures are going
18 to be exerted to cut back the cost of long-term
19 services and support, especially to PCA
20 programs? Are people going to see reduced
21 hours? Are they going to get lesser services
22 because they are less expensive?

23 On the other hand, if you have got
24 ICOs contracting with large providers who were

1 providing the skills, training and the
2 introduction to the PCA program, what's going to
3 happen to the whole idea of consumer control and
4 what are we looking at down the road there as
5 their incentive in fact to move towards what was
6 mentioned early, an agency model where basically
7 it may well be cheaper to bring in PCAs and just
8 provide them to consumers, and so we lose that
9 pillar as well.

10 As I said, I am very concerned
11 about the integrity of the PCA program under
12 this initiative down the road. I'm also
13 concerned about homestead. And while the
14 proposal primarily focuses on cost issues, and I
15 don't know what happens with the State's
16 commitment and the Commonwealth's commitment to
17 community first and to homestead enforcement in
18 that kind of situation, it may well be cheaper
19 to keep somebody in a nursing home.

20 MS. CALLAHAN: Is there anyone
21 else who hasn't spoken?

22 MR. ALLEN: Thank you. My name is
23 Bill Allen with the Disability Policy
24 Consortium. I just want to say first thank you,

1 Robin, for being sensitive to the time of the
2 January 4th meeting and changing that, which was
3 announced today, to ten o'clock instead of nine.

4 I want to follow up on something
5 my friend Martina said. I believe she said
6 something to the effect of "Don't get me started
7 on accessibility of facilities in western
8 Massachusetts." I want to ask you how can that
9 even be an issue today? The ADA has been in
10 effect for 21.5 years. The Commonwealth knows
11 it has responsibilities under Section 504 for
12 enforcing the American with Disabilities Act,
13 yet if Mass. Health contracts or anything with
14 like DPH, it's a check box, "Do you comply with
15 the ADA?" "Yes, of course, because otherwise we
16 wouldn't get the money." That has got to
17 change.

18 Your application was woefully
19 short on specifics. There was a line in there
20 about "We expect applicants for the ICO to
21 comply with the Americans with Disabilities
22 Act." That is not enough. We have to establish
23 in the RFP or into the proposal that we are
24 going to set some standards and we are going to

1 make sure that those organizations that apply
2 for this money meet those standards. Thank you.

3 MS. CALLAHAN: Thank you.

4 MS. WEAVER: My name is Anna
5 Weaver, and I am a member of DAR. I am also
6 here to represent of the National Empowerment
7 Center, which is a national consumer-operated
8 advocacy policy organization on behalf of people
9 who have mental crises in their lives.

10 I would like to note that 34.9
11 percent, according to the recent proposal, of
12 the dual eligibles have had diagnoses of serious
13 mental illness, and I would like to speak on
14 behalf of those people.

15 We are concerned that ICOs may not
16 actually buy into the concept that recovery is
17 possible for people with serious mental health
18 diagnoses, and recent conversations that I've
19 had as a member of the DAR committee with
20 providers who may in fact be bidding on this
21 demonstration have only reinforced to me those
22 concerns. Therefore, community-based
23 organization are integral and absolutely
24 necessary to provide truly recovery-oriented

1 care and support for these duals who have had
2 these diagnoses of serious mental illness. That
3 population is close to forty thousand of the
4 duals.

5 Considering the incredibly large
6 number of that population, we would like to
7 request capacity building funding as part of
8 this initiative to raise capacity of the
9 recovery learning communities and other peer
10 support organizations in the communities to help
11 serve these forty thousand people and to promote
12 recovery.

13 It is also imperative to have an
14 independent consumer board overseeing the ICO
15 services and an independent care coordinator
16 available for every consumer who wishes to have
17 one on their team and true consumer choice of
18 every provider on their team. Thank you.

19 (Applause)

20 MR. HEMMING: I am Bill Hemming
21 from the Boston Center for Independent Living
22 and DAR, and I want to thank you for holding
23 this public hearing. I think it's great that
24 you are sitting and listening to the healthcare

1 concerns, the access concerns of people with
2 disabilities. We really appreciate that.

3 I think the reason DAR has been so
4 involved in this is probably two reasons. One
5 is there is the unavoidable reality that here's
6 this huge proposal to remake the healthcare
7 system and to remake the healthcare system is on
8 the horizon in every state. It's a big topic
9 down in Washington. A lot of the remake may
10 come through slashing programs. If certain
11 people get full control of our government that
12 will happen. We know that will be nasty, it
13 will be horrible. So the idea of being engaged
14 in the discussion is critical, and we appreciate
15 the opportunity.

16 I think we are also here and DAR
17 has been involved because we can see the
18 potential for an integrated system. We know,
19 the people here know what they've said has
20 underscored it with great emphasis that if you
21 focus on long-term services and support you get
22 better health, you get wellness, you get
23 independence, you get integration, maybe you get
24 employment, and that's good. But what we've

1 also said, and you've heard it I'm sure quite a
2 bit, is that the consumer voice is imperative in
3 that it not be the medical voice that controls
4 things. We can't say enough.

5 This thing can change healthcare
6 positively through integrated model, but if that
7 consumer voice is not at the table of the
8 decisions with long-term services coordinators,
9 with oversight entities that involve disability
10 organizations or if it's seniors with ASAPs, it
11 will fail ultimately. The tidal wave of change
12 is coming, but the tidal wave of big health will
13 be very hard to stop.

14 We look in Massachusetts and we
15 see Partners growing in corner after corner of
16 our communities. We now see Steward Healthcare
17 coming in. No one even heard of them barely two
18 years ago. They now own ten community
19 hospitals, they may be bidding on a rehab. They
20 are a strong reality.

21 Our constituency, people with
22 disabilities, with intricate healthcare needs,
23 it is utterly woven with the independence
24 picture, and that voice in all of it is

1 essential, and I hope that will be considered as
2 this plan moves forward, but I would also like
3 to say there is so many things we could speak
4 on, but conditioning any program on compliance
5 with the ADA, as a few folks have said and as
6 Bill Allen has said, is essential. That is a
7 new and necessary move forward.

8 I would just like to ask people to
9 raise their hands. How many people here have
10 had difficulty getting on an exam table? A
11 quick dozen, including the assistant secretary.

12 MS. GRIFFIN: Absolutely.

13 MR. HEMMING: We heard issues with
14 interpreters. We know of the issues of access
15 and problems in emergency rooms for people with
16 mental illness. It's not a throwaway line. I
17 am not saying anyone thought it would be in this
18 proposal, but it can be the test for any
19 provider that's really serious about serving
20 people with disabilities as well. So I hope
21 that gets as much consideration as how long-term
22 services are set up, how the PCA program is set
23 up. Vital, vital things. Thank you.

24 (Applause)

1 ATTENDEE: I am a PCA consumer,
2 dual eligible. A couple of years ago I had a
3 rotary cuff surgery, spent nine months in a
4 nursing home, and if this PCA program is cut,
5 guess where I'm going? And I will be damned if
6 I go back there. I have people that currently
7 communicate with me. I would say something and
8 they would do what they wanted to do, not what I
9 needed. So it's very critical to keep this
10 program going, and I have a second idea
11 regarding the DME. I get a new wheelchair two
12 years ago, and it just broke last month. Now
13 because of the regulations, I'm not due for
14 another one for three years. What do I do?
15 Thank you.

16 (Applause)

17 MS. CALLAHAN: Thank you very
18 much. Anybody else who hasn't spoken?

19 ATTENDEE: My name is Ruthie
20 Poole, and I am a person with a mental health
21 condition who has the privilege to both be
22 familiar with recovery learning communities and
23 independent living programs, and they both saved
24 my life and other people's lives as well.

1 Too often those of us with
2 psychiatric diagnoses are really given the
3 medical model only, "Yes, you are depressed."
4 What I have been told is "Yes, you are
5 depressed. Take these drugs for the rest of
6 your life and don't add stress to your life."
7 That's basically what I got out of the medical
8 model, but out of independent living centers and
9 recovery learning communities they've really
10 provided me and others with a lot of hope for
11 recovery, and I'm really afraid that -- I just
12 picture big insurance companies trying to run
13 peer support, and I just want to cry. The
14 number of times that people say to folks at
15 recovery learning communities or independent
16 living centers, "Wow, you are the first person
17 who really gets it. Have you been there
18 yourself?" And it makes all the difference, and
19 I just really don't think insurance companies or
20 big providers can do this.

21 So I really, really urge you to
22 require that kind of contracting for long-term
23 support services and independent care
24 coordination because I think those of us with

1 disabilities, mental health conditions, those of
2 us who are deaf really do understand in a whole
3 different way.

4 The other thing I want to talk
5 about is the choice of providers. I know there
6 is stuff in the proposal about continuity of
7 care, but I always worry about that. I had a
8 situation about a year and a half ago where I am
9 I'm not a dual eligible. I have insurance
10 through one of the large HMOs in Massachusetts,
11 through Tufts, actually, and I had finally found
12 a therapist and I had been working with her for
13 about seven years at that point, and I really
14 felt like with her support, with community
15 support, my life was really coming together, and
16 that's when we had Blue Cross and that's when we
17 switched to -- we had HMO Blue and we switched
18 to Tufts, and Tufts said "Oh, no. You are in
19 Arlington. There is a lot of therapists in
20 Arlington," and I said, "Well, you know, I have
21 this really long-term relationship, and other
22 people really haven't helped me in this way and,
23 you know, there may be others in the community,
24 but that really shouldn't make a difference,"

1 and they said "No. Sorry. We can't add someone
2 else to our plan." And I know a lot of people
3 have had this experience.

4 So I've also had the experience in
5 the early HMOs having my psychiatric records
6 mixed with my physical health records. So I
7 have had the opportunity of being treated for a
8 physical illness as someone who is totally crazy
9 and breathe in this bag because you are
10 hyperventilating. I have had that experience.
11 So when my therapist asked me "I can write stuff
12 that's very, very strong, but it will be in your
13 record." I told her "Tell them I am on the
14 bridge with a gun to my head and you are the
15 only one who can talk me down." And so she
16 wrote some stuff that not everybody would want
17 in their permanent psychiatric record, and
18 believe it or not, they denied it.

19 So I just really wanted you to
20 look at choice of providers and choice outside
21 of network, but I was lucky enough that she then
22 let me -- she really slid her scale down and let
23 me private pay for very little money because we
24 had such a good relationship, but that's going

1 to happen to thousands of people. Thank you.

2 MS. SHAW: I am Janet Shaw from
3 Stavros Center for Independent Living. I want
4 to talk about the insurance companies in part,
5 and I don't think that there is any one single
6 person here that has had any kind of insurance,
7 whether it be Medicaid or Blue Cross Blue
8 Shield, that if they need anything more than a
9 Band-Aid that they don't have to go through a
10 hellacious appeal process to get the goods and
11 services that they need, but my big point is I
12 feel as if there is some sort of political
13 pressure here to push this through and if we
14 don't take the time to make sure that this
15 really happens in a way that is fair for people
16 with disabilities, then we are just asking for
17 more economic trouble down the road.

18 I know there is a great push in
19 the country and in the State to save revenues or
20 to not spend them anyway, but we can't do this
21 at the expense of those who really need to have
22 the services. And also the point of having a
23 choice in who your healthcare provider is is
24 absolutely essential, and I think it's important

1 also to remember that the medical people that
2 have become familiar with the processes or with
3 the concerns or health issues of people with
4 disabilities have largely been taught by those
5 people with disabilities, and you can't forget
6 that, we are not just people, we are people with
7 disabilities, with brains, and I just don't want
8 to see us get railroaded or steamrolled
9 economically for the sake of political reasons.
10 Thank you.

11 MS. CALLAHAN: Anyone else who
12 hasn't spoken and would like to? Anybody who
13 would like to speak some more?

14 MS. STONE: I am Laurie Stone, and
15 I just want to add an experience that I had. I
16 am at Northeast Independent Living Consortium.
17 I was talking with someone who was depressed and
18 she wanted to get some help. I brought her to
19 the hospital, and she was being evaluated. We
20 asked for an interpreter, and she wasn't
21 provided one, and I was there from 9:30 until
22 9:30 at night, and the doctors had told us you
23 cannot stay for the night because they cannot
24 find a bed. So they told us to go home, and we

1 went home. The next morning we went back to the
2 hospital. I continued to look for my advocate.
3 She wasn't there. She was transported to a
4 hospital way down south, and there was no
5 communication. That hospital had no idea how to
6 provide services to that patient, so they had to
7 call me, and I told them about how to
8 communicate with a deaf person.

9 So that's just an example of an
10 interpreter not being there makes it pretty
11 difficult.

12 MS. CALLAHAN: If everyone has
13 spoken who wants to speak, we can start the
14 process of wrapping up, and I am going to hand
15 it over to our executive for the moment. I just
16 want to say that on behalf of the folks on the
17 project team that this has been an incredibly
18 valuable experience for us to hear from you. I
19 do want to say also that no matter what happens,
20 we will be continuing to have -- in addition to
21 the hearing that we have on the 4th of January,
22 we will have at least roughly more open
23 meetings. I encourage you all to keep your eye
24 on our web site and please, please come.

1 To the extent this might have been
2 the first time you attended a meeting around
3 this project, I hope it's not your last time.
4 This has been incredibly valuable. I think it's
5 taught me that there is a couple of things that
6 we will focus on. One is, as I told you, that
7 we will be spending a good amount of time
8 reviewing the comments that we are hearing in
9 these sessions, along with written testimony,
10 along with e-mails of any communications that we
11 get after the comment period closes down so we
12 can really understand the themes and understand
13 what types of changes we might need to make in
14 the proposal that addresses the concerns that
15 we're hearing.

16 Beyond that, it is a big project
17 and there are a lot of details to it, and I
18 think that there are certain areas that I'm
19 hearing that we haven't been as clear about as
20 we could have been. I think I heard some
21 concerns that I think we can address even now.
22 I think there is other sets of concerns that we
23 need to work on to sort of make sure we are
24 really working with folks to craft a response

1 to. And I would also expect that you will be
2 seeing a revision to this after we've gone
3 through the process of really sitting down and
4 trying to get through the comments that we've
5 heard and working with various people to try to
6 reconcile certain areas of the proposal.

7 So this will be an ongoing
8 process. The open meetings that we will
9 continue to have will be interactive in nature,
10 except for the next meeting will be another
11 public hearing like there. So as we change
12 things or as we evolve we really want to have a
13 conversation about whether or not we are going
14 in the right direction.

15 So with that, I am going to turn
16 it over to Doctor Harris.

17 DOCTOR HARRIS: (Julien Harris)
18 This has been, as Robin has noted, I think of
19 incredible value and a powerful experience for
20 all of us who have had a number of different
21 kinds of conversations. I look around the room
22 and I see a number of familiar faces, but I also
23 see a lot of new faces, and I just want to echo
24 what Robin has said, that every person in here

1 who spoke and told us their story had something
2 that was unique and that was powerful to say and
3 that will form the way that we think about doing
4 this work, and I know that people have all kind
5 of challenges, transportation challenges, work,
6 family, and other kinds of challenges, but I
7 would say that if you haven't had the
8 opportunity to be a part of this process and you
9 are interested in being a part of this process,
10 we really do invite you to continue to come to
11 join us at our other meetings. We will continue
12 to make sure that we're not just having meetings
13 in Boston, but we are also having opportunities
14 for people in other parts of the State. We will
15 only get this right if we are able to hear your
16 perspectives.

17 I think that folks who have had a
18 chance to read the proposal and were involved at
19 the beginning have been involved along the way,
20 you will see, and I think folks had mentioned
21 some of the things that people are really
22 excited about, and that really come directly
23 from the conversations that we've had with some
24 folks who are in the room and other folks who

1 weren't able to make it today.

2 So I think the people had a lot of
3 concerns and there was a lot of conversation
4 about things being cut or withheld, and I think
5 one of the things that I hope comes across is
6 that we really are seeing this as an opportunity
7 to look at the system that we have today, and I
8 know that a lot of people talked about the parts
9 of the system that they have today that they
10 like and are working and that they value, but
11 people did also talk about things that they
12 think are broken, that are fragmented, and we
13 know from other conversations that we have had,
14 we know from focus groups that we've held, we
15 know from a number of other kinds of
16 interactions, that there are many ways that our
17 current system is not working for people or is
18 not working as well as it could, the
19 fragmentation between what Medicare pays for and
20 what Medicaid pays for doesn't often work for
21 people, it creates particular kinds of gaps.

22 So some of the innovations in this
23 proposal that the people mentioned today really
24 are in the proposal because we heard from people

1 about those gaps, that we have an incomplete
2 spectrum of behavioral health services, and it's
3 important to actually enhance the offerings and
4 to try and complete that spectrum, that there
5 are opportunities to think about some additional
6 behavioral health diversionary services, about
7 some additional community-based, long-term
8 services and supports, but we have also heard
9 that there are ways that we can be more rigorous
10 and more robust about emphasizing the important
11 role that I think we all really do believe and
12 want to see community-based organizations play
13 in this initiative, and I think that has come
14 across.

15 I think that on the accessibility
16 side, being very clear that we need more detail,
17 and again, I think maybe before I got here
18 there may have been some conversation that
19 people are talking about a proposal, and a
20 proposal is something that captures a lot of
21 what we hope to do, but the next phase of this
22 to approve would be to develop something called
23 a RFP or a Request for Proposals, and that is
24 really sort of the contract where a lot of

1 details that would shape how these organizations
2 would be structured and how they would work
3 would be outlined in a great deal of
4 specificity.

5 I think a number of the concerns
6 that people raised today really are ones that
7 will be even more important as we consider what
8 that process would look like, and one that I
9 heard very clearly is we need to be very
10 descriptive about the ways that we think about
11 accessibility, not sort of encouraging people to
12 think about "the letter of the law," but really
13 what does that mean, what will that mean for
14 those who need interpreter services, what will
15 it mean for people who need to ensure that they
16 have access are receiving care from providers
17 who are providing that care in settings that are
18 truly physically accessible for people. So
19 those were some important themes that came
20 across.

21 I think that we heard that the
22 traditional behavioral health model, the sort of
23 medicalized behavioral health model, is at best
24 incomplete and really is not as informed as it

1 needs to be by the recovery perspective. So how
2 do we make sure that that is a model that
3 traditional organizations are accustomed to
4 operating under, and how do we make sure that
5 they have opportunities for training and for
6 capacity building and retooling to ensure that
7 they are again partners with us and with all of
8 you and ensuring that it's a complete spectrum,
9 that it's not just about medications or sort of
10 traditional services in a traditional setting,
11 but that there is this recovery really movement
12 that has transformed people's lives and I think
13 transformed the lives of a number of people in
14 this room. So you want to make sure that other
15 people have access to that kind of
16 transformation.

17 I think we have heard a lot about
18 the fact that this has to be more than the
19 traditional medicalized model, but I also think
20 that we heard that it's not enough to just say
21 it's a long-term services and support model but
22 that it needs to be an integrated model, that
23 it's not enough just to have a robust long-term
24 services and support system but that people do

1 really need medical services and people really
2 do need behavioral health services and how do we
3 actually ensure that people who are not
4 receiving those services in silos, that there is
5 integration, how do we ensure that the care team
6 is not just composed of people who understand
7 and know how to refer to the medical services
8 but don't really understand the full spectrum of
9 community-based, long-term services and support
10 and don't fully understand the full range of
11 behavioral health services, including services
12 that are focused on recovery.

13 I think we heard a lot about
14 independence and of the kinds of ways that
15 different kinds of services promote
16 independence, and if you think about the values
17 in addition to the services but the values that
18 this initiative has to promote, I think that
19 consumer voice and independence have to be
20 absolutely at the core, but people were more
21 specific because they talked about what kind of
22 services support independence, and we heard just
23 how important people's PCA services are and how
24 important it is for people to feel like they

1 have control over their PCA services, and those
2 services are a match for them in the way that
3 they're hoping to live full and independent
4 lives, and that interpreter access is also an
5 important part of independence.

6 I think a big thing that came
7 through, and people said it explicitly and it
8 was often said implicitly, is that even if
9 people recognize the ways in which the status
10 quo may be broken or may be fragmented, any
11 departure from what you know is scary, and more
12 than one person explicitly used the word
13 "scarey," "this is scary," and I am hoping we
14 can get to a place where people are actually
15 excited about the possibility of seeing a
16 complete spectrum, not seeing this status quo of
17 a medicalized model on the one hand and an LTS
18 model on the other and a behavioral health model
19 on the other hand, each of those being
20 incomplete in their own ways without
21 coordination and breaking across those services
22 and with some key gaps filled in, with some
23 rationalizing of DME, for example. That was
24 another big thing that came through.

1 I also want people to have a clear
2 sense that we are not interested in a cut and
3 paste, generic managed care model, that we are
4 actually trying to push the model of what it
5 means to provide integrated services. We are
6 trying to push it in one way by saying that this
7 can be a provider-centered and provider being
8 broadly defined, including independent living
9 centers and ASAPs and recovery learning
10 communities, that these can be provider-centric
11 organizations, groups of providers that come
12 together. That's not something that you're
13 seeing in every state's approach, but we are
14 saying that providers who are actually closer to
15 the members, who know them better, who have
16 nurses and care coordinators and other team
17 members who know them better may provide a
18 different model; but even in the model that an
19 approach that may be taken in other states, we
20 are actually trying to do something that is
21 different and that's innovative, and I want to
22 be transparent.

23 I recognize that people see that
24 the stakes are very high and that the hope is

1 that if we are able to do something, especially
2 the folks who have been involved in this for a
3 long time, if we are actually able to do
4 something that is really innovative here in
5 Massachusetts, there is always the hope that
6 maybe we can show that there is a best practice
7 that can be generalized to other people. And I
8 think that that is absolutely a hope that we
9 share. I think it's been part of the reason why
10 that I think that if you look at the approach
11 and some of the services we are talking about
12 adding in the ways that we're trying to ensure
13 that it's not a medicalized model, but that it
14 is a model that really promotes independence.
15 We're trying to do something that I think is
16 very different from the way that these
17 conversations are happening in a lot of the
18 other parts of the country.

19 It's clear that we still have work
20 to do. That's what this process is about.
21 There will be another public hearing. We are
22 going to go over all the transcripts, but there
23 is also an opportunity to receive written
24 comments or e-mails, as Robin mentioned, so when

1 you get home and say "I wish I had said this,"
2 send us a note, send us an e-mail, and all of
3 those things will be taken into consideration as
4 we work on the next phase.

5 I would say please keep working
6 with us. Nothing this transformative and this
7 complex will be perfect and will perfectly
8 satisfy every need and concern, but we are going
9 to do the best that we can, and when we have a
10 proposal and when we move to an RFP, we are
11 going to need you to continue to work with us to
12 make sure that we are really clear about some of
13 the areas that you have concerns about, their
14 specificity and things that are broad in the
15 proposal, and when we move to the RFP we are
16 having the kind of specificity that people need
17 to recognize what they're hoping to see in these
18 systems and organization in the future.

19 I want to thank everybody, and I
20 want to thank all the people in your lives who
21 support you and who make it possible for you all
22 to come and participate and contribute, and we
23 look forward to ongoing conversations, and I'll
24 say one more time that if you are not often a

1 part of these conversations, your voice is very
2 important to us. What you say really is
3 shaping, has shaped, and will continue to shape
4 the way we implement this. So, please, if you
5 have the opportunity, continue to come and
6 continue to be a part of this conversation.
7 Thank you.

8 (Applause)

9 MS. GRIFFIN: On behalf of the
10 Secretary who couldn't be here today and wanted
11 to be, just thank you all for coming, and I
12 would just echo what Doctor Harris said. Stay
13 involved. Your voices are critical in shaping a
14 better system for all of us. So we look forward
15 to continuing to work with you.

16 (Applause)

17 (Hearing concluded at 3:00 p.m.)

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1 C E R T I F I C A T E

2

3 I, Cynthia C. Henderson, a Certified
4 Shorthand Reporter and Notary Public within and
5 for the Commonwealth of Massachusetts, do hereby
6 certify that the foregoing testimony by the
attendees of the public hearing on Integrating
Medicare and Medicaid is a true reflection of
the hearing on December 16, 2011.

7 IN WITNESS WHEREOF, I have hereunto set my
8 hand and affixed my notarial seal this
day of , 2011.

9

10 Cynthia C. Henderson
Notary Public

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13 My commission expires
14 July 14, 2017

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