# PANDAS/PANS Advisory Council

# Diagnosis Workgroup

# Meeting November 14, 2022 Approved Meeting Minutes

Via Zoom

**Present:** Sylvia Fogel MD; John Gaitanis MD; Melissa McCormack MD;

**Not Present:** Julia (YuJuan) Zhang MD

# Meeting Agenda

1. Meeting called to order
2. Review and discuss relevant clinical and research data pertaining to report
3. Review and refine outline for our report—subject to change over time
4. Discuss next steps of work group
5. Set date and time for next meeting
6. Adjourn

**Dr. McCormack Reviewed some Possible Formats for Presenting Data**

* Shared some slides she created for a recent presentation to Pediatricians

**The group discussed various clinical presentations and circumstances related to neuropsychiatric illness in children and how best to convey complex clinical material in the report.**

* Reviewed that triggers can be varied and include toxic exposure, fungal exposure in addition to infectious pathogens
* Importance of thorough history including but not limited to the following:
  + family h/o autoimmune d/os,
  + recurrent infections,
  + adeno-tonsillar hypertrophy,
  + prior h/o psychiatric symptoms that may have been neuroimmune contributions
  + Possible contribution of microbiome abnormalities or dysbiosis but we will need literature review for this
* Re-stated the importance of treatment response as possible diagnostic clue

**Next Meeting Proposed on** December 12th, February 13th, April 3rd to be confirmed by Dr. Zhang.

**Meeting Adjourned**